
Statistics Bureau of Japan (SBJ)

News Bulletin

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<<https://www.stat.go.jp/english/info/news/20220930.html>>

<News Highlights>

2021 Survey on Time Use and Leisure Activities (Results on Time Use and Leisure Activities) released

The Statistics Bureau of Japan (SBJ) conducted the 2021 Survey on Time Use and Leisure Activities as of October, 2021, and released the results concerning time use and leisure activities on August 31, 2022.

The Survey on Time Use and Leisure Activities aims to obtain comprehensive data on daily patterns of time allocation and on leisure activities. The survey has been conducted every five years since 1976, and the 2021 survey was the tenth.

[Results on Time Use]

- Time spent on rest and relaxation increased by 20 minutes compared to 5 years ago, while time spent on moving (excluding commuting), watching TV/ listening to the radio/ reading newspapers or magazines, and social life decreased by 7 minutes respectively.

- For husbands in households with children under 6 years old, housework time increased by 13 minutes and time for child care increased by 16 minutes during the past five years. The gender gap is narrowing but still present for a certain amount of time.

- Of the working persons whose designated day of time use was a weekday when they had work (excluding days for business trips, training, etc.), 6.7% of all respondents teleworked (worked remotely).

- Compared to those who did not telework, those who teleworked spent more time on sleep and hobbies and amusements, and less time on commuting to and from school or work and personal care.

While commuting time decreased due to teleworking, time on sleep, hobbies and amusements increased for those aged 25 to 34 years old, child care for those aged 35-44, and sleep and meals for

those aged 45-54, respectively.

- Time spent alone increased for all age groups compared to five years ago. Time spent with family members, classmate(s) or colleague(s) generally decreased in all age groups.

[Results on Leisure Activities]

- **Learning, self-education and training**

The percentage in the population of those aged ten and over (hereinafter referred to as "participation rate") was 39.6%. Compared to 2016, the participation rate increased by 2.7 percentage points. By age group, the participation rate increased in all age groups except for those of 70 to 74 years old.

Among males, the participation rate of "Computing etc." was the highest, and among females, the participation rate of "Home economics or housework" was the highest.

- **Volunteer activities**

The participation rate of "Volunteer activities" was 17.8%. Compared to 2016, the participation rate decreased by 8.2 percentage points.

The participation rate of "Disaster-related activities" was high in Kumamoto prefecture, Saga prefecture and Nagano prefecture.

- **Sports**

The participation rate of "Walking or light physical exercise" and "Cycling" increased from five years ago, while the participation rate of "Bowling," "Swimming" and most other sports decreased.

- **Hobbies and amusements**

The participation rate of "Playing games on a smartphone, home video game consoles, etc." and "Listening to music on CD or smartphone, etc." increased from 2016, while the participation rate of "Karaoke" and "Visiting recreation ground, zoo, arboretum, or aquarium, etc." decreased significantly.

- **Travel and excursion**

The participation rate of "Travel and excursion" was 49.5%, a significant drop of 24.0 percentage points from 2016.

Website: <https://www.stat.go.jp/english/data/shakai/index.html>

<Recent Releases>

Release | August 19, 2022

“Consumer Price Index” (2020-base, Japan, July 2022)

- The consumer price index for Japan was 102.3 (2020=100), up 2.6% over the year before seasonal adjustment, and up 0.4% from the previous month on a seasonally adjusted basis.

<https://www.stat.go.jp/english/data/cpi/index.html>

Release | August 22, 2022

“Population Estimates” (Final estimates, Japan, March 1, 2022)

[Total Population]

- The total population was 125,103 thousand, a decrease of 815 thousand (0.65%) from the previous year.
- The population under 15 years old was 14,667 thousand, a decrease of 262 thousand (1.75%) from the previous year.
- The population aged 15 to 64 was 74,197 thousand, a decrease of 683 thousand (0.91%) from the previous year.
- The population aged 65 and over was 36,238 thousand, an increase of 130 thousand (0.36%) from the previous year.

[Japanese Population]

- The Japanese population was 122,444 thousand, a decrease of 653 thousand (0.53%) from the previous year.

“Population Estimates” (Provisional estimates, Japan, August 1, 2022)

[Total Population]

- The total population was 124.78 million, a decrease of 0.85 million (0.68%) from the previous year.

<https://www.stat.go.jp/english/data/jinsui/2.html>

Release | August 26, 2022

“Consumer Price Index” (Preliminary, 2020-base, Ku-area of Tokyo, August 2022)

- The consumer price index for Ku-area of Tokyo (preliminary) was 102.7 (2020=100), up 2.9% over the year before seasonal adjustment, and up 0.3% from the previous month on a seasonally adjusted basis.

<https://www.stat.go.jp/english/data/cpi/index.html>

Release | August 30, 2022

“Monthly Report on Internal Migration” (Japan, July 2022)

[All nationalities]

- The number of internal migrants was 377,542, an increase of 14,258 (3.9%) from the previous year.
- The number of inter-prefectural migrants was 177,790, an increase of 12,714 (7.7%) from the previous year.
- The number of intra-prefectural migrants was 199,752, an increase of 1,544 (0.8%) from the previous year.

[Japanese]

- The number of internal migrants was 330,113, a decrease of 4,668 (1.4%) from the previous year.
- The number of inter-prefectural migrants was 151,229, an increase of 1,349 (0.9%) from the previous year.
- The number of intra-prefectural migrants was 178,884, a decrease of 6,017 (3.3%) from the previous year.

<https://www.stat.go.jp/english/data/idou/3.html>

“Labour Force Survey” (Basic Tabulation, Japan, July 2022)

- The number of employed persons was 67.55 million, a decrease of 0.02 million from the previous year.
- The number of unemployed persons was 1.76 million, a decrease of 0.17 million from the previous year.
- The unemployment rate, seasonally adjusted, was 2.6%.

<https://www.stat.go.jp/english/data/roudou/results/month/index.html>

Release | August 31, 2022

“Monthly Survey on Service Industries” (Preliminary, Japan, June 2022)

- Monthly sales: 32.0 trillion yen, up 6.8% over the year.
- Number of persons working at the location of establishment: 29.34 million persons, up 0.5% over the year.

<https://www.stat.go.jp/english/data/mssi/kekka.html>

Release | September 6, 2022

“Family Income and Expenditure Survey” (Two-or-more-person Households, Japan, July 2022)

[Expenditures for Two-or-more-person Households]

- The average of monthly consumption expenditures per household was 285,313 yen, up 6.6% in nominal terms and up 3.4% in real terms from the previous year.

[Income and Expenditures for Workers' Households]

- The average of monthly income per household stood at 657,263 yen, down 1.6% in nominal terms and down 4.6% in real terms from the previous year.
- The average of consumption expenditures per household was 317,575 yen, up 4.9% in nominal terms and up 1.7% in real terms from the previous year.

<https://www.stat.go.jp/english/data/kakei/156.html>

“Survey of Household Economy” (Two-or-more-person Households, Japan, July 2022)

- Change over the year of monthly expenditure on goods and services ordered over the internet

[Average expenditure on goods and services ordered over the internet]

- Average expenditure on goods and services ordered over the internet was 21,940 yen (up 20.4% in nominal terms).

[Main items contributed to the change of average expenditure on goods and services ordered over the internet]

- Travel-related costs: up 135.0% in nominal terms
- Food: up 12.2% in nominal terms
- Tickets: up 91.7% in nominal terms
- Insurance: up 32.0% in nominal terms

<https://www.stat.go.jp/english/data/joukyou/12.html>

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