2011 Survey on time Use and Leisure Activities

Questionnaire A

October 20th, 2011

Statistics Bureau Ministry of Internal Affairs and Communications

©This is a fundamental statistic survey conducted by the Japanese government in compliance with the Statistics Act. Every possible measure is taken to protect personal information from leakage. Please be reassured and fill in the questionnaire to the best of your knowledge.

 $\ensuremath{\mathbb O}\xspace$ Use a separate book for each of the household members aged ten or older.

©The household head is requested to answer all of the questions including both the "For household" and "Persons under the age of 10" sections on the last page of his/her own questionnaire.

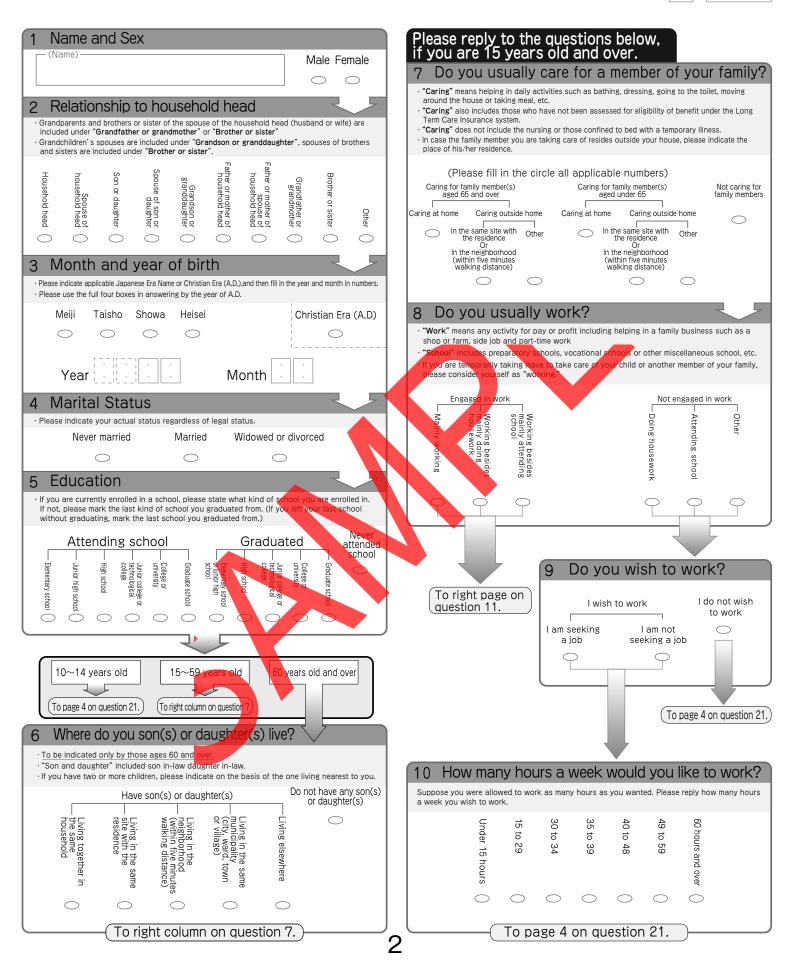
For "26 Diary	(From pag	ge 6 to page 9)	",Please r	eport on tw	vo days, namely,
Oct.	() and	Oct.	()

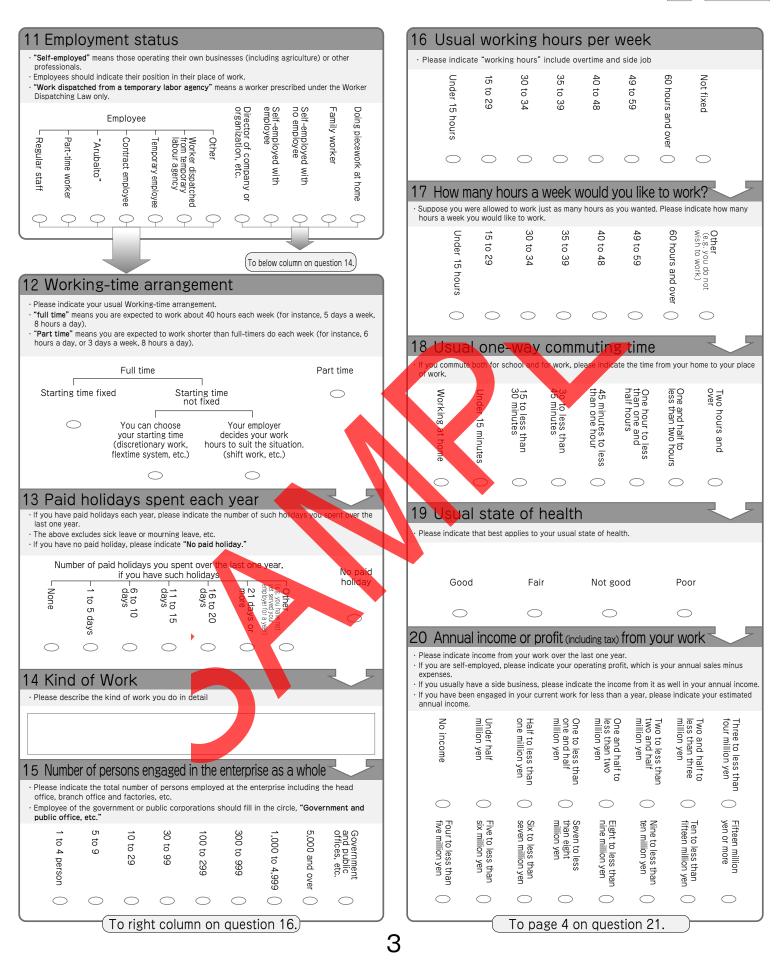
Notes on completing the questionnaire

- Please be sure to fill in the questionnaire with either a black lead pencil or mechanical Pencil, and neatly correct any mistakes with an eraser.
- When entering figures please use one box per figure and fill in toward the right hand side as indicated the example below
- Please keep these questionnaire sheets clean, since they are to be read by a reader device.

Example of ent	simple straight line	Leaving a gap	Slightly jutting out	With a slight angle	

Γ	To be completed by the enumerator]]	
		For the questionnaire of the household head only	To be completed
		Number of household Number of household For one person household	by prefectural offices
	Enumeration district code Household No. Household member No. •	members members 10 years old or over under 10 years old from home on business Other	f y
			\circ \circ

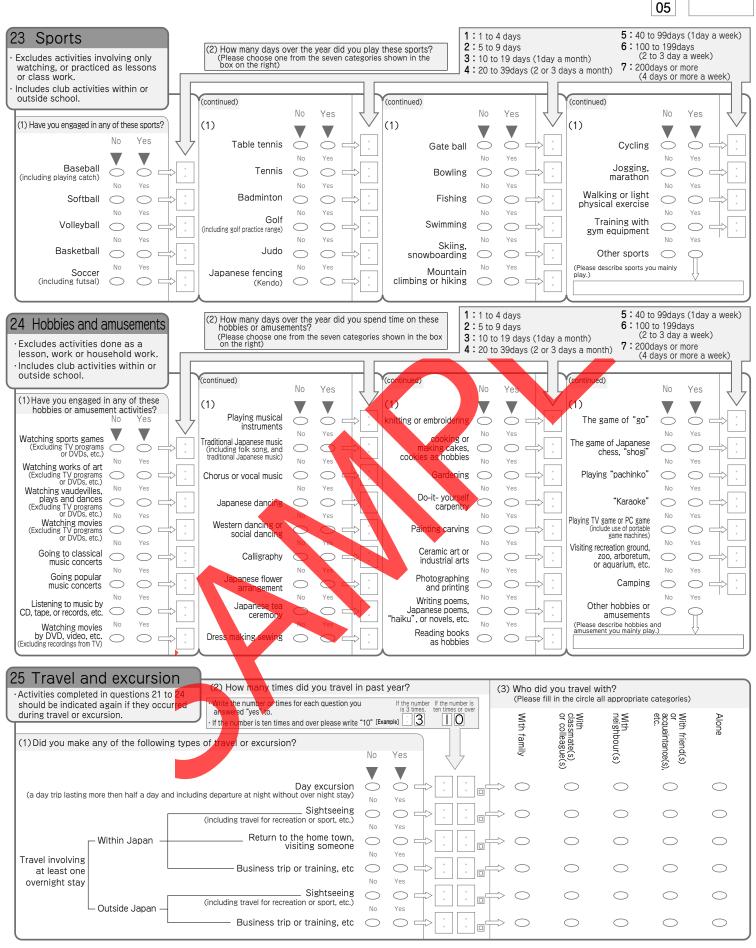




Question 21 onwards should be completed by all respondents.

• Please answer according to your experiences within the past year (20th October 2010 to 19th October 2011).
• If you answer "yes" in section (1) please also answer section (2) onwards.

21 Learning, self-education,	L	• If you ar						section (a								
And training • Please indicate the item you aimed to enhance your Knowledge or level of culture, or to use for your current work (including acquisition of	self-educ	y days over ursue your ation, and t pose one from shown in the	learning, raining?	your st	tudies or re a fill in the c	se did you p esearches? ircles all app				n means d circle all app		rsue your : wers)	studies or	research	es?	
 know-how or qualifications) by pursuing the following activities, excluding those activities at work or school. Excludes those activities directly related to 	1:1 to 4 days 2:5 to 9 days 3:10 to 19 day			Self improvement	To gai	To use	Other	or v	sses, Cou vorkshop		Lecture meetings, etc	Television or radio Correspondence course	Outside or working hours at workplace	Miscellaneous schools vocational schools	Vocational training through "Hello Work" (public employment office),	Other
regular courses in school, or employee training courses.	4:20 to 39day 5:40 to 99day			Iprov	n em	e for		Spor	Spoi	Spoi	meet	on or	or w	neou nal s	hal tr	
Includes club activities within or outside school.	6:100 to 199d 7:200days or	ays (2 to 3 day	y a week)	emer	gain employment	curre		icipa	nsore ate ir	nsore ersiti	tings	r radi	orkir	us sc choo	ainin; ymer	
(1)What kinds of learning, self-education, or tr				F.	nent	for current work		Sponsored by municipalities,	ed by stitu	Sponsored by universities, etc.	, etc.	o	ng ho	hools Is	g thro t offi	
	lo Yes	idro.				ork		etc.	Sponsored by private institutions	tc.		6e	ours	or	ugh ce), e	
Fastisk language						\bigcirc				\bigcirc	\frown	\sim		\frown	etc.	\bigcirc
	No Yes		· _		\bigcirc	\bigcirc		~ 0	\bigcirc	\bigcirc	\bigcirc			\bigcirc	\bigcirc	\bigcirc
	No Yes			$> \bigcirc$	\bigcirc	\bigcirc	$\circ d$	$\Rightarrow \bigcirc$	\bigcirc	\bigcirc	\bigcirc		\circ	\bigcirc	\bigcirc	\bigcirc
Computing etc.	No Yes		•	>0	\bigcirc	\bigcirc		$\Rightarrow \bigcirc$	\bigcirc	\bigcirc	\bigcirc		\circ	\bigcirc	\bigcirc	\bigcirc
	\sim \circ			$> \bigcirc$	\bigcirc	\bigcirc		$\Rightarrow \bigcirc$	\bigcirc	\bigcirc	\bigcirc		\sim	\bigcirc	\bigcirc	\bigcirc
	No Yes				\bigcirc	\bigcirc		⇒ ○	\bigcirc	\bigcirc	\bigcirc			\bigcirc	\bigcirc	\bigcirc
Home economics or housework	No Yes				_									_		_
(cooking, sewing, or home management, etc.)	No Yes	\square			\bigcirc	0	27	\sim \circ	\bigcirc		\circ			\bigcirc	\bigcirc	\bigcirc
(history economics, mathematics, or biology, etc.)	No Yes		•	>0	\circ			⇒⊃	\bigcirc	\bigcirc	0		\circ	\bigcirc	\bigcirc	\bigcirc
	No Yes			$> \bigcirc$	\sim	0	0-		\bigcirc	\bigcirc	0		\sim	\bigcirc	\bigcirc	\bigcirc
0.1	$\supset \bigcirc$															
22 Volunteer activitie	s	(2) How m	nany time ov	er the vear d	lid you sper	nd on volunt	eer activit	es? (3)Ho	w many mir	nutes a dav	did (4) D	d you do volu	unteer activiti	es as a me	mber of org	anization?
· Excludes activities undertaken as work.		(Please	choose one fi	om the seven	categories sh	nown in the bo	x on the be	low) yo	u work as	a volunte	er? (P	ease fill in the				
 If type of voluntary work fits more than on section (1) please fill in the circle all approx 					to 4 days to 9 days				e length pe	the avera r day.	ge		Yes		-	l wor belor
responses.						(1day a mon (2 or 3 days a					of	A g	An intro	Ane	- Oth	k as i Iging
				5:40) to 99days ((1day a week	:)				of volunteers	n-pro roup,	ne loca	ighbo	er org	a volu to ar
				7:20		/s (2 <mark>to 3 d</mark> ay ore (4 days o		eek)			eers	fit ors		rhoc	ganiz	untee ly or
(1) Have you been involved in any o	of the follow	ing volun	teer activi	ties?		•						- <u></u>		ā		00 00
					No							nizatio	nmunity	d associat	Other organization	er withou ganizatio
(blood donation, visiting peo						Yes		7				(non-profit organization) A group, citizen	r similar, which is rooted the local community n NPO	d association	zation	I work as a volunteer without belonging to any organization.
	ole in noopical,	or promotin	ical related is safe food	activities stuffs, etc.)					• •) • m		nization)	nmunity	d association	zation	er without
		or promotir	ical related is safe food ivities for t	stuffs, etc.) he elderly	No	Yes	⇒ : -> :	,] ⇔[] ⇔[• • •			nization)	nmunity	d association	zation	er without
(sign language, Braille, reading	(assis	or promotir Act ting in daily Activit	ivities for t life, or recre ies for har	stuffs, etc.) he elderly ation, etc.) ndicapped	No ()	Yes Yes	⇒ : ⇒ : ⇒ :		· · · · · · · · · · · · · · · · · · ·					d association	ration () () ()	er without
(sign language, Braille, reading (taking care of children' s group, child-ra	(assis	or promotir Act ting in daily Activit handicapp	ivities for t life or recre lies for har lied to take g Activities for	stuffs, etc.) he elderly eation, etc.) adicapped to out, etc.) or children		Yes Yes Yes]] m]				d association	ration	er without
(taking care of children's group, child-ra	(assis , or helping the ising support, or related to s ditional Japan	or promotir Act ting in daily Activit handicapp or helping w ports, cult ese culture,	ivities for t life or recre lies for har lied to take g Activities for	stuffs, etc.) he elderly eation, etc.) ndicapped to out, etc.) or children vents, etc.) d science rt museum,		Yes Yes Yes Yes) + [] + [] + [] + [] + [] <mark>:</mark> m] : m				d association	ration () () () () ()	ar without
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(taking care of children's group, child-ra Activities (teaching sport, disseminating tra (cleaning up parks and roads, plantin (d	(assis or helping the ising support, a related to s ditional dapan or running g flowers, or p isaster and cri Conservat ists, promoting	or promotin Act ting in daily Activit anadicapp or helping w ports, cult acture, ecture meet Local im romoting th Safety me prevention ion or envy recycling o Disase	is safe food ivities for training or recre- ies for har led to take s activities for ith school e ure, art ar guiding at a ing or symp- provement e local common, or road ironmental r waste redu- ster related	stuffs, etc.) he elderly vation, etc.) dicapped to out, etc.) or children vents, etc.) d science rt museum, sium, etc.) activities vativities vents, etc.) activities vents, etc.) activities vents, etc.) activities vents, etc.) activities vents, etc.)		Yes Yes Yes Yes Yes Yes Yes Yes) . m . m . m . m . m . m . m					ration () () () () () () () () () ()	ar without
(taking care of children's group, child-ra Activities (teaching sport, disseminating tra (cleaning up parks and roads, plantin (d (bird watching, protection of woods and fore (providing clothe Ac (cooperation	(assis or helping the ising support, a related to s ditional dapan or running g flowers, or p isaster and cri Conservat ists, promoting	or promotin Act ting in daily Activit nandicapp or helping w ports, cult geo children, ecture meet Local im romoting th Safety me preventi ion or env recycling o Disas hot meals f d to interr a sasistance	is safe food vities for that is for har led to take a vitivities for that and the school e viting of the school e vitin	stuffs, etc.) he elderly vation, etc.) udicapped to out, etc.) or children vents, etc.) or children vents, etc.) or children vents, etc.) d science utr museum, sosium, etc.) activities unity, etc.) activities uction, etc.) activities uction, etc.) activities uction, etc.) activities uction, etc.) activities uction, etc.) activities uction, etc.)		Yes Yes Yes Yes Yes Yes Yes Yes) m) m) m) m) m) m) m					ration () () () () () () () () () () () () ()	r without



26 Diary

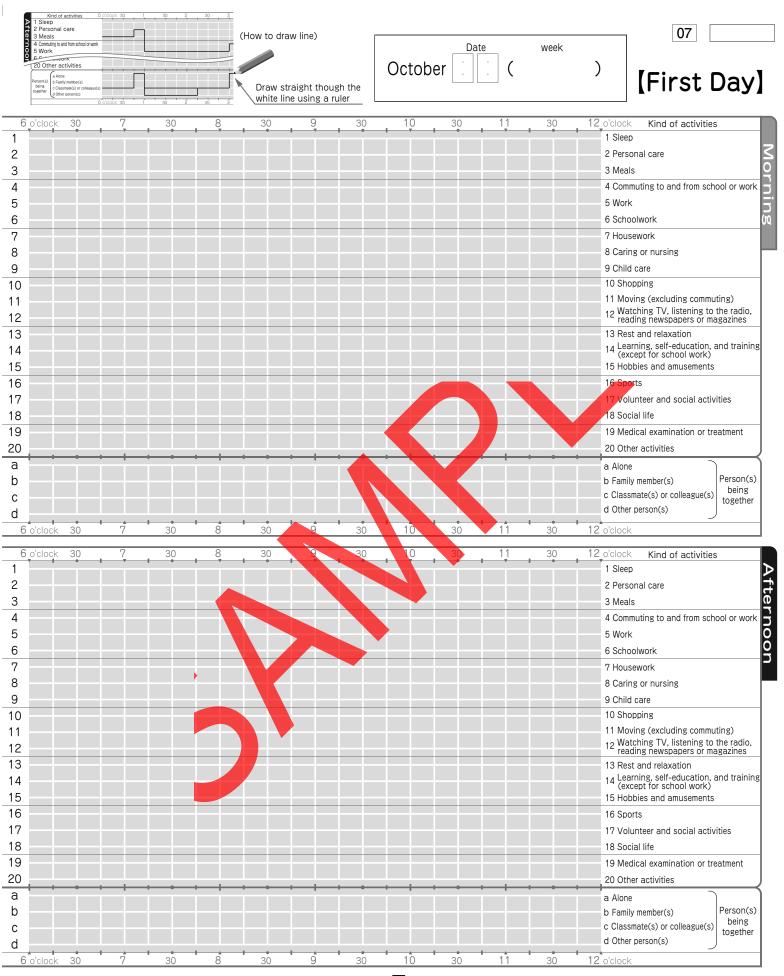
10 Shopping

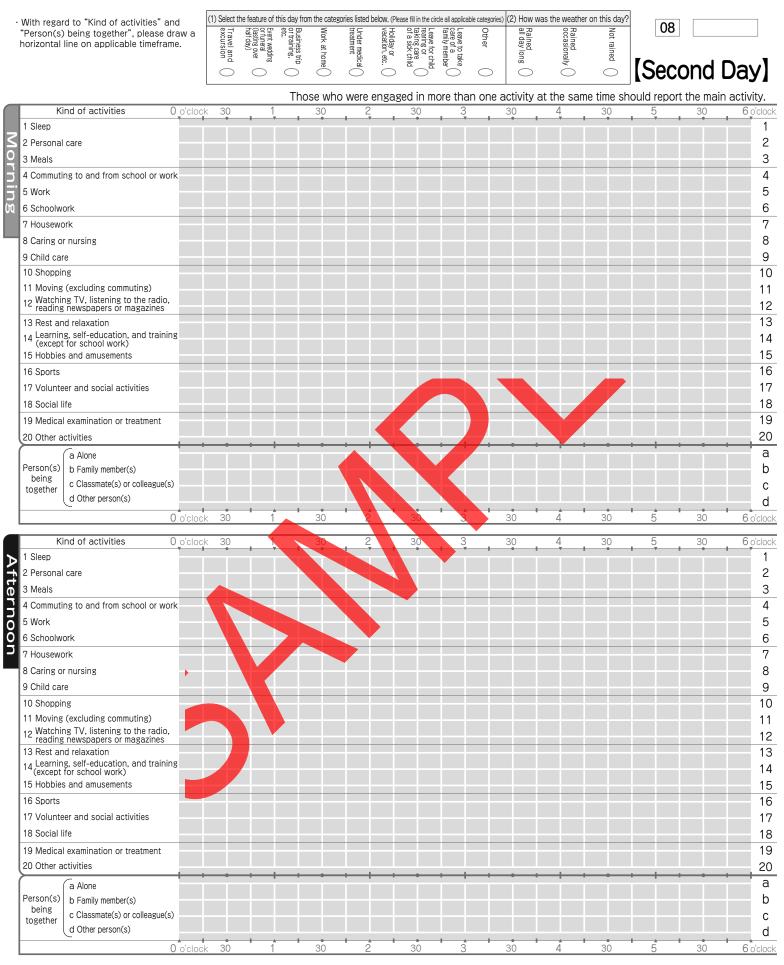
Morning

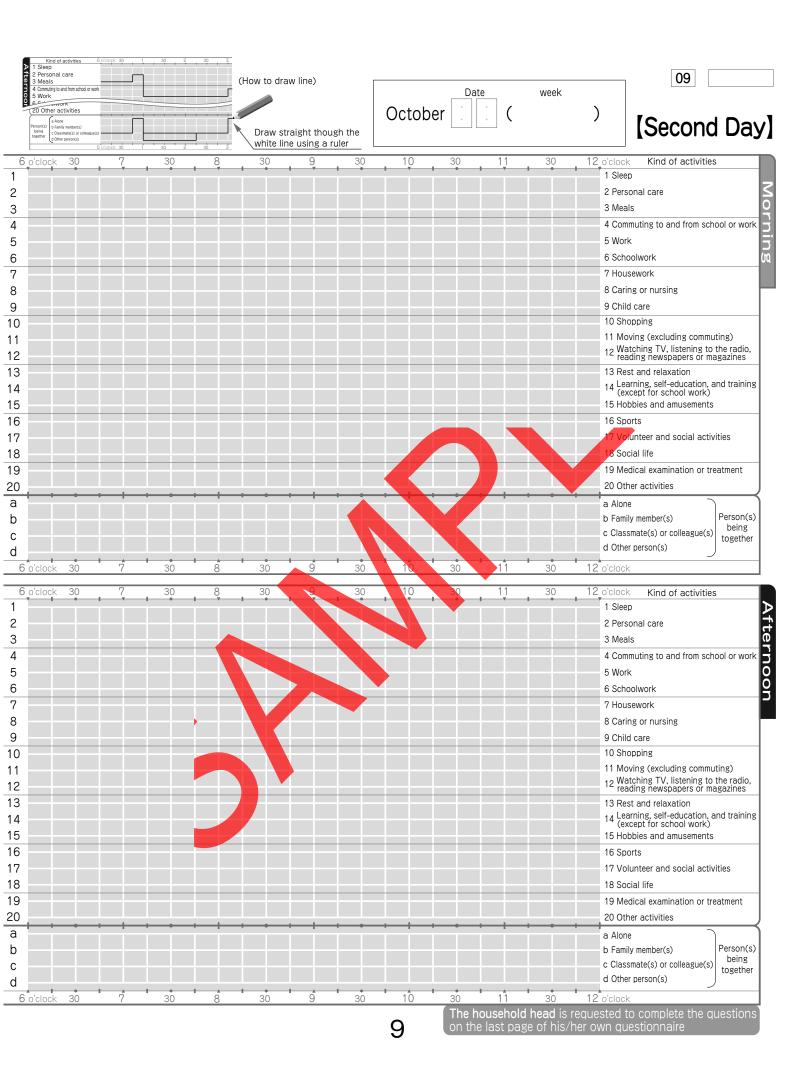
26 Diary	(1) Select th		-	the catego	ries listed b	elow. (Pleas	se fill in the cir	cle all applical	ble categories)	(2) How wa		on this day?			
Please report on you did on each of the two days specified and how much time you spent on each activity, in units of <u>16 minutes</u> . Please draw a horizontal line to specify the activity	Travel and (excursion	Event, wedding or funeral (lasting over half a day)	Business trip or training, etc.	Work at home	Under medical treatment	Holiday or vacation, etc. (Leave for child rearing or taking care of a sick child	Leave to take care of a family member	Other (Rained all day long (Rained occasionally (Not rained (06 I Eirc		
and persons with you for each 15 minute unite.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	[Firs		ау]
			Thos	e who	were e	engage	ed in m	ore tha	in one a	activity at	t the sam	e time sh	ould report	the main	activity.
Kind of activities 0 o'clock	< 30	1		30	2		30	3		30	4	30	5	30	6 o'clock
1 Sleep															1
2 Personal care															2
3 Meals															3
4 Commuting to and from school or work															4
5 Work															5
6 Schoolwork															6
7 Housework															7
8 Caring or nursing															8
9 Child care															9

10

	0 o'clock 30		30	2	30	3	30	4	30	5	30	6 o'clock
Person(s) being together d Other person(s) d Other person(s))											a b c d
20 Other activities			+ + + + + + + + + + + + + + + + + + + +	+ + + - + - + - + - + - + - + - + - + -								20
19 Medical examination or treatment												18
18 Social life												17
16 Sports 17 Volunteer and social activities												16
15 Hobbies and amusements												15
14 Learning, self-education, and trainir (except for school work)												14
13 Rest and relaxation	Ig											13
12 Watching TV, listening to the radio, reading newspapers or magazines												12
11 Moving (excluding commuting)												11
10 Shopping												10
9 Child care												9
8 Caring or nursing												8
7 Housework												7
1 Sleep 2 Personal care 3 Meals 4 Commuting to and from school or wo 5 Work 6 Schoolwork 7 Housework												6
5 Work												5
4 Commuting to and from school or wo	rk											4
3 Meals												3
2 Personal care												2
1 Sleep							. •					1
Kind of activities	0 o'clock 30	1	30	2	30	3	30	4	30	5	30	6 o'clock
	0 o'clock 30	1	30	2	30	3	30	4	30	5	30	6 o'clock
d Other person(s)			•				•					d
together)											С
Person(s) b Family member(s) being closemete(s) or college												b
(a Alone												а
20 Other activities												20
19 Medical examination or treatment												19
18 Social life												18
17 Volunteer and social activities												17
16 Sports												16
15 Hobbies and amusements												15
14 Learning, self-education, and trainir (except for school work)	ng											14
13 Rest and relaxation												13
12 Watching TV, listening to the radio, reading newspapers or magazines												12
11 Moving (excluding commuting)												11







10

This onwards to be completed by the household head only household For owner-occupied Privately- owned Rented house Company's house Rented room(s) 27 Type of residence (company- owned house rented house publicly-owned by or dormitory etc. (apartment) an organization such as the or public servant Urban Renaissance Agency, issued house) or other public institution, etc \bigcirc \bigcirc \bigcirc \bigcirc Yes No 28 Do you own a car? \bigcirc \bigcirc Excluding vehicles used solely for business purposes 29 Annual income of the household (before tax deduction) Under One to less than Two to less than Three to less than Four to less than Five to less than one million yen two million yen three million yen four million yen five million yen six million ven Please indicate the aggregate income of all family members. The income should include the pension and other benefits, \bigcirc \bigcirc \bigcirc \bigcirc dividends, and allowances you receive, in addition to the income from your work. Six to less than Seven to less than Eight to less than Nine to less than Fifteen million Ten to less than The income, however, should not include temporary income, such seven million yen eight million yen nine million yen ten million yen fifteen million yen yen or more as sale of your real estate, securities, and other assets, property you have inherited, gifts you received, retirement allowance, etc. \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc 30 Does anyone other than your household NO Yes members usually give your family nursing care? • "nursing care by someone other than your household Two or t members" means such care provided by your relative who is No more th dav Two or three Four or more davs not living with you or a care service provider (for instance, a one day per week days a week days a week per month visiting attendant or day service). Caring also includes those who have not been assessed for \frown \bigcirc \bigcirc \bigcirc eligibility of benefit under the Long Term Care Insurance system 31 Are there any absentees from your household? lease indicate relationship to household head) Yes Please report on all absentees who have been or plan to be living away from your household for more than three on business, and those in hospital on the date of the sur Father or mother, Son(s) or daughter(s), or father i ise or spouse of Other (October 20th). or mother of spouse son(s) or daughter(s) Household members absention business \bigcirc \bigcirc \bigcirc \bigcirc Household members absent in hospital \bigcirc \bigcirc \bigcirc \bigcirc Your household member(s) under the age of 10 35 Does anyone other than your household Relationship to the 33 Age 34 32 nool or kindergarten attendance members usually help you in child care? Please Please indicate all the care service the child receives ate the items that apply to each child, in terms of whether or not he/she other than the one(s) stated in question 34. oes to a sing school, kindergarten, school, or after-school care center. No q Not attending Son Other Enro Enrolled in Enrolled in granddaughter Grandson Younger brother(s) or sister(s) Yes a kindergarten an elementary school school or Please write ursin lool q No From a From a friend From someone age as of kindergarten Not using after-scho ol hours care Using after-school Not using after-school Not using after-scho relative (such as a (andparent) Using after-scho or acquaintance not listed daughte the last af ho in the on the left q birthday urs ol hours care ol hours care hours care or similar hours care or similar neighborhood as a baby ing mother 1 Ò Č Č Ċ Ċ \bigcirc \bigcirc 2 \bigcirc ear(s 3 \bigcirc \frown \bigcirc \bigcirc \frown ear(s 4 \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc (\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc 5 \bigcirc ear(s Your telephone number ()

We may use it to contact you if we need to check anything regarding the questionnaire.

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Thank you very much for your cooperation in responding to the questionnaire.