第 22 章　家計

本章は、家計収支、貯蓄・負債、家計資産・負債等に関する統計を掲載している。

家計調査（基幹統計調査）　家計調査は、国民生活における家計収支の実態を把握し、国の経済政策・社会政策の立案のための基礎資料を提供するため、総務省統計局が実施している。

全国の世帯のうち、一定の統計上の抽出方法に基づき選定された 168 市町村、約 9,000 世帯を対象に毎月調査している。ただし、下記に掲げる世帯等は世帯としての収入と支出を正確に計ることが難しいことなどから除外している。

（1）学生の単身世帯
（2）病院・療養所の入院者、矯正施設の入所者等の世帯
（3）料理飲食店、旅館又は下宿屋（寄宿舎を含む。）を営む併用住宅の世帯
（4）賄い付きの同居人がいる世帯
（5）住み込みの営業上の使用人が４人以上いる世帯
（6）世帯主が長期間（３か月以上）不在の世帯
（7）外国人世帯

なお、二人以上の世帯については６か月、単身世帯については３か月継続して調査され、順次、新たに選定された世帯と交替する仕組みになっている。

調査結果については、家計収支編と貯蓄・負債編の二つに大きく分かれ、家計収支編はさらに、総世帯、二人以上の世帯、単身世帯の３区分に分かれる。二人以上の世帯の結果については、平成 12 年からの系列で、「農林漁家世帯を含む」結果と昭和 38 年から平成 29 年まで比較可能な「農林漁家世帯を除く」結果の２系列がある。なお、平成 20 年から「農林漁家世帯を除く」結果を大幅に縮減し、平成 30 年から、抽出区分の変更に伴い全て廃止した。総世帯の結果は、家計調査の全ての調査対象（二人以上の世帯と単身世帯）を統合した結果である。貯蓄・負債編は、二人以上の世帯のみ調査・集計しており、「農林漁家世帯を含む」結果と「農林漁家世帯を除く」結果の２系列があったが、平成 20 年から「農林漁家世帯を除く」結果を廃止した。

全国家計構造調査（基幹統計調査）　全国家計構造調査は、家計における消費、所得、資産及び負債の実態を総合的に把握し、世帯の所得分布及び消費の水準、構造等を全国的及び地域別に明らかにすることを目的とする調査であり、総務省統計局が実施している。昭和 34 年以来５年ごとに実施しており、令和６年調査は 14 回目に当たる。

令和６年調査は、全国から無作為に選定した約９万世帯を対象として、６年 10 月及び 11 月の２か月間実施した。なお、次に掲げる世帯は、世帯としての収入と支出を正確に計ることが難しいことなどの理由から、調査の対象から除外している。

（1）二人以上世帯
　（ア）料理飲食店、旅館又は下宿屋（寄宿舎を含む。）を営む併用住宅の世帯
　（イ）賄い付きの同居人のいる世帯
　（ウ）住み込みの営業上の使用人が４人以上いる世帯
　（エ）外国人世帯
（2）単身世帯
　（オ）二人以上の世帯の対象外（(ア)、(イ)及び(エ)）に該当する者
　（カ）学生の単身世帯

（キ）15 歳未満の単身世帯
（ク）社会施設及び矯正施設の入所者（例：介護保険施設）
（ケ）病院及び療養所の入院者
（コ）自衛隊の営舎内居住者

消費動向指数　消費動向指数（CTI）は、家計調査の結果を補完し、消費全般の動向を捉える分析用のデータとして総務省統計局が作成している。単身世帯を含む当月の世帯の平均的な消費、家計最終消費支出の総額の動向を推計している。

消費動向指数（CTI）は、世帯消費動向指数（CTI ミクロ）と総消費動向指数（CTI マクロ）の二つの指標体系で構成されている。令和３年７月分から、基準年次を令和２年としている。

本章の用語については、用語の解説を参照

22 Family Income and Expenditure

This chapter presents statistics on the income and expenditure of households, savings and liabilities, assets and liabilities, etc.

Family Income and Expenditure Survey (Fundamental Statistical Survey) The Family Income and Expenditure Survey (FIES) is conducted by the Statistics Bureau of the Ministry of Internal Affairs and Communications to grasp the actual conditions of household income and expenditures in the lives of the citizenry in order to provide basic data for social and economic policymaking.

About 9,000 households in 168 municipalities are selected randomly by statistical extraction methods from appropriate households for the survey. The survey unit includes households throughout Japan. However, the following households are excluded from the survey due to the difficulty of accurately measuring their income and expenditures as a household.

(1) One-person student households

(2) Inpatients in hospitals, inmates of reformatory institutions, etc.

(3) Households which manage restaurants, hotels, boarding houses or dormitories, sharing their dwellings

(4) Households which serve meals to the boarders even though not managing boarding houses as an occupation

(5) Households with 4 or more living-in employees

(6) Households whose heads are absent for a long time (three months or more)

(7) Foreigner households

Moreover, regarding the samples, each two-or-more-person household is surveyed for six consecutive months and each one-person household for three consecutive months, and then the sample households are rotated.

The results of the survey are broadly divided into two sections: the household income section and the savings and liabilities section. Household income is further divided into three sections: total households, households with two or more people, and single households. After 2000, the results for households with two or more people consist of two series: results "including agriculture, forestry and fishery households" and results "excluding agriculture, forestry and fishery households," which can be compared between 1963 and 2017. In 2008, the results "excluding agriculture, forestry and fishery households" were drastically reduced, and in 2018, they were completely abolished due to a change in categories. The results for total households are the result of integrating all survey subjects (households with two or more people and single households) in the household survey. In the savings and liabilities section, only households with two or more people are surveyed and totaled, and there were previously two series of results, "including agriculture, forestry and fishery households" and "excluding agriculture, forestry and fishery households." However, the results "excluding agriculture, forestry and fishery households" were abolished in 2008.

National Survey of Family Income, Consumption and Wealth (Fundamental Statistical Survey) The National Survey of Family Income, Consumption and Wealth is designed to comprehensively assess household consumption, income, assets, and liabilities, providing nationwide and regional data on household income distribution, consumption levels, and consumption patterns. This survey is conducted by the Statistics Bureau of the Ministry of Internal Affairs and Communications. It has been conducted every five years since 1959, with the fiscal year 2024 survey marking the fourteenth iteration.

The 2024 survey was conducted over the two months of October and November 2024 and covers about 90,000 households randomly selected throughout Japan. Following households were excluded from the target of the survey, because of the difficulty of measuring correctly the income and expenditures as a household.

（1） Two-or- more-person Households

(a) Households which manage restaurants, hotels, boarding houses or dormitories sharing their dwellings

(b) Households which serve meals to the boarders even though not managing boarding houses as an occupation

(c) Households with 4 or more living-in employees

(d) Foreigner households

（2） One-person Households

(e) Two-or-more-person households are excluded ((a),(b),(d))

(f) One-person student households

(g) One-person under 15 years of age

(h) Residents of social institutions and inmates of reformatory institutions (nursing-care insurance institutions, etc.)

(i) Inpatients in hospitals

(j) Residents in the camps of the Self-Defence Forces

Consumption Trend Index The Consumption Trend Index (CTI) is compiled by the Statistics Bureau of the Ministry of Internal Affairs and Communications as data for analytical use to complement the results of the Family Income and Expenditure Survey and capture overall trends in consumption. It estimates trends in the total average consumption and final consumption expenditure of households including one-person households in the current month.

The CTI is composed of two series, The Household Consumption Trend Index (CTI Micro) and The Total Consumption Trend Index (CTI Macro). Starting in July 2021, the base year was set as 2020.

See the Glossary for Terms in this chapter.

22-1 1世帯当たり1か月間の収入及び支出(総世帯)(令和6、7年)

Monthly Receipts and Disbursements per Household (Total Households) (2024 and 2025)

(単位 金額 円) (In *yen*)

項目	Item	令和6年平均 2024 Av.	7年平均 2025 Av.	#勤労者世帯 Workers' households	年間収入五分位階級別 By yearly income quintile group				
					I ～384万円 -3.84 million *yen*	II 384～541 3.84-5.41	III 541～710 5.41-7.10	IV 710～933 7.10-9.33	V 933万円～ 9.33 million *yen*-
世帯数分布(抽出率調整)	Distribution of households (after adjustment for sampling ratio)	10,000	10,000	10,000	2,000	2,000	2,000	2,000	2,000
世帯人員	Num. of persons per household	2.17	2.15	2.42	1.38	1.94	2.57	2.98	3.22
有業人員	Num. of earners per household	1.05	1.04	1.52	1.11	1.31	1.54	1.73	1.92
世帯主の年齢	Age of household heads	59.8	59.9	48.3	46.3	47.3	48.2	49.5	50.2
実収入	Income	…	…	559,173	269,226	395,840	503,686	639,314	987,799
# 世帯主の勤め先収入	Household heads (wages and salaries)	…	…	434,565	231,987	325,388	401,613	494,021	719,815
世帯主の配偶者の勤め先収入	Spouse of household heads (wages and salaries)	…	…	69,355	4,001	20,593	49,738	83,529	188,915
消費支出	Consumption expenditures	250,929	259,880	291,397	171,342	224,294	276,686	330,550	454,115
食料	Food	69,530	72,437	76,743	46,369	60,874	75,563	90,245	110,666
住居	Housing	20,068	19,815	23,766	26,219	24,262	21,312	21,077	25,962
光熱・水道	Fuel, light and water charges	19,228	20,243	19,588	14,166	16,398	20,180	22,496	24,700
家具・家事用品	Furniture and household utensils	10,052	10,209	11,013	5,682	9,088	10,362	12,989	16,946
被服及び履物	Clothing and footwear	7,826	7,768	9,838	5,425	6,343	8,800	11,298	17,321
保健医療	Medical care	12,679	13,059	12,398	7,670	11,067	10,867	14,081	18,302
交通・通信	Transportation and communication	33,600	35,439	44,967	21,457	32,180	44,676	51,230	75,291
教育	Education	7,293	7,369	12,024	1,702	3,357	9,398	14,894	30,770
教養娯楽	Culture and recreation	25,486	26,748	30,574	17,041	22,805	28,374	34,966	49,684
その他の消費支出	Other consumption expenditures	45,168	46,792	50,486	25,612	37,919	47,154	57,274	84,473
可処分所得	Disposable income	…	…	454,952	230,325	335,773	419,403	519,622	769,638
平均消費性向	Average propensity to consume (%)	…	…	64.1	74.4	66.8	66.0	63.6	59.0

資料 総務省統計局「家計調査結果 家計収支編」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-2 年間収入五分位階級別1世帯当たり1か月間の支出

（二人以上の世帯）（令和6、7年）

Monthly Disbursements per Household by Yearly Income Quintile Group
(Two-or-More-Person Households) (2024 and 2025)

（単位 金額 円） (In *yen*)

用途分類	Use classification	令和6年平均 2024 Av.	7年平均 2025 Av.	年間収入五分位階級別 By yearly income quintile group I ～343万円 -3.43 million *yen*	II 343～493 3.43-4.93	III 493～681 4.93-6.81	IV 681～923 6.81-9.23	V 923万円～ 9.23 million *yen*-
世帯数分布（抽出率調整）	Distribution of households (after adjustment for sampling ratio)	10,000	10,000	2,000	2,000	2,000	2,000	2,000
世帯人員	Num. of persons per household	2.88	2.87	2.30	2.55	2.94	3.23	3.36
有業人員	Num. of earners per household	1.34	1.34	0.51	0.92	1.51	1.78	1.98
世帯主の年齢	Age of household heads	60.4	60.7	72.8	68.0	57.4	52.6	52.8
消費支出	Consumption expenditures	300,243	314,001	214,152	266,634	296,386	335,836	456,995
食料	Food	85,040	89,754	70,883	81,713	86,294	95,672	114,210
# 穀類	Cereals	7,225	8,521	7,635	8,309	8,416	8,913	9,332
魚介類	Fish and shellfish	5,993	6,081	6,210	6,743	5,745	5,605	6,103
肉類	Meat	8,134	8,384	6,218	7,539	8,533	9,248	10,384
野菜・海藻	Vegetables and seaweeds	9,225	9,606	9,283	10,107	9,191	9,271	10,181
外食	Meals outside the home	13,720	14,446	5,619	8,620	12,934	17,789	27,269
住居	Housing	18,074	18,665	14,546	17,173	19,701	18,085	23,820
# 家賃地代	Rents for dwelling and land	8,054	8,094	4,892	5,860	8,794	9,789	11,137
光熱・水道	Fuel, light and water charges	23,110	24,544	22,638	24,542	24,426	24,643	26,473
# 電気代	Electricity	12,008	13,218	11,840	12,936	13,218	13,187	14,912
ガス代	Gas	4,745	4,882	4,694	4,757	4,761	5,002	5,197
上下水道料	Water and sewerage charges	5,092	5,067	4,331	4,967	5,113	5,312	5,610
家具・家事用品	Furniture and household utensils	12,615	12,869	8,897	11,617	12,260	14,271	17,299
被服及び履物	Clothing and footwear	9,609	9,702	4,457	6,162	8,857	11,371	17,661
保健医療	Medical care	15,276	15,785	13,648	15,709	14,422	15,264	19,880
# 医薬品	Medicines	2,746	2,834	2,656	3,005	2,663	2,696	3,150
保健医療サービス	Medical services	8,680	8,942	7,744	9,062	7,807	8,628	11,470
交通・通信	Transportation and communication	41,588	45,562	24,965	34,740	44,042	53,081	70,983
# 自動車等関係費	Private transportation	24,587	28,308	13,988	20,685	28,079	34,047	44,739
通信	Communication	11,770	11,661	8,757	10,685	11,797	12,672	14,396
教育	Education	11,703	11,936	1,806	2,931	9,456	15,084	30,404
# 授業料等	School fees	8,824	9,148	1,641	2,416	7,898	11,502	22,285
教養娯楽	Culture and recreation	29,098	30,796	17,679	25,120	28,472	33,031	49,681
# 教養娯楽サービス	Recreational services	17,016	17,931	9,192	14,469	16,205	19,289	30,499
その他の消費支出	Other consumption expenditures	54,132	54,387	34,632	46,927	48,457	55,335	86,586
諸雑費	Miscellaneous	25,588	26,371	17,883	22,125	23,907	28,191	39,748
こづかい（使途不明）	Pocket money (of which, detailed uses unknown)	5,867	5,744	3,516	4,856	5,378	6,913	8,057
交際費	Social expenses	17,022	16,750	12,498	17,948	15,591	15,576	22,136
# 贈与金	Money gifts	6,864	6,341	5,872	8,114	5,700	5,299	6,719
仕送り金	Remittance	5,655	5,523	735	1,997	3,581	4,655	16,644

資料 総務省統計局「家計調査結果 家計収支編」
Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-3 年間収入五分位階級別1世帯当たり1か月間の収入及び支出
（二人以上の世帯のうち勤労者世帯）（令和6、7年）

（単位 金額 円）

用途分類	Use classification	令和6年平均 2024 Av.	7年平均 2025 Av.	年間収入五分位階級別 By yearly income quintile group				
				I ～521万円 -5.21 million yen	II 521～678 5.21-6.78	III 678～828 6.78-8.28	IV 828～1045 8.28-10.45	V 1045万円～ 10.45 million yen-
世帯数分布（抽出率調整）	Distribution of households (after adjustment for sampling ratio)	10,000	10,000	2,000	2,000	2,000	2,000	2,000
世帯人員	Num. of persons per household	3.23	3.20	2.84	3.11	3.26	3.37	3.41
有業人員	Num. of earners per household	1.81	1.81	1.59	1.73	1.78	1.94	2.00
世帯主の年齢	Age of household heads	50.5	51.0	54.3	50.6	50.0	49.9	50.3
受取	Receipts	1,344,162	1,456,848	838,275	1,171,655	1,327,603	1,575,871	2,370,833
実収入	Income	636,155	653,901	364,429	493,246	593,283	726,989	1,091,560
経常収入	Current income	625,935	643,280	356,501	484,773	584,437	713,688	1,077,001
勤め先収入	Wages and salaries	581,108	593,761	293,026	432,166	542,766	665,585	1,035,263
世帯主収入	Household heads	461,446	470,986	253,117	359,323	443,924	528,736	769,833
定期収入	Regular	369,499	380,502	222,050	301,410	362,818	422,690	593,542
臨時収入	Temporary	4,909	5,098	3,560	4,024	4,038	6,219	7,648
賞与	Bonuses	87,039	85,387	27,506	53,889	77,068	99,828	168,644
世帯主の配偶者の収入	Spouse of household heads	104,762	107,549	32,357	64,239	87,458	119,006	234,684
他の世帯員収入	Other household members	14,900	15,226	7,552	8,604	11,384	17,843	30,747
事業・内職収入	Income from self -employment and piecework	4,763	5,133	2,340	2,568	4,038	5,602	11,116
家賃収入	Houses rents	1,049	1,558	420	296	592	1,935	4,547
他の事業収入	Other self -employment	2,921	2,502	1,138	1,747	2,173	2,097	5,353
内職収入	Piecework	792	1,073	782	525	1,272	1,570	1,216
他の経常収入	Other current income	40,064	44,386	61,135	50,039	37,634	42,501	30,622
# 財産収入	Property income	2,106	1,709	953	827	1,028	1,948	3,787
社会保障給付	Social security benefits	37,212	42,111	58,820	48,668	36,067	40,221	26,780
特別収入	Non current income	10,220	10,622	7,928	8,474	8,846	13,301	14,559
実収入以外の受取（繰入金を除く）	Receipts other than income	480,399	506,844	312,560	412,437	492,074	557,755	759,394
# 預貯金引出	Withdraw of deposits	348,303	349,586	235,782	288,472	336,128	380,059	507,489
繰入金	Carry-over from previous month	227,608	296,102	161,287	265,971	242,246	291,128	519,878

資料 総務省統計局「家計調査結果 家計収支編」

22-3 Monthly Receipts and Disbursements per Household by Yearly Income Quintile Group (Two-or-More-Person Households - Workers' Households) (2024 and 2025)

(In *yen*)

用途分類	Use classification	令和6年平均 2024 Av.	7年平均 2025 Av.	年間収入五分位階級別 By yearly income quintile group				
				I ～521万円 -5.21 million yen	II 521～678 5.21-6.78	III 678～828 6.78-8.28	IV 828～1045 8.28-10.45	V 1045万円～ 10.45 million yen-
支払	Disbursements	1,344,162	1,456,848	838,275	1,171,655	1,327,603	1,575,871	2,370,833
実支出	Expenditures	438,723	467,790	292,260	364,839	429,404	511,432	741,016
消費支出	Consumption expenditures	325,137	346,297	244,375	289,109	326,824	375,492	495,685
食料	Food	87,954	93,789	73,096	83,395	91,729	101,005	119,719
住居	Housing	19,055	20,169	17,864	17,046	19,784	20,866	25,286
光熱・水道	Fuel, light and water charges	22,756	24,182	22,685	23,439	24,041	24,528	26,215
家具・家事用品	Furniture and household utensils	13,161	13,850	10,287	11,845	13,880	15,111	18,125
被服及び履物	Clothing and footwear	11,585	11,965	6,569	9,111	11,110	13,866	19,171
保健医療	Medical care	13,814	14,574	11,051	11,923	14,027	15,715	20,156
交通・通信	Transportation and communication	50,028	56,917	37,780	48,229	53,205	61,790	83,582
教育	Education	18,456	18,601	7,073	11,843	15,250	20,907	37,932
教養娯楽	Culture and recreation	31,644	34,058	21,151	26,526	31,587	37,080	53,945
その他の消費支出	Other consumption expenditures	56,685	58,192	36,820	45,752	52,211	64,624	91,555
非消費支出	Non-consumption expenditures	113,586	121,493	47,885	75,729	102,580	135,940	245,331
# 勤労所得税	Earned income taxes	18,307	23,602	4,290	8,502	14,824	22,840	67,555
実支出以外の支払（繰越金を除く）	Disbursements other than expenditures	698,134	711,498	402,908	558,210	678,375	785,093	1,132,906
# 預貯金	Savings	523,544	526,647	312,880	417,675	493,774	578,415	830,491
土地家屋借金返済	Repayment of loans for house and land purchases	38,280	37,504	16,212	31,413	36,646	46,340	56,908
繰越金	Carry-over to next month	207,306	277,559	143,107	248,606	219,824	279,346	496,911
可処分所得	Disposable income	522,569	532,408	316,544	417,517	490,703	591,049	846,230
黒字	Surplus	197,432	186,111	72,169	128,408	163,879	215,557	350,544
# 金融資産純増	Net increase in financial assets	195,923	194,870	84,367	135,318	172,728	216,661	365,276
平均消費性向	Average propensity to consume (%)	62.2	65.0	77.2	69.2	66.6	63.5	58.6

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-4 地方別1世帯当たり1か月間の支出（二人以上の世帯）（令和7年）

Monthly Disbursements per Household by District (Two-or-More-Person Households) (2025)

（単位 円） (In *yen*)

用途分類	Use classification	全国 Japan	北海道 Hokkaido	東北 Tohoku	関東 Kanto	北陸 Hokuriku	東海 Tokai
消費支出	Consumption expenditures	314,001	294,154	298,991	337,946	330,342	312,195
食料	Food	89,754	80,138	83,580	96,893	89,083	87,552
住居	Housing	18,665	20,598	14,694	21,178	17,302	15,519
光熱・水道	Fuel, light and water charges	24,544	31,558	31,279	23,782	30,168	24,158
家具・家事用品	Furniture and household utensils	12,869	11,522	11,888	13,478	14,209	13,221
被服及び履物	Clothing and footwear	9,702	7,775	7,130	11,261	8,940	9,873
保健医療	Medical care	15,785	13,252	14,118	18,052	14,828	14,429
交通・通信	Transportation and communication	45,562	46,284	49,740	45,760	59,374	48,007
教育	Education	11,936	5,168	5,647	15,764	6,638	13,405
教養娯楽	Culture and recreation	30,796	26,131	25,084	36,151	29,027	32,208
その他の消費支出	Other consumption expenditures	54,387	51,727	55,832	55,628	60,773	53,825

用途分類	Use classification	近畿 Kinki	中国 Chugoku	四国 Shikoku	九州 Kyushu	沖縄 Okinawa
消費支出	Consumption expenditures	304,226	294,540	286,138	281,569	235,742
食料	Food	89,846	83,674	79,472	81,418	77,319
住居	Housing	18,545	16,582	11,607	18,373	21,822
光熱・水道	Fuel, light and water charges	23,254	24,518	23,178	21,173	22,549
家具・家事用品	Furniture and household utensils	12,485	12,145	12,794	12,294	9,248
被服及び履物	Clothing and footwear	9,305	9,586	8,575	7,862	5,953
保健医療	Medical care	15,553	14,750	14,593	13,248	10,636
交通・通信	Transportation and communication	40,688	43,894	45,752	43,816	33,057
教育	Education	12,624	8,610	9,013	7,161	4,656
教養娯楽	Culture and recreation	28,687	26,158	25,864	24,751	13,802
その他の消費支出	Other consumption expenditures	53,240	54,623	55,289	51,473	36,700

資料 総務省統計局「家計調査結果 家計収支編」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-5 地方別1世帯当たり1か月間の支出(二人以上の世帯のうち勤労者世帯)(令和7年)

Monthly Disbursements per Household by District (Two-or-More-Person Households - Workers' Households) (2025)

(単位 円) (In *yen*)

用途分類	Use classification	全国 Japan	北海道 Hokkaido	東北 Tohoku	関東 Kanto	北陸 Hokuriku	東海 Tokai
消費支出	Consumption expenditures	346,297	315,925	343,656	373,323	348,637	336,270
食料	Food	93,789	83,444	88,497	101,255	93,074	90,894
住居	Housing	20,169	21,214	18,194	22,831	17,264	16,283
光熱・水道	Fuel, light and water charges	24,182	31,386	30,294	23,262	29,770	23,680
家具・家事用品	Furniture and household utensils	13,850	12,174	12,875	14,595	14,381	14,129
被服及び履物	Clothing and footwear	11,965	8,973	9,527	13,732	10,771	11,635
保健医療	Medical care	14,574	11,754	14,035	16,859	13,435	12,568
交通・通信	Transportation and communication	56,917	58,490	68,175	56,905	65,741	56,512
教育	Education	18,601	7,964	9,036	24,000	10,000	19,744
教養娯楽	Culture and recreation	34,058	28,877	28,939	40,734	31,666	32,999
その他の消費支出	Other consumption expenditures	58,192	51,648	64,083	59,150	62,534	57,826

用途分類	Use classification	近畿 Kinki	中国 Chugoku	四国 Shikoku	九州 Kyushu	沖縄 Okinawa
消費支出	Consumption expenditures	336,737	325,057	325,960	313,079	258,839
食料	Food	93,389	87,574	85,665	85,277	79,324
住居	Housing	20,403	19,008	12,447	18,680	25,388
光熱・水道	Fuel, light and water charges	23,079	24,433	22,167	21,330	23,113
家具・家事用品	Furniture and household utensils	13,723	12,328	13,389	13,486	10,106
被服及び履物	Clothing and footwear	11,899	11,760	11,108	9,981	7,160
保健医療	Medical care	14,242	13,533	13,941	12,438	9,195
交通・通信	Transportation and communication	52,031	55,538	59,603	56,040	39,525
教育	Education	21,116	13,784	16,334	11,600	6,921
教養娯楽	Culture and recreation	31,221	28,667	29,322	27,396	14,749
その他の消費支出	Other consumption expenditures	55,635	58,430	61,984	56,850	43,358

資料 総務省統計局「家計調査結果 家計収支編」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-6 1世帯当たり年間の主要品目別支出金額及び購入数量
（二人以上の世帯）（令和7年）

（単位 金額 円）

品目	Item	数量単位 Unit	支出金額 Expenditures	購入数量 Quantities
食料	Food			
米	Rice	kg	42,739	61.31
食パン	White bread	g	10,946	19,287
生うどん・そば	Non-dried, *Udon* and *Soba*	g	3,844	9,814
乾うどん・そば	Dried, *Udon* and *Soba*	g	2,416	3,048
中華麺	Chinese noodles	g	4,929	8,567
カップ麺	Cup noodles	g	6,006	4,368
即席麺	Instant noodles	g	2,546	2,880
まぐろ	Tuna fish	g	5,609	1,794
かつお	Bonito	g	1,679	826
さけ	Salmon	g	5,295	2,005
さんま	Saury	g	997	633
ぶり	Yellowtail	g	2,538	1,104
いか	Cuttlefish	g	1,683	791
えび	Shrimps and lobsters	g	2,930	1,187
あさり	Short-necked clams	g	383	267
塩さけ	Salted salmon	g	2,664	1,204
たらこ	Salted pollock roe	g	2,027	580
干しあじ	Dried horse mackerel	g	523	335
ちくわ	*Chikuwa*, baked fish-paste bars	...	2,109	...
かまぼこ	*Kamaboko*, steamed fish-paste cakes	...	3,174	...
魚介の漬物	Pickled fish	...	3,063	...
牛肉	Beef	g	20,880	5,401
豚肉	Pork	g	35,416	22,142
鶏肉	Chicken	g	20,182	18,659
ハム	Ham	g	4,678	2,153
ソーセージ	Sausages	g	8,133	5,241
牛乳	Fresh milk	L	15,875	66.74
卵	Eggs	g	14,145	30,874
キャベツ	Cabbage	g	3,310	15,162
ほうれんそう	Spinach	g	1,981	2,415
ねぎ	Welsh onions	g	3,643	4,053
レタス	Lettuce	g	2,703	5,810
さつまいも	Sweet potatoes	g	1,329	2,667
じゃがいも	White potatoes	g	3,158	7,876
だいこん	Radishes	g	1,837	9,842
にんじん	Carrots	g	2,978	7,164
たまねぎ	Onions	g	4,525	14,361
さやまめ	String beans	g	1,611	1,225
かぼちゃ	Pumpkins	g	1,790	3,518
きゅうり	Cucumbers	g	3,578	6,565
なす	Eggplants	g	2,231	4,103
トマト	Tomatoes	g	8,327	9,421
生しいたけ	*Shiitake*, Japanese mushrooms, fresh	g	2,010	1,449
干しのり	Dried laver	...	3,461	...
わかめ	*Wakame*, seaweed	g	1,640	729
豆腐	Bean curd	丁 each	5,373	81.45
油揚げ・がんもどき	Fried bean curd	...	3,048	...
納豆	*Natto*, fermented soybeans	...	5,018	...
こんにゃく	*Konnyaku*, devil's-tongue jelly	...	1,643	...
だいこん漬	Pickled radishes	g	1,173	1,285
りんご	Apples	g	4,812	7,281
みかん	Mandarin oranges	g	4,598	7,273

22-6 Yearly Amount of Expenditures and Quantities per Household by Major Commodity (Two-or-More-Person Households) (2025)

(In *yen*)

品目	Item	数量単位 Unit	支出金額 Expenditures	購入数量 Quantities
いちご	Strawberries	g	3,716	2,021
バナナ	Bananas	g	6,398	18,817
食用油	Edible oil	g	4,721	6,792
しょう油	Soy sauce	mL	1,812	3,842
みそ	*Miso*, soybean paste	g	2,345	4,446
砂糖	Sugar	g	1,190	3,461
マヨネーズ・マヨネーズ風調味料	Mayonnaise and mayonnaise flavour seasoning	g	1,731	2,420
ドレッシング	Dressing	mL	2,271	2,266
カレールウ	Instant curry mix	g	1,552	1,178
乾燥スープ	Instant dried soup	...	4,171	...
ケーキ	Cakes	...	7,708	...
せんべい	*Senbei*, Japanese crackers	...	7,274	...
スナック菓子	Fried and salted snack crackers	...	7,228	...
チョコレート	Chocolate	...	7,150	...
アイスクリーム・シャーベット	Ice cream and ice sherbet	...	13,044	...
弁当	Packed lunch	...	18,968	...
調理パン	Bread like sandwiches put cooked food between bread	...	7,043	...
サラダ	Salad	...	6,657	...
天ぷら・フライ	Fried food	...	14,103	...
冷凍調理食品	Frozen food	...	11,976	...
緑茶	Green tea	g	3,153	593
コーヒー	Coffee	g	9,635	2,481
コーヒー飲料	Coffee beverages	...	6,229	...
ココア・ココア飲料	Cocoa and cocoa beverages	...	484	...
果実・野菜ジュース	Fruits and vegetable juice	...	7,374	...
乳酸菌飲料	Fermented lactic beverages	...	5,467	...
清酒	*Sake*	mL	5,509	5,632
焼酎	*Shochu*, distilled spirits	mL	5,637	7,482
ビール	Beer	L	13,436	25.11
ワイン	Wine	mL	3,341	2,927
発泡酒	Low-malt beer and beer-flavored alcoholic beverages	L	7,551	18.40
日本そば・うどん	*Soba* and *Udon*, Japanese noodles	...	8,080	...
中華そば	Chinese noodles	...	9,711	...
すし(外食)	*Sushi* (eating out)	...	17,975	...
和食	Japanese meals	...	28,331	...
中華食	Chinese meals	...	5,486	...
洋食	Western meals	...	14,720	...
喫茶代	Other refreshments	...	11,823	...
住居	Housing			
民営家賃	Rents for dwelling, private	畳 *jo*	82,450	25.693
公営家賃	Rents for dwelling, public	畳 *jo*	4,152	2.450
火災・地震保険料	Fire and earthquake insurance premium	...	14,310	...
光熱・水道	Fuel, light and water charges			
電気代	Electricity	kWh	158,622	4,858.782
都市ガス	Gas, manufactured and piped	...	38,073	...
プロパンガス	Liquefied propane	m^3	20,516	32.094
灯油	Kerosene	L	15,924	132.444
上下水道料	Water and sewerage charges	...	60,800	...

22-6 1世帯当たり年間の主要品目別支出金額及び購入数量
（二人以上の世帯）（令和7年）（続き）

（単位 金額 円）

品目	Item	数量単位 Unit		支出金額 Expenditures	購入数量 Quantities
家具・家事用品	Furniture and household utensils				
電子レンジ	Microwave ovens	台	each	1,481	0.044
炊事用電気器具	Electric cooking appliances	台	each	3,273	0.242
冷蔵庫	Refrigerators	台	each	6,774	0.050
掃除機	Vacuum cleaners	台	each	3,046	0.101
洗濯機	Washing machines	台	each	6,826	0.061
エアコン	Air conditioners	台	each	15,611	0.109
たんす	Chests of drawers	個	each	337	0.012
照明器具	Lighting appliances	…		1,383	…
敷物	Floor coverings	…		1,622	…
布団	Quilts	枚	each	2,509	0.230
シーツ	Sheets	枚	each	585	0.292
電球・ランプ	Electric bulbs and lamps	…		863	…
タオル	Towels	…		2,195	…
ティッシュペーパー	Facial tissue	…		2,800	…
トイレットペーパー	Rolled toilet paper	…		4,891	…
台所・住居用洗剤	Detergent for house and kitchen	…		4,379	…
洗濯用洗剤	Detergent, laundry	…		6,905	…
ポリ袋・ラップ	Polyethylene bag and food wrap	…		5,131	…
被服及び履物	Clothing and footwear				
男性用スーツ	Men's suits	着	each	3,104	0.071
男子用上着	Men's jackets	着	each	1,698	0.157
男子用ズボン	Men's slacks	本	pair	4,309	1.132
女性用スーツ・ワンピース	Women's suits and one-piece dresses	着	each	3,482	0.424
スカート	Skirts	枚	each	1,316	0.323
女性用スラックス	Women's slacks	本	pair	5,839	1.787
子供服	Children's dresses	着	each	4,975	2.721
乳児服	Babies' clothing	着	each	818	0.440
ワイシャツ	Men's business shirts	枚	each	1,250	0.340
他の男性用シャツ	Other men's shirts	枚	each	6,229	2.698
ブラウス	Women's blouses	枚	each	2,613	0.662
子供用シャツ・セーター類	Children's shirts and sweaters	枚	each	2,112	1.784
男性用下着類	Men's underwear	…		3,668	…
女性用下着類	Women's underwear	…		6,972	…
子供用下着類	Children's underwear	…		1,401	…
男性用靴下	Men's socks	足	pair	1,410	3.927
女性用靴下	Women's socks	足	pair	1,832	5.008
子供用靴下	Children's socks	足	pair	468	1.449
大人用運動靴	Sports shoes	足	pair	4,672	0.749
男性用靴	Men's shoes	足	pair	3,716	0.513
女性用靴	Women's shoes	足	pair	4,848	0.806
保健医療	Medical care				
感冒薬	Medicines for cold	…		2,332	…
栄養剤	Eutrophic compound	…		3,898	…
他の保健用消耗品	Other medical supplies	…		10,347	…
医科診療代	Medical treatment	…		47,164	…
交通・通信	Transportation and communication				
鉄道運賃	Railway fares	…		25,821	…
バス代	Bus fares	…		3,007	…
タクシー代	Taxi fares	…		4,447	…

資料 総務省統計局「家計調査結果 家計収支編」

22-6 Yearly Amount of Expenditures and Quantities per Household by Major Commodity (Two-or-More-Person Households) (2025) (*Cont'd*)

(In *yen*)

品目	Item	数量単位 Unit		支出金額 Expenditures	購入数量 Quantities
航空運賃	Airplane fares	...		8,705	...
自動車購入	Automobiles	台	each	109,579	0.056
ガソリン	Gasoline	L		72,474	440.067
自動車整備費	Automotive maintenance and repairs	...		33,830	...
自動車保険料(自賠責)	Automotive insurance premium (compulsion)	...		7,133	...
自動車保険料(任意)	Automotive insurance premium (option)	...		41,143	...
固定電話通信料	Telephone charges	...		13,307	...
携帯電話通信料	Mobile phone charges	...		108,814	...
教育	Education				
国公立高校	High school fees, national or public	...		6,243	...
私立高校	High school fees, private	...		17,376	...
国公立大学	College and university fees, national or public	...		4,852	...
私立大学	College and university fees, private	...		53,890	...
教養娯楽	Culture and recreation				
テレビ	TV sets	台	each	5,530	0.054
パソコン	Personal computers	...		15,124	...
切り花	Cut flowers	...		7,737	...
ペットフード	Pet food	...		11,170	...
新聞	Newspapers	...		24,397	...
雑誌	Magazines	...		2,031	...
宿泊料	Accommodation services	...		35,994	...
パック旅行費	Package tours	...		38,290	...
語学月謝	Lesson fees, language	...		2,223	...
スポーツ月謝	Lesson fees, sporting	...		10,705	...
放送受信料	Charges for TV licence	...		24,642	...
映画・演劇等入場料	Admission fees for movies, plays, etc.	...		8,383	...
インターネット接続料	Internet connection charges	...		35,447	...
諸雑費	Miscellaneous				
理髪料	Charges for barbers' services	回	once	5,111	1.787
パーマネント代	Permanent wave charges	回	once	2,231	0.231
カット代	Haircut charges	回	once	7,133	2.241
浴用・洗顔石けん	Bath and facial soap	...		7,505	...
シャンプー	Shampoo	...		4,367	...
化粧クリーム	Skin cream	...		4,471	...
化粧水	Skin lotion	...		4,175	...
ファンデーション	Makeup foundation	...		2,312	...
ハンドバッグ	Handbags	個	each	3,906	0.508
アクセサリー	Accessories	...		4,554	...
腕時計	Wrist watches	...		1,253	...
たばこ	Tobacco	...		14,222	...
信仰・祭祀費	Religious contribution	...		16,402	...
婚礼関係費	Wedding expenses	...		3,214	...
葬儀関係費	Funeral expenses	...		13,270	...
医療保険料	Medical insurance premium	...		23,077	...
保育費用	Nursery fees	...		9,403	...
介護サービス	Nursing care services	...		7,678	...
贈与金	Money gifts	...		76,089	...
つきあい費	Social expenses	...		4,662	...
仕送り金	Remittance	...		66,270	...

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-7 年齢階級別1世帯当たり1か月間の支出(単身世帯)(令和7年)

Monthly Disbursements per Household by Age Group (One-Person Households) (2025)

(単位 円) (In *yen*)

項目	Item	総数 Total			
		平均 Average	34歳以下 years old and under	35-59	60歳以上 and over
消費支出	Consumption expenditures	173,042	177,542	198,488	158,546
食料	Food	44,659	41,992	47,405	44,364
住居	Housing	21,667	35,060	28,041	13,103
光熱・水道	Fuel, light and water charges	13,333	8,291	13,299	15,380
家具・家事用品	Furniture and household utensils	5,945	5,895	5,823	6,026
被服及び履物	Clothing and footwear	4,664	6,013	5,496	3,708
保健医療	Medical care	8,690	6,735	8,084	9,780
交通・通信	Transportation and communication	19,190	20,640	23,773	16,317
教育	Education	34	161	0	0
教養娯楽	Culture and recreation	20,250	24,242	23,453	17,041
その他の消費支出	Other consumption expenditures	34,611	28,513	43,114	32,826

項目	Item	男 Male			
		平均 Average	34歳以下 years old and under	35-59	60歳以上 and over
消費支出	Consumption expenditures	179,713	169,203	208,276	162,446
食料	Food	48,977	44,260	52,878	48,724
住居	Housing	23,396	30,987	27,316	15,202
光熱・水道	Fuel, light and water charges	12,723	7,894	12,955	15,640
家具・家事用品	Furniture and household utensils	5,066	5,595	5,002	4,773
被服及び履物	Clothing and footwear	3,229	3,731	4,560	1,784
保健医療	Medical care	7,707	5,113	7,432	9,606
交通・通信	Transportation and communication	23,289	23,481	25,514	21,299
教育	Education	73	285	0	0
教養娯楽	Culture and recreation	22,758	27,379	24,462	18,371
その他の消費支出	Other consumption expenditures	32,496	20,478	48,157	27,047

項目	Item	女 Female			
		平均 Average	34歳以下 years old and under	35-59	60歳以上 and over
消費支出	Consumption expenditures	167,250	188,449	183,805	156,393
食料	Food	40,910	38,992	39,192	41,962
住居	Housing	20,166	40,353	29,130	11,945
光熱・水道	Fuel, light and water charges	13,862	8,801	13,814	15,236
家具・家事用品	Furniture and household utensils	6,708	6,294	7,053	6,715
被服及び履物	Clothing and footwear	5,910	9,008	6,899	4,769
保健医療	Medical care	9,543	8,858	9,061	9,874
交通・通信	Transportation and communication	15,633	16,921	21,163	13,575
教育	Education	0	0	0	0
教養娯楽	Culture and recreation	18,074	20,164	21,943	16,308
その他の消費支出	Other consumption expenditures	36,444	39,058	35,552	36,008

資料 総務省統計局「家計調査結果 家計収支編」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-8 1世帯当たり1か月間の収入及び支出

（単身世帯のうち勤労者世帯）（令和5～7年）

Monthly Receipts and Disbursements per Household (One-Person Workers' Households) (2023 to 2025)

（単位 円） (In *yen*)

項目	Item	令和5年平均 2023 Av.	6年平均 2024 Av.	7年平均 2025 Av.
実収入	Income	357,913	370,247	386,791
経常収入	Current income	352,920	365,309	382,456
# 勤め先収入	Wages and salaries	332,497	347,405	367,964
特別収入	Non-current income	4,993	4,938	4,335
実収入以外の受取（繰入金を除く）	Receipts other than income	234,271	237,689	251,162
実支出	Expenditures	245,643	248,334	264,166
消費支出	Consumption expenditures	182,114	183,950	191,523
食料	Food	43,617	45,750	45,787
住居	Housing	31,527	31,415	30,327
光熱・水道	Fuel, light and water charges	11,489	11,142	11,222
家具・家事用品	Furniture and household utensils	5,163	5,060	5,851
被服及び履物	Clothing and footwear	5,173	5,992	5,972
保健医療	Medical care	6,580	8,302	8,433
交通・通信	Transportation and communication	26,266	23,806	23,210
教育	Education	4	8	69
教養娯楽	Culture and recreation	21,458	22,640	24,187
その他の消費支出	Other consumption expenditures	30,837	29,834	36,465
非消費支出	Non-consumption expenditures	63,529	64,384	72,643
実支出以外の支払（繰越金を除く）	Disbursements other than expenditures	354,152	358,892	374,783
# 預貯金	Savings	278,925	284,446	283,673

資料 総務省統計局「家計調査結果 家計収支編」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-9 年間収入五分位階級別貯蓄及び負債の1世帯当たり現在高

（二人以上の世帯）（令和6、7年）

Amounts of Savings and Liabilities Held per Household by Yearly Income Quintile Group
(Two-or-More-Person Households) (2024 and 2025)

（単位 金額 万円） (In 10 thousands of *yen*)

項目	Item		令和6年平均 2024 Av.	7年平均 2025 Av.	年間収入五分位階級 Yearly income quintile group I ～346万円 -3.46 million *yen*	II 346～498 3.46-4.98	III 498～688 4.98-6.88	IV 688～952 6.88-9.52	V 952万円～ 9.52 million *yen*-
世帯数分布（抽出率調整）	Distribution of households (after adjustment for sampling ratio)		10,000	10,000	2,000	2,000	2,000	2,000	2,000
世帯人員	Num. of persons per household		2.89	2.88	2.32	2.59	2.92	3.23	3.34
有業人員	Num. of earners per household		1.35	1.35	0.56	0.96	1.47	1.78	1.96
世帯主の年齢	Age of household heads		59.9	60.1	71.8	66.9	57.1	52.3	52.4
年間収入	Yearly income	1)	656	681	268	416	588	809	1,324
貯蓄	Savings		1,984	2,059	1,552	1,917	2,009	1,939	2,878
金融機関	Financial institutions		1,954	2,029	1,547	1,910	1,984	1,905	2,800
通貨性預貯金	Demand deposits		692	710	563	594	646	690	1,057
定期性預貯金	Time deposits		538	511	527	609	541	381	498
生命保険など	Life insurance and non-life insurance	2)	347	369	253	345	362	392	492
有価証券	Securities		377	440	205	363	435	442	753
金融機関外	Non-financial institutions		30	29	5	7	25	33	78
負債	Liabilities		663	675	77	241	683	1,037	1,335
住宅・土地のための負債	Liabilities for purchase of houses and / or land		612	620	62	218	617	961	1,241
住宅・土地以外の負債	Liabilities other than purchase of houses and / or land		35	39	10	13	50	56	66
月賦・年賦	Monthly and yearly instalments		15	16	6	11	16	21	27

年平均 1）過去1年間の収入 2）損害保険会社の損害保険（火災・傷害保険のうち、満期時に満期返戻金が支払われる積立型のもの）などを含む。

Yearly average. 1) Income during the last one year. 2) Including non-life insurance from non-life insurance companies (reserve-type fire or accident insurance with a refund paid at maturity), etc.

資料 総務省統計局「家計調査結果 貯蓄・負債編」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-10 年間収入五分位階級別貯蓄及び負債の1世帯当たり現在高

（二人以上の世帯のうち勤労者世帯）（令和6、7年）

Amounts of Savings and Liabilities Held per Household by Yearly Income Quintile Group
(Two-or-More-Person Households - Workers' Households) (2024 and 2025)

（単位 金額 万円） (In 10 thousands of *yen*)

項目	Item	令和6年平均 2024 Av.	7年平均 2025 Av.	年間収入五分位階級 Yearly income quintile group I ～516万円 -5.16 million *yen*	II 516～678 5.16-6.78	III 678～845 6.78-8.45	IV 845～1076 8.45-10.76	V 1076万円～ 10.76 million *yen*-
世帯数分布（抽出率調整）	Distribution of households (after adjustment for sampling ratio)	10,000	10,000	2,000	2,000	2,000	2,000	2,000
世帯人員	Num. of persons per household	3.22	3.20	2.86	3.12	3.27	3.34	3.41
有業人員	Num. of earners per household	1.82	1.81	1.61	1.74	1.80	1.92	2.00
世帯主の年齢	Age of household heads	50.3	50.7	54.0	50.3	49.4	49.5	50.5
年間収入	Yearly income 1)	790	824	394	598	758	949	1,420
貯蓄	Savings	1,579	1,717	966	1,245	1,509	2,017	2,847
金融機関	Financial institutions	1,533	1,675	960	1,227	1,476	1,960	2,753
通貨性預貯金	Demand deposits	588	641	386	467	591	717	1,044
定期性預貯金	Time deposits	344	343	258	330	300	368	459
生命保険など	Life insurance and non-life insurance 2)	306	321	168	236	313	412	474
有価証券	Securities	295	370	147	193	272	463	776
金融機関外	Non-financial institutions	46	41	6	18	33	57	94
負債	Liabilities	1,024	1,034	421	929	1,075	1,278	1,465
住宅・土地のための負債	Liabilities for purchase of houses and / or land	956	961	386	857	985	1,206	1,371
住宅・土地以外の負債	Liabilities other than purchase of houses and / or land	46	50	17	52	68	52	64
月賦・年賦	Monthly and yearly instalments	22	22	19	20	23	20	30

年平均 1）過去1年間の収入 2）損害保険会社の損害保険（火災・傷害保険のうち、満期時に満期返戻金が支払われる積立型のもの）などを含む。

Yearly average. 1) Income during the last one year. 2) Including non-life insurance from non-life insurance companies (reserve-type fire or accident insurance with a refund paid at maturity), etc.

資料 総務省統計局「家計調査結果 貯蓄・負債編」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-11 貯蓄現在高階級別1世帯当たり1か月間の支出(二人以上の世帯)(令和6年)

(単位 金額 円)

項目	Item	平均 Average	25万円未満 0.25 million *yen* , under	25～50 0.25 - 0.5
1 世帯数分布(抽出率調整)	Distribution of households (after adjustment for sampling ratio)	53,554,414	5,488,672	1,399,793
2 世帯人員	Number of persons per household	2.15	1.93	1.82
3 有業人員	Number of earners per household	1.17	1.06	1.11
4 世帯主の年齢	Age of household heads	57.1	53.3	47.6
5 消費支出	Consumption expenditures	251,242	182,567	193,711
6 食料	Food	71,484	55,130	54,625
7 住居	Housing	24,173	24,513	30,312
8 光熱・水道	Fuel, light and water charges	18,896	17,793	16,759
9 家具・家事用品	Furniture and household utensils	9,817	6,755	6,327
10 被服及び履物	Clothing and footwear	8,528	5,148	5,022
11 保健医療	Medical care	12,286	6,731	7,230
12 交通・通信	Transportation and communication	35,878	26,147	24,386
13 教育	Education	7,246	3,242	4,403
14 教養娯楽	Culture and recreation	25,591	14,658	19,435
15 その他の消費支出	Other consumption expenditures	37,343	22,451	25,212
(特掲)財・サービス区分	(Retabulated) Classifications by goods and services			
16 財(商品)	Goods (commodities)	129,033	96,458	92,908
17 サービス	Services	106,367	78,541	90,415

22-11 Monthly Disbursements per Household by Amount Group of Savings (Two-or-More-Person Households) (2024)

(In *yen*)

貯蓄現在高階級別 By amount group of savings							
50～100 0.5 - 1	100～150 1 - 1.5	150～200 1.5 - 2	200～300 2 - 3	300～450 3 - 4.5	450～600 4.5 - 6	600～750 6 - 7.5	項目
2,361,537	2,238,297	1,489,490	2,842,450	4,179,737	3,330,925	2,789,825	1
1.86	1.95	2.02	2.12	2.15	2.17	2.26	2
1.15	1.25	1.25	1.24	1.25	1.22	1.26	3
49.8	48.2	50.5	52.2	53.4	55.8	55.4	4
195,015	206,236	208,556	217,732	243,550	236,800	238,537	5
54,835	58,878	58,868	64,205	67,627	68,104	69,870	6
29,149	27,995	24,849	20,393	24,902	21,515	19,032	7
17,259	16,804	17,996	17,960	18,675	18,822	18,942	8
6,685	7,764	7,803	7,687	9,011	9,606	10,328	9
6,162	6,245	6,656	7,215	8,768	7,687	8,390	10
9,207	8,803	10,735	10,422	10,841	11,837	12,143	11
27,021	28,785	28,706	34,544	37,996	34,252	34,378	12
2,930	4,003	4,053	5,439	7,926	7,607	7,753	13
17,377	19,726	19,379	19,442	22,301	21,981	23,564	14
24,389	27,233	29,512	30,424	35,503	35,389	34,137	15
96,926	102,733	103,642	115,569	125,967	122,753	124,829	16
89,572	92,831	94,561	89,243	104,784	100,849	99,619	17

22-11 貯蓄現在高階級別1世帯当たり1か月間の支出(二人以上の世帯)(令和6年)(続き)

(単位 金額 円)

項目	Item	750～900 7.5 - 9	900～1200 9 - 12	1200～1500 12 - 15
1 世帯数分布(抽出率調整)	Distribution of households (after adjustment for sampling ratio)	2,157,301	3,958,173	2,645,933
2 世帯人員	Number of persons per household	2.25	2.23	2.29
3 有業人員	Number of earners per household	1.24	1.21	1.25
4 世帯主の年齢	Age of household heads	57.4	57.8	58.6
5 消費支出	Consumption expenditures	255,625	252,899	274,511
6 食料	Food	71,163	72,371	76,651
7 住居	Housing	19,296	21,223	27,861
8 光熱・水道	Fuel, light and water charges	18,813	19,107	19,318
9 家具・家事用品	Furniture and household utensils	10,162	9,369	11,055
10 被服及び履物	Clothing and footwear	8,823	8,766	9,183
11 保健医療	Medical care	12,421	12,351	13,936
12 交通・通信	Transportation and communication	38,445	35,115	37,030
13 教育	Education	9,424	8,577	10,541
14 教養娯楽	Culture and recreation	25,289	26,297	27,815
15 その他の消費支出	Other consumption expenditures	41,788	39,723	41,122
(特掲)財・サービス区分	(Retabulated) Classifications by goods and services			
16 財(商品)	Goods (commodities)	130,590	128,382	140,995
17 サービス	Services	105,262	106,220	116,207

資料 総務省統計局「全国家計構造調査(家計収支に関する結果)」

22-11 Monthly Disbursements per Household by Amount Group of Savings (Two-or-More-Person Households) (2024) (*Cont'd*)

(In *yen*)

貯蓄現在高階級別 By amount group of savings							
1500～2000 15 - 20	2000～3000 20 - 30	3000～4000 30 - 40	4000～5000 40 - 50	5000～7500 50 - 75	7500～10000 75 - 100	10000万円以上 100 million *yen* and over	項目
3,473,193	4,351,492	2,553,766	1,444,800	2,019,422	753,636	897,572	1
2.20	2.23	2.30	2.14	2.18	2.12	2.07	2
1.14	1.12	1.12	1.07	1.05	1.04	0.94	3
61.1	63.1	64.3	64.9	65.0	64.6	66.0	4
275,856	286,513	323,355	338,748	337,496	371,260	384,414	5
80,256	82,026	88,620	89,386	89,343	92,220	97,490	6
24,420	21,514	25,259	26,896	27,912	37,521	34,440	7
19,874	20,070	20,378	20,209	20,156	19,528	20,366	8
10,422	11,642	13,708	15,392	14,547	14,054	14,869	9
9,826	10,680	10,002	11,861	12,776	13,369	17,050	10
13,479	15,079	17,168	19,499	18,222	20,193	21,649	11
37,915	39,944	50,185	55,056	45,599	59,729	42,297	12
6,663	8,857	10,960	6,335	12,381	7,166	13,642	13
30,243	30,779	36,472	41,215	39,722	47,944	55,011	14
42,758	45,922	50,604	52,900	56,837	59,538	67,600	15
142,572	147,544	167,568	177,607	163,225	181,069	182,816	16
114,361	117,374	133,100	139,733	147,788	159,919	169,381	17

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-12 男女、年間収入階級別1世帯当たり1か月間の収入及び支出
（単身世帯のうち勤労者世帯）（令和6年）

（単位 金額 円）

項目	Item	平均 Average	100万円未満 1 million *yen*, under	100～150 1 - 1.5
男	Male			
1 世帯数分布（抽出率調整）	Distribution of households (after adjustment for sampling ratio)	7,116,819	41,619	120,656
2 実収入	Income	357,454	96,615	131,468
3 経常収入	Current income	347,331	96,606	128,653
4 # 勤め先収入	Wages and salaries	334,788	79,984	117,483
5 特別収入	Non-current income	10,123	9	2,815
6 実収入以外の受取（繰入金を除く）	Receipts other than income (excluding carry-over from previous month)	287,431	78,938	120,185
7 可処分所得	Disposable income	293,643	90,753	123,953
8 実支出	Expenditures	250,952	95,969	131,319
9 # 消費支出	Consumption expenditures	187,141	90,107	123,804
10 食料	Food	49,245	30,180	35,462
11 住居	Housing	32,373	12,039	13,697
12 光熱・水道	Fuel, light and water charges	11,063	8,882	10,302
13 家具・家事用品	Furniture and household utensils	5,004	1,265	2,631
14 被服及び履物	Clothing and footwear	4,162	1,261	1,210
15 保健医療	Medical care	5,626	2,098	2,305
16 交通・通信	Transportation and communication	32,668	11,309	30,308
17 教育	Education	0	-	-
18 教養娯楽	Culture and recreation	22,019	11,874	18,384
19 その他の消費支出	Other consumption expenditures	24,980	11,199	9,506
（特掲）財・サービス区分	(Retabulated) Classifications by goods and services			
20 財（商品）	Goods (commodities)	76,216	50,933	73,401
21 サービス	Services	99,516	36,729	49,588
女	Female			
1 世帯数分布（抽出率調整）	Distribution of households (after adjustment for sampling ratio)	5,393,840	100,895	199,775
2 実収入	Income	288,751	99,913	141,446
3 経常収入	Current income	282,331	88,934	139,098
4 # 勤め先収入	Wages and salaries	256,789	67,160	119,682
5 特別収入	Non-current income	6,420	10,978	2,348
6 実収入以外の受取（繰入金を除く）	Receipts other than income (excluding carry-over from previous month)	287,158	192,904	152,142
7 可処分所得	Disposable income	240,054	88,874	127,470
8 実支出	Expenditures	235,567	158,315	134,804
9 # 消費支出	Consumption expenditures	186,870	147,276	120,829
10 食料	Food	40,331	33,404	30,531
11 住居	Housing	37,898	12,128	19,233
12 光熱・水道	Fuel, light and water charges	11,012	9,253	11,436
13 家具・家事用品	Furniture and household utensils	6,762	6,153	3,674
14 被服及び履物	Clothing and footwear	7,615	3,866	5,393
15 保健医療	Medical care	10,294	15,187	5,660
16 交通・通信	Transportation and communication	24,214	22,613	13,418
17 教育	Education	524	-	-
18 教養娯楽	Culture and recreation	20,975	20,534	12,299
19 その他の消費支出	Other consumption expenditures	27,245	24,138	19,185
（特掲）財・サービス区分	(Retabulated) Classifications by goods and services			
20 財（商品）	Goods (commodities)	76,428	71,778	59,840
21 サービス	Services	100,906	74,144	51,552

22-12 Monthly Income and Expenditures per Household by Sex and Annual Income Group (One-Person Workers' Households) (2024)

(In *yen*)

年間収入階級別 By yearly income group								
150～200 1.5 - 2	200～250 2 - 2.5	250～300 2.5 - 3	300～350 3 - 3.5	350～400 3.5 - 4	400～450 4 - 4.5	450～500 4.5 - 5	500～550 5 - 5.5	項目
								男
223,732	365,845	415,131	702,245	597,966	836,725	558,551	769,422	1
218,216	201,062	244,687	266,110	295,496	311,499	347,913	412,314	2
216,581	196,536	239,907	264,742	294,217	308,742	345,410	359,335	3
205,446	181,207	212,877	252,327	279,083	294,734	331,302	352,382	4
1,635	4,526	4,780	1,368	1,279	2,757	2,502	52,978	5
162,929	179,329	255,895	228,709	242,105	238,190	298,552	299,902	6
204,879	174,053	214,788	221,812	247,830	258,687	284,848	352,912	7
167,954	154,851	213,810	198,984	208,222	223,506	264,084	224,587	8
154,618	127,842	183,911	154,687	160,555	170,694	201,019	165,185	9
43,349	35,886	44,524	44,409	40,273	44,217	48,844	45,986	10
27,279	26,033	33,613	32,653	36,805	36,463	31,314	31,752	11
12,299	11,204	12,675	11,530	10,108	10,681	11,288	9,324	12
3,923	3,708	4,316	4,963	4,819	4,723	5,504	4,716	13
3,792	3,559	3,172	2,450	3,439	3,187	4,690	4,237	14
3,371	3,885	4,250	5,134	10,300	4,557	5,098	4,578	15
27,261	19,127	39,996	18,428	25,207	29,432	50,047	25,267	16
-	-	-	-	2	-	-	-	17
11,031	14,862	19,850	19,794	13,774	20,821	23,640	20,190	18
22,313	9,577	21,516	15,326	15,829	16,614	20,594	19,135	19
55,042	62,097	89,788	68,184	65,571	72,301	92,757	67,355	20
93,380	63,415	87,144	80,009	89,165	91,987	99,428	90,099	21
								女
441,777	663,953	727,478	726,899	581,471	493,932	349,842	290,661	1
181,113	202,915	223,929	271,676	281,785	307,532	313,097	367,120	2
175,152	197,784	219,263	264,629	279,553	304,410	305,912	359,678	3
148,031	153,745	187,057	242,803	255,444	296,210	262,739	352,385	4
5,961	5,132	4,667	7,047	2,232	3,122	7,185	7,443	5
351,760	189,212	217,045	269,452	256,082	323,628	328,549	348,050	6
160,911	180,417	193,180	229,355	233,374	253,706	261,781	295,167	7
154,590	164,280	203,751	230,586	239,906	253,869	263,215	269,690	8
134,388	141,782	173,002	188,265	191,495	200,043	211,899	197,737	9
32,173	33,379	34,793	38,800	48,135	37,634	40,447	45,095	10
23,961	32,954	39,433	39,105	44,297	45,209	39,213	32,752	11
11,137	11,908	12,075	10,557	10,958	10,145	10,307	11,434	12
4,321	4,341	5,086	5,050	5,049	8,025	9,713	8,877	13
5,410	4,015	5,983	7,471	6,953	7,549	9,293	9,565	14
6,265	8,711	6,879	11,128	10,165	10,423	14,263	11,177	15
19,014	16,373	24,420	29,606	22,145	24,498	29,960	28,006	16
3,499	317	100	-	-	635	-	363	17
13,124	12,004	22,045	21,945	21,321	24,955	20,989	21,836	18
15,484	17,781	22,186	24,603	22,473	30,971	37,714	28,634	19
65,405	63,927	70,928	71,063	73,816	77,900	80,771	88,907	20
63,895	72,512	93,419	107,716	110,524	113,965	116,013	96,818	21

22-12 男女、年間収入階級別1世帯当たり1か月間の収入及び支出
（単身世帯のうち勤労者世帯）（令和6年）（続き）

（単位 金額 円）

項目	Item	550～600 5.5 - 6	600～650 6 - 6.5	650～700 6.5 - 7
男	Male			
1 世帯数分布（抽出率調整）	Distribution of households (after adjustment for sampling ratio)	543,402	425,285	262,349
2 実収入	Income	401,963	409,498	422,741
3 経常収入	Current income	399,022	405,738	412,950
4 # 勤め先収入	Wages and salaries	391,583	398,072	394,467
5 特別収入	Non-current income	2,942	3,760	9,791
6 実収入以外の受取（繰入金を除く）	Receipts other than income (excluding carry-over from previous month)	291,383	360,605	463,133
7 可処分所得	Disposable income	325,655	326,884	344,991
8 実支出	Expenditures	256,563	304,758	303,148
9 # 消費支出	Consumption expenditures	180,254	222,144	225,398
10 食料	Food	50,948	55,739	62,052
11 住居	Housing	32,676	36,993	41,761
12 光熱・水道	Fuel, light and water charges	11,602	11,112	10,829
13 家具・家事用品	Furniture and household utensils	5,998	5,568	4,731
14 被服及び履物	Clothing and footwear	3,927	3,411	5,504
15 保健医療	Medical care	4,758	5,518	8,416
16 交通・通信	Transportation and communication	29,673	58,788	33,820
17 教育	Education	-	-	-
18 教養娯楽	Culture and recreation	18,554	22,056	29,784
19 その他の消費支出	Other consumption expenditures	22,117	22,958	28,501
（特掲）財・サービス区分	(Retabulated) Classifications by goods and services			
20 財（商品）	Goods (commodities)	73,974	93,139	73,994
21 サービス	Services	93,735	115,699	137,238
女	Female			
1 世帯数分布（抽出率調整）	Distribution of households (after adjustment for sampling ratio)	153,108	139,079	168,933
2 実収入	Income	392,923	412,420	428,722
3 経常収入	Current income	389,748	396,742	425,933
4 # 勤め先収入	Wages and salaries	365,386	388,068	397,720
5 特別収入	Non-current income	3,175	15,678	2,789
6 実収入以外の受取（繰入金を除く）	Receipts other than income (excluding carry-over from previous month)	314,834	345,355	374,826
7 可処分所得	Disposable income	313,218	338,400	361,907
8 実支出	Expenditures	289,619	280,143	295,876
9 # 消費支出	Consumption expenditures	209,914	206,122	229,060
10 食料	Food	42,467	43,201	46,891
11 住居	Housing	43,001	40,207	41,626
12 光熱・水道	Fuel, light and water charges	9,035	9,050	10,515
13 家具・家事用品	Furniture and household utensils	8,981	6,067	6,268
14 被服及び履物	Clothing and footwear	9,400	12,969	13,812
15 保健医療	Medical care	7,600	11,447	16,141
16 交通・通信	Transportation and communication	32,370	21,462	23,679
17 教育	Education	-	-	-
18 教養娯楽	Culture and recreation	23,305	24,296	29,013
19 その他の消費支出	Other consumption expenditures	33,758	37,423	41,114
（特掲）財・サービス区分	(Retabulated) Classifications by goods and services			
20 財（商品）	Goods (commodities)	81,339	78,773	88,633
21 サービス	Services	114,016	108,215	122,641

資料 総務省統計局「全国家計構造調査（家計収支に関する結果）」

22-12 Monthly Income and Expenditures per Household by Sex and Annual Income Group (One-Person Workers' Households) (2024) (*Cont'd*)

(In *yen*)

年間収入階級別 By yearly income group									項目
700～750 7 - 7.5	750～800 7.5 - 8	800～850 8 - 8.5	850～900 8.5 - 9	900～950 9- 9.5	950～1000 9.5 - 10	1000～1250 10 - 12.5	1250～1500 12.5 - 15	1500万円以上 15 million *yen* and over	
									男
268,957	173,755	227,489	119,119	117,544	91,013	169,422	62,615	23,976	1
417,424	484,761	482,692	565,492	511,175	567,441	663,411	624,356	998,560	2
410,265	477,042	479,926	561,806	501,967	563,779	608,561	613,398	998,205	3
396,571	453,715	475,048	559,848	497,062	559,144	604,792	609,889	910,486	4
7,159	7,719	2,766	3,686	9,208	3,663	54,849	10,957	356	5
336,195	329,831	386,902	364,438	277,727	511,776	510,990	400,510	587,799	6
345,413	380,433	376,233	435,519	389,440	431,765	506,974	477,207	731,452	7
302,319	327,110	343,638	350,063	309,940	504,083	468,959	475,817	561,147	8
230,308	222,782	237,179	220,091	188,205	368,406	312,522	328,668	294,038	9
63,482	57,921	68,728	47,809	49,033	80,235	77,014	76,594	68,748	10
21,288	43,043	22,192	45,708	22,128	27,126	36,372	22,773	20,484	11
11,097	10,923	10,769	11,194	9,022	19,110	10,520	15,876	13,982	12
4,827	4,692	11,808	4,366	6,286	2,839	3,696	5,098	2,676	13
5,386	9,305	3,994	7,709	8,496	4,798	6,214	17,756	4,625	14
8,157	7,392	6,838	5,066	6,879	6,131	5,003	9,411	8,661	15
36,200	30,736	35,323	34,314	32,528	68,609	36,604	69,275	34,253	16
-	-	-	-	-	-	-	-	-	17
41,603	27,219	34,915	20,830	22,366	43,805	39,005	36,798	16,938	18
38,267	31,551	42,612	43,093	31,468	115,753	98,095	75,087	123,670	19
88,724	87,036	90,095	76,014	73,500	119,274	70,491	107,315	83,163	20
129,750	116,823	116,041	112,059	98,451	176,158	223,325	163,860	97,415	21
									女
112,619	60,018	37,726	16,242	16,233	7,569	50,436	29,260	25,934	1
559,149	490,199	514,574	546,051	478,908	530,518	602,514	834,368	1,342,486	2
498,127	486,741	504,471	543,938	475,224	525,169	601,532	832,887	1,336,635	3
492,528	471,144	479,189	531,537	417,091	436,708	586,051	832,882	1,295,474	4
61,022	3,458	10,102	2,113	3,684	5,349	982	1,481	5,851	5
480,914	419,406	359,401	462,437	354,434	476,753	516,294	373,390	1,276,161	6
458,450	343,349	391,699	441,900	368,338	408,104	439,190	596,930	957,433	7
357,279	417,340	331,386	373,626	295,944	289,580	431,032	575,308	1,404,508	8
256,580	270,490	208,511	269,475	185,373	167,166	267,708	337,870	1,019,455	9
51,648	58,891	46,919	49,557	46,368	47,120	62,069	91,330	195,711	10
46,655	37,307	38,180	6,138	23,891	36,216	39,655	47,263	237,515	11
10,579	12,333	11,594	11,744	11,886	10,661	13,276	7,178	17,416	12
6,599	15,188	4,556	24,217	3,401	5,361	11,852	73,174	67,423	13
16,850	11,288	10,900	9,212	9,480	7,355	11,909	6,687	48,135	14
13,603	10,147	7,547	10,484	9,615	7,940	7,527	23,052	99,002	15
31,711	37,293	30,520	26,323	28,522	16,708	42,356	22,543	29,775	16
5,148	-	-	-	-	-	-	-	-	17
27,052	35,576	21,858	68,560	19,978	11,173	38,230	46,613	68,156	18
46,734	52,468	36,437	63,239	32,232	24,633	40,834	20,029	256,323	19
92,931	104,789	82,294	108,370	88,680	65,492	105,519	161,338	422,987	20
145,194	137,706	116,159	134,733	91,373	87,962	151,730	173,080	589,991	21

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-13 購入先別1世帯当たり1か月間の支出(二人以上の世帯)(令和6年)

Average of Monthly Disbursements per Household by Type of Purchase Place (Two-or-More-Person Households) (2024)

(単位 金額 円) (In *yen*)

品目	Item	総数 Total 1)	購入先別 Type of purchase place: 通信販売(インターネット) Mail-order selling (Internet)	通信販売(その他) Mail-order selling (Others)	一般小売店 Retail store	スーパー Supermarket
世帯数分布(抽出率調整)	Distribution of households (after adjustment for sampling ratio)	31,706,370	31,706,370	31,706,370	31,706,370	31,706,370
世帯人員	Number of persons per household	2.90	2.90	2.90	2.90	2.90
有業人員	Number of earners per household	1.52	1.52	1.52	1.52	1.52
世帯主の年齢	Age of household heads	58.8	58.8	58.8	58.8	58.8
消費支出	Consumption expenditures	291,895	9,804	2,034	29,112	55,635
食料	Food	88,094	1,535	900	7,778	46,691
住居	Housing	19,815	285	1	535	132
光熱・水道	Fuel, light and water charges	22,813	1	7	775	14
家具・家事用品	Furniture and household utensils	12,914	1,202	196	2,688	2,645
被服及び履物	Clothing and footwear	12,488	1,082	178	4,149	1,674
保健医療	Medical care	14,685	513	309	1,315	952
交通・通信	Transportation and communication	41,198	1,023	44	7,242	417
教育	Education	8,213	42	4	29	8
教養娯楽	Culture and recreation	27,835	2,580	133	2,811	1,449
その他の消費支出	Other consumption expenditures	43,841	1,541	260	1,792	1,652

品目	Item	購入先別 Type of purchase place: コンビニエンスストア Convenience store	百貨店 Department store	生協・購買 Cooperative store	ディスカウントストア・量販専門店 Discount store, mass sales speciality store	その他 Others
世帯数分布(抽出率調整)	Distribution of households (after adjustment for sampling ratio)	31,706,370	31,706,370	31,706,370	31,706,370	31,706,370
世帯人員	Number of persons per household	2.90	2.90	2.90	2.90	2.90
有業人員	Number of earners per household	1.52	1.52	1.52	1.52	1.52
世帯主の年齢	Age of household heads	58.8	58.8	58.8	58.8	58.8
消費支出	Consumption expenditures	5,125	5,332	3,847	17,054	72,036
食料	Food	3,587	1,582	3,232	4,729	16,733
住居	Housing	0	3	6	410	7,020
光熱・水道	Fuel, light and water charges	0	0	30	88	1,790
家具・家事用品	Furniture and household utensils	63	336	230	4,056	1,172
被服及び履物	Clothing and footwear	15	1,780	120	2,361	1,036
保健医療	Medical care	71	61	32	1,307	9,814
交通・通信	Transportation and communication	49	28	43	527	13,778
教育	Education	-	2	1	-	2,631
教養娯楽	Culture and recreation	249	234	80	2,002	10,252
その他の消費支出	Other consumption expenditures	1,090	1,306	73	1,574	7,810

1) 不詳を含む。

1) Including not reported.

資料 総務省統計局「全国家計構造調査(家計収支に関する結果)」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-14 購入先別1世帯当たり1か月間の支出(単身世帯)(令和6年)

Average of Monthly Disbursements per Household by Type of Purchase Place (One-Person Households) (2024)

(単位 金額 円) (In *yen*)

品目	Item	総数 Total 1)	購入先別 Type of purchase place: 通信販売(インターネット) Mail-order selling (Internet)	通信販売(その他) Mail-order selling (Others)	一般小売店 Retail store	スーパー Supermarket
世帯数分布(抽出率調整)	Distribution of households (after adjustment for sampling ratio)	20,731,077	20,731,077	20,731,077	20,731,077	20,731,077
有業人員	Number of earners per household	0.66	0.66	0.66	0.66	0.66
世帯主の年齢	Age of household heads	54.6	54.6	54.6	54.6	54.6
消費支出	Consumption expenditures	170,872	10,225	1,526	13,804	22,546
食料	Food	44,680	1,398	481	3,322	19,398
住居	Housing	28,614	88	1	144	38
光熱・水道	Fuel, light and water charges	12,236	2	2	474	11
家具・家事用品	Furniture and household utensils	6,132	967	113	1,330	876
被服及び履物	Clothing and footwear	5,343	935	148	1,801	443
保健医療	Medical care	7,611	469	206	685	297
交通・通信	Transportation and communication	23,147	2,006	33	3,072	165
教育	Education	331	-	-	0	0
教養娯楽	Culture and recreation	18,943	3,155	406	1,730	719
その他の消費支出	Other consumption expenditures	23,834	1,205	136	1,245	598

品目	Item	購入先別 Type of purchase place: コンビニエンスストア Convenience store	百貨店 Department store	生協・購買 Cooperative store	ディスカウントストア・量販専門店 Discount store, mass sales speciality store	その他 Others
世帯数分布(抽出率調整)	Distribution of households (after adjustment for sampling ratio)	20,731,077	20,731,077	20,731,077	20,731,077	20,731,077
有業人員	Number of Earners per household	0.66	0.66	0.66	0.66	0.66
世帯主の年齢	Age of household heads	54.6	54.6	54.6	54.6	54.6
消費支出	Consumption expenditures	4,790	2,516	1,519	6,209	46,608
食料	Food	3,368	948	1,234	1,596	12,443
住居	Housing	0	1	1	69	5,596
光熱・水道	Fuel, light and water charges	0	-	11	37	1,295
家具・家事用品	Furniture and household utensils	47	107	86	1,292	889
被服及び履物	Clothing and footwear	8	656	67	727	491
保健医療	Medical care	43	41	21	482	5,183
交通・通信	Transportation and communication	38	23	20	614	8,443
教育	Education	-	-	-	-	129
教養娯楽	Culture and recreation	293	90	42	755	6,970
その他の消費支出	Other consumption expenditures	993	650	38	636	5,169

1) 不詳を含む。

1) Including not reported.

資料 総務省統計局「全国家計構造調査(家計収支に関する結果)」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-15 地方別1世帯当たり資産額(二人以上の世帯)(令和6年)

Amounts of Assets per Household by District (Two-or-More-Person Households) (2024)

(単位 1,000 円) (In thousands of *yen*)

項目	Item	全国 Japan	北海道 Hokkaido	東北 Tohoku	関東 Kanto	北陸 Hokuriku	東海 Tokai
二人以上の世帯	Two-or-more-person households						
純資産総額	Total of assets	35,945	18,441	22,701	46,522	29,378	38,226
純金融資産(貯蓄－負債)	Net financial assets	10,518	6,510	6,320	11,948	11,850	12,592
金融資産残高(貯蓄現在高)	Financial assets	17,232	11,012	11,994	20,029	17,718	19,713
金融負債残高	Financial liabilities	6,715	4,503	5,674	8,081	5,868	7,122
住宅・宅地	Estimated value of houses and residential land	25,427	11,931	16,381	34,574	17,528	25,635
現住居・居住地	Present residence	21,953	10,625	13,826	30,318	14,430	21,405
宅地	Residential land	17,050	7,402	9,471	24,932	9,637	15,771
住宅	Houses	4,902	3,223	4,355	5,385	4,793	5,634
現住居以外・居住地以外	Excepted present residence	3,474	1,306	2,555	4,256	3,098	4,230
宅地	Residential land	2,784	1,073	2,128	3,493	2,379	3,334
住宅	Houses	690	233	428	763	719	895
# 勤労者世帯	Workers' households						
純資産総額	Total of assets	26,515	12,227	17,612	34,616	21,328	27,348
純金融資産(貯蓄－負債)	Net financial assets	4,146	877	1,999	5,245	5,062	5,422
金融資産残高(貯蓄現在高)	Financial assets	13,379	7,391	10,113	15,921	13,733	14,907
金融負債残高	Financial liabilities	9,234	6,514	8,114	10,676	8,671	9,485
住宅・宅地	Estimated value of houses and residential land	22,370	11,351	15,613	29,371	16,266	21,926
現住居・居住地	Present residence	20,317	10,392	13,956	26,909	14,762	19,631
宅地	Residential land	14,450	6,455	8,539	20,641	8,379	12,866
住宅	Houses	5,867	3,937	5,417	6,268	6,383	6,766
現住居以外・居住地以外	Excepted present residence	2,053	958	1,658	2,462	1,504	2,294
宅地	Residential land	1,625	799	1,361	1,943	1,272	1,813
住宅	Houses	428	160	297	520	232	481

項目	Item	近畿 Kinki	中国 Chugoku	四国 Shikoku	九州 Kyushu	沖縄 Okinawa
二人以上の世帯	Two-or-more-person households					
純資産総額	Total of assets	35,684	28,344	27,263	23,231	28,359
純金融資産(貯蓄－負債)	Net financial assets	10,899	10,951	10,814	6,932	2,103
金融資産残高(貯蓄現在高)	Financial assets	17,317	16,418	15,379	12,422	6,652
金融負債残高	Financial liabilities	6,418	5,467	4,564	5,490	4,550
住宅・宅地	Estimated value of houses and residential land	24,785	17,392	16,448	16,299	26,257
現住居・居住地	Present residence	21,616	14,834	13,405	13,839	20,362
宅地	Residential land	16,935	10,040	8,983	9,847	14,811
住宅	Houses	4,681	4,795	4,422	3,992	5,551
現住居以外・居住地以外	Excepted present residence	3,169	2,558	3,044	2,460	5,895
宅地	Residential land	2,518	1,872	2,359	1,866	4,928
住宅	Houses	651	686	684	595	967
# 勤労者世帯	Workers' households					
純資産総額	Total of assets	25,384	20,861	19,438	16,554	18,395
純金融資産(貯蓄－負債)	Net financial assets	3,848	5,120	4,440	1,155	-620
金融資産残高(貯蓄現在高)	Financial assets	12,747	12,873	11,366	9,119	5,357
金融負債残高	Financial liabilities	8,899	7,753	6,926	7,964	5,976
住宅・宅地	Estimated value of houses and residential land	21,536	15,741	14,998	15,399	19,015
現住居・居住地	Present residence	19,547	14,373	13,032	13,821	16,110
宅地	Residential land	14,155	8,258	7,556	8,796	10,998
住宅	Houses	5,392	6,115	5,476	5,025	5,111
現住居以外・居住地以外	Excepted present residence	1,989	1,368	1,965	1,578	2,905
宅地	Residential land	1,589	1,073	1,409	1,219	2,282
住宅	Houses	400	295	557	359	623

資料 総務省統計局「全国家計構造調査(家計資産・負債に関する結果)」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-16 男女、年齢階級別1世帯当たり資産及び負債の現在高（単身世帯）（令和6年）

Current Assets and Liabilities per Household by Sex and Age Group (One-Person Households) (2024)

（単位 1,000円） (In thousands of *yen*)

項目	Item	平均 Average	30歳未満 years, under	30-39	40-49	50-59	60-69	70歳以上 and over
男	Male							
純資産総額	Total of assets	22,037	4,453	9,777	16,604	24,356	42,667	37,481
純金融資産	Net financial assets	9,598	2,160	3,789	5,815	10,044	21,901	15,589
金融資産残高（貯蓄現在高）	Financial assets	11,923	3,126	6,910	11,372	13,788	23,213	15,919
預貯金	Deposits	6,818	1,817	4,045	5,513	7,521	12,987	10,220
通貨性預貯金	Demand deposits	4,464	1,495	3,347	4,007	5,188	7,796	5,807
定期性預貯金	Time deposits	2,353	323	699	1,506	2,333	5,191	4,413
生命保険など	Life insurance, non-life insurance	1,368	114	558	1,658	2,086	2,700	1,551
有価証券	Securities	3,608	1,158	2,229	3,997	3,931	7,320	4,095
その他	Non-financial institutions	129	36	77	204	251	207	53
金融負債残高	Financial liabilities	2,324	966	3,121	5,557	3,744	1,312	330
＃住宅・土地のための負債	Liabilities for purchase of houses and / or land	1,898	560	2,579	4,965	3,274	892	124
月賦・年賦	Monthly and yearly instalments	185	194	203	268	255	183	45
住宅・宅地	Estimated value of houses and residential land	12,438	2,294	5,989	10,789	14,311	20,766	21,892
女	Female							
純資産総額	Total of assets	27,999	3,437	8,708	19,326	36,493	40,331	38,146
純金融資産	Net financial assets	11,569	2,215	3,734	5,409	15,282	20,353	14,666
金融資産残高（貯蓄現在高）	Financial assets	12,692	2,446	5,727	9,397	18,115	21,140	14,873
預貯金	Deposits	8,126	2,096	4,222	6,198	10,375	12,168	9,963
通貨性預貯金	Demand deposits	4,446	1,798	3,018	3,704	6,544	5,971	4,883
定期性預貯金	Time deposits	3,680	298	1,204	2,494	3,831	6,197	5,080
生命保険など	Life insurance, non-life insurance	1,723	89	470	1,469	2,550	4,196	1,688
有価証券	Securities	2,701	224	704	1,468	4,635	4,709	3,216
その他	Non-financial institutions	143	37	331	262	555	66	6
金融負債残高	Financial liabilities	1,123	231	1,993	3,987	2,833	786	208
＃住宅・土地のための負債	Liabilities for purchase of houses and / or land	907	11	1,616	3,697	2,295	590	148
月賦・年賦	Monthly and yearly instalments	88	62	99	194	240	93	23
住宅・宅地	Estimated value of houses and residential land	16,430	1,223	4,974	13,917	21,211	19,978	23,481

資料 総務省統計局「全国家計構造調査（家計資産・負債に関する結果）」
Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-17 消費動向指数（令和4～7年）

Consumption Trend Index (2022 to 2025)

（令和2年平均＝100）　　(2020 average = 100)

年次 Year	世帯消費動向指数 Household consumption trend index 1)							総消費動向指数 Total consumption trend index	
	総世帯 Total households			二人以上の世帯 Two-or-more-person households		単身世帯 One-person households		名目値 Nominal	実質値 Real
	名目値 Nominal	実質値 Real	分布調整値 Distribution adjustment value	名目値 Nominal	実質値 Real	名目値 Nominal	実質値 Real		
令和4年 2022	102.7	100.0	101.3	102.7	100.0	106.8	104.0	108.9	104.4
5 2023	105.3	98.8	100.5	105.4	98.9	111.5	104.6	112.7	104.5
6 2024	107.4	97.6	99.8	107.7	97.9	114.5	104.1	115.1	104.0
7 2025	109.6	96.1	98.7	110.9	97.3	115.6	101.4	119.8	105.2

1）消費支出の平均月額について、基準年（令和2年）の消費支出の平均月額を100とする指数で表している。

1) Monthly average of consumption expenditures in 2020 = 100

資料　総務省統計局「消費動向指数」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.

22-18 世帯消費動向指数(総世帯)(令和4～7年)

Household Consumption Trend Index (Total Households) (2022 to 2025)

(令和2年消費支出平均月額＝100)　　(Monthly average of consumption expenditures in 2020=100)

年次、区分 Year and item		消費支出 Consumption expenditures	食料 Food	住居 Housing	光熱・水道 Fuel, light and water charges	家具・家事用品 Furniture and household utensils	被服及び履物 Clothing and footwear	保健医療 Medical care	交通・通信 Transportation and communication	教育 Education	教養娯楽 Culture and recreation	その他の消費支出 Other consumption expenditures
名目	Nominal											
令和4年平均	2022 Av.	102.7	27.4	8.6	8.2	4.4	3.3	5.0	16.4	3.5	10.1	15.7
5	2023	105.3	28.9	8.4	8.0	4.4	3.4	5.1	17.2	3.4	10.9	15.4
6	2024	107.4	29.9	8.7	7.8	4.5	3.5	5.3	17.1	3.6	11.2	15.7
7	2025	109.6	31.2	8.4	8.2	4.6	3.5	5.4	17.5	3.5	11.7	15.6
実質	Real											
令和4年平均	2022 Av.	100.0	26.2	8.2	7.1	4.2	3.3	5.0	17.5	3.4	9.9	-
5	2023	98.8	25.6	7.8	7.4	3.8	3.2	5.1	18.0	3.3	10.2	-
6	2024	97.6	25.4	7.9	6.9	3.8	3.2	5.1	17.5	3.6	9.9	-
7	2025	96.1	24.8	7.4	7.0	3.7	3.1	5.2	17.5	3.6	10.2	-

資料　総務省統計局「消費動向指数」

Source: Statistics Bureau, Ministry of Internal Affairs and Communications.