

付録3 生鮮食品の
Appendix 3 Monthly Weights

| 品目 | 全 国 Japan | | | | | | | | | | | | |
|----------|-------------------|------------|------------|------------|------------|-----------|------------|------------|------------|------------|-------------|-------------|-------------|
| | 年平均 C. Y. Ave. | 1月 Jan. | 2月 Feb. | 3月 Mar. | 4月 Apr. | 5月 May | 6月 June | 7月 July | 8月 Aug. | 9月 Sep. | 10月 Oct. | 11月 Nov. | 12月 Dec. |
| 生 鮮 魚 | 128 | 128 | 128 | 128 | 128 | 128 | 128 | 128 | 128 | 128 | 128 | 128 | 128 |
| まぐろ | 22 | 24 | 22 | 23 | 23 | 23 | 23 | 24 | 22 | 20 | 20 | 21 | 24 |
| あじ | 6 | 5 | 6 | 5 | 6 | 7 | 9 | 7 | 6 | 5 | 5 | 5 | 3 |
| いわし | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 2 | 2 | 2 |
| かたけ | 6 | - | - | 6 | 8 | 10 | 10 | 10 | 9 | 7 | 5 | - | - |
| さけ | 6 | 7 | 8 | 8 | 7 | 7 | 6 | 5 | 4 | 5 | 5 | 7 | 5 |
| さば | 16 | 15 | 15 | 15 | 15 | 16 | 17 | 16 | 16 | 19 | 18 | 18 | 13 |
| さんま | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 6 | 4 |
| ぶり | 5 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 8 | 14 | 10 | 5 | 2 |
| ぶり | 5 | 4 | 4 | 6 | 7 | 6 | 5 | 4 | 5 | 4 | 4 | 4 | 5 |
| いわし | 13 | 18 | 15 | 13 | 12 | 11 | 8 | 8 | 10 | 11 | 14 | 17 | 20 |
| かき | 10 | 10 | 10 | 9 | 9 | 9 | 11 | 13 | 13 | 12 | 11 | 12 | 9 |
| あさり | 5 | 4 | 5 | 5 | 5 | 6 | 6 | 8 | 7 | 5 | 4 | 5 | 6 |
| あさり | 14 | 13 | 13 | 14 | 13 | 13 | 13 | 13 | 14 | 13 | 13 | 13 | 20 |
| かき | 5 | 4 | 5 | 6 | 8 | 7 | 6 | 6 | 4 | 4 | 4 | 4 | 3 |
| ほたて | 3 | 8 | 7 | 3 | - | - | - | - | - | - | 3 | 6 | 7 |
| ほたて | 4 | 5 | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 6 |
| 生 鮮 野 菜 | 175 | 175 | 175 | 175 | 175 | 175 | 175 | 175 | 175 | 175 | 175 | 175 | 175 |
| キャベツ | 9 | 10 | 10 | 11 | 10 | 10 | 9 | 9 | 10 | 10 | 10 | 9 | 8 |
| ほうれん草 | 8 | 11 | 13 | 11 | 9 | 7 | 6 | 4 | 3 | 4 | 7 | 9 | 10 |
| ねぎ | 4 | 8 | 6 | 4 | 2 | 2 | 1 | 1 | 1 | 3 | 7 | 9 | 9 |
| ねぎ | 11 | 16 | 14 | 13 | 10 | 7 | 6 | 7 | 8 | 10 | 11 | 14 | 17 |
| レタ | 8 | 5 | 7 | 7 | 8 | 9 | 9 | 10 | 8 | 8 | 8 | 7 | 6 |
| ブロッコリー | 6 | 7 | 8 | 6 | 3 | 4 | 5 | 5 | 4 | 4 | 6 | 8 | 8 |
| アスパラ | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| アスパラ | 5 | 2 | 3 | 6 | 6 | 9 | 9 | 6 | 6 | 3 | 2 | 1 | 2 |
| アスパラ | 3 | 3 | 4 | 3 | 3 | 2 | 1 | 1 | 2 | 4 | 4 | 3 | 3 |
| じゃがいも | 8 | 9 | 10 | 10 | 10 | 10 | 8 | 6 | 6 | 7 | 8 | 8 | 7 |
| さといも | 3 | 3 | 3 | 2 | 2 | 1 | 1 | 1 | 2 | 4 | 5 | 4 | 5 |
| さといも | 5 | 6 | 6 | 5 | 5 | 4 | 4 | 3 | 4 | 5 | 8 | 7 | 7 |
| にんじん | 7 | 8 | 8 | 7 | 7 | 7 | 6 | 5 | 6 | 7 | 7 | 8 | 8 |
| ごぼう | 3 | 4 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 4 | 5 |
| たまねぎ | 10 | 11 | 10 | 11 | 13 | 11 | 8 | 8 | 8 | 9 | 9 | 9 | 8 |
| れんこん | 3 | 3 | 3 | 3 | 2 | 1 | 1 | 1 | 1 | 3 | 4 | 4 | 6 |
| なし | 4 | 3 | 3 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 3 | 5 | 5 |
| ししとう | 3 | 2 | 2 | 2 | 2 | 3 | 5 | 5 | 4 | 3 | 2 | 3 | 2 |
| さや | 3 | - | - | - | - | - | 6 | 11 | 10 | 5 | - | - | - |
| かき | 3 | 3 | 3 | 4 | 4 | 5 | 3 | 3 | 3 | 3 | 3 | 2 | 2 |
| かき | 4 | 4 | 4 | 5 | 5 | 4 | 4 | 6 | 5 | 5 | 4 | 4 | 4 |
| かき | 10 | 6 | 6 | 7 | 11 | 14 | 13 | 12 | 13 | 12 | 9 | 6 | 5 |
| かき | 5 | 2 | 2 | 3 | 5 | 7 | 7 | 10 | 11 | 9 | 5 | 3 | 2 |
| トマト | 19 | 13 | 14 | 15 | 19 | 25 | 30 | 29 | 25 | 18 | 15 | 13 | 12 |
| ピーマン | 5 | 4 | 3 | 4 | 6 | 6 | 6 | 7 | 7 | 6 | 5 | 4 | 4 |
| 生えし | 6 | 8 | 7 | 7 | 6 | 5 | 5 | 5 | 5 | 5 | 7 | 8 | 9 |
| 生えし | 8 | 11 | 9 | 9 | 7 | 6 | 5 | 5 | 6 | 8 | 10 | 10 | 10 |
| * にとう | 8 | 10 | 9 | 9 | 8 | 6 | 6 | 7 | 7 | 8 | 9 | 10 | 9 |
| * にとう | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| * にとう | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 生 鮮 果 物 | 92 | 92 | 92 | 92 | 92 | 92 | 92 | 92 | 92 | 92 | 92 | 92 | 92 |
| りんご | 2 | - | - | - | - | - | - | - | 2 | 11 | 9 | - | - |
| りんご | 10 | 14 | 16 | 16 | 13 | 10 | 6 | 3 | - | - | - | 24 | 21 |
| みかん | 15 | 34 | 21 | 9 | - | - | - | - | - | 4 | 23 | 35 | 46 |
| グレープフルーツ | 2 | 1 | 1 | 3 | 5 | 7 | 5 | 3 | 2 | 2 | 1 | 1 | 1 |
| オレンジ | 2 | 1 | 2 | 4 | 7 | 7 | 4 | 2 | 2 | 1 | 1 | 1 | 1 |
| レモン | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| いよかん | 1 | 4 | 8 | 5 | - | - | - | - | - | - | - | - | - |
| なつめ | 6 | - | - | - | - | - | - | - | 15 | 28 | 15 | - | - |
| ぶどう | 2 | - | - | - | - | - | 4 | 6 | 10 | 4 | - | - | - |
| ぶどう | 5 | - | - | - | - | - | - | 2 | 12 | 22 | 12 | - | - |
| かき | 3 | - | - | - | - | - | - | - | - | - | 14 | 17 | 5 |
| かき | 4 | - | - | - | - | - | - | - | - | - | - | - | - |
| かき | 4 | - | - | - | - | 6 | 11 | 17 | 13 | - | - | - | - |
| かき | 4 | - | - | - | - | 8 | 13 | 13 | 7 | - | - | - | - |
| いちご | 10 | 22 | 25 | 32 | 38 | 21 | - | - | - | - | - | - | 8 |
| バナナ | 14 | 14 | 15 | 18 | 22 | 24 | 19 | 14 | 11 | 13 | 15 | 12 | 9 |
| キウイ | 3 | 3 | 3 | 3 | 5 | 8 | 6 | 4 | 3 | 3 | 3 | 2 | 2 |
| さくらんぼ | 3 | - | - | - | - | - | 23 | 11 | - | - | - | - | - |

注1) 「-」は月別指数に採用しない月である。
 注2) 「品目」欄に*のある品目は、沖縄県のみで調査している品目である。

月別ウエイト (1万分比)
of Fresh Food Items (per 10000)

| 東京都区部 | | | | | | | | | | | | | Items | |
|-------------------|------------|------------|------------|------------|-----------|------------|------------|------------|------------|-------------|-------------|-------------|-------|---------------------------------------|
| Ku-area of Tokyo | | | | | | | | | | | | | | |
| 年平均 C. Y. Ave. | 1月 Jan. | 2月 Feb. | 3月 Mar. | 4月 Apr. | 5月 May | 6月 June | 7月 July | 8月 Aug. | 9月 Sep. | 10月 Oct. | 11月 Nov. | 12月 Dec. | | |
| 109 | 109 | 109 | 109 | 109 | 109 | 109 | 109 | 109 | 109 | 109 | 109 | 109 | 109 | Fresh fish & seafood |
| 29 | 31 | 28 | 30 | 30 | 30 | 30 | 31 | 30 | 27 | 26 | 28 | 32 | | Tuna fish |
| 4 | 4 | 4 | 4 | 5 | 6 | 6 | 6 | 5 | 4 | 4 | 4 | 3 | | Horse mackerel |
| 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 1 | | Sardines |
| 5 | - | - | 4 | 7 | 9 | 9 | 8 | 7 | 5 | 4 | - | - | | Bonito |
| 3 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 2 | 3 | 3 | 4 | 2 | | Flounder |
| 13 | 12 | 13 | 13 | 13 | 14 | 14 | 13 | 14 | 16 | 16 | 14 | 11 | | Salmon |
| 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | | Mackerel |
| 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 6 | 11 | 9 | 5 | 1 | | Saury |
| 3 | 3 | 3 | 5 | 4 | 4 | 3 | 2 | 3 | 2 | 2 | 3 | 4 | | Sea bream |
| 9 | 13 | 12 | 10 | 8 | 6 | 5 | 5 | 5 | 7 | 10 | 11 | 11 | | Yellowtail |
| 7 | 6 | 7 | 6 | 6 | 5 | 7 | 9 | 8 | 8 | 8 | 8 | 6 | | Cuttlefish |
| 5 | 4 | 5 | 4 | 4 | 6 | 5 | 6 | 5 | 4 | 4 | 4 | 6 | | Octopus |
| 10 | 9 | 9 | 10 | 10 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 15 | | Prawns |
| 5 | 4 | 5 | 6 | 8 | 7 | 6 | 7 | 5 | 5 | 5 | 4 | 3 | | Short-necked clams |
| 2 | 7 | 6 | 3 | - | - | - | - | - | - | 3 | 5 | 5 | | Oysters |
| 4 | 5 | 5 | 5 | 5 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 5 | | Scallops |
| 182 | 182 | 182 | 182 | 182 | 182 | 182 | 182 | 182 | 182 | 182 | 182 | 182 | 182 | Fresh vegetables |
| 9 | 9 | 10 | 11 | 10 | 9 | 9 | 8 | 9 | 9 | 9 | 8 | 8 | | Cabbage |
| 8 | 12 | 13 | 11 | 9 | 7 | 6 | 3 | 3 | 4 | 7 | 10 | 11 | | Spinach |
| 4 | 8 | 6 | 3 | 2 | 1 | 1 | 1 | 1 | 2 | 6 | 9 | 8 | | Chinese cabbage |
| 12 | 17 | 14 | 14 | 11 | 8 | 7 | 8 | 9 | 10 | 12 | 16 | 20 | | Welsh onions |
| 8 | 6 | 7 | 8 | 9 | 9 | 10 | 11 | 8 | 9 | 9 | 7 | 6 | | Lettuce |
| 7 | 8 | 9 | 7 | 4 | 5 | 5 | 5 | 4 | 4 | 8 | 10 | 9 | | Broccoli |
| 4 | 4 | 4 | 4 | 5 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | | Bean sprouts |
| 6 | 2 | 4 | 8 | 8 | 11 | 10 | 7 | 7 | 4 | 3 | 2 | 2 | | Asparagus |
| 2 | 3 | 4 | 3 | 2 | 1 | 1 | 1 | 2 | 4 | 4 | 3 | 3 | | Sweet potatoes |
| 8 | 10 | 10 | 9 | 10 | 9 | 8 | 5 | 5 | 6 | 7 | 7 | 7 | | White potatoes |
| 2 | 3 | 3 | 3 | 2 | 1 | 1 | 1 | 1 | 3 | 4 | 4 | 6 | | Taros |
| 5 | 7 | 6 | 6 | 5 | 4 | 4 | 3 | 4 | 6 | 7 | 7 | 7 | | Radishes |
| 7 | 8 | 8 | 7 | 7 | 6 | 6 | 5 | 5 | 6 | 7 | 7 | 8 | | Carrots |
| 2 | 3 | 3 | 3 | 3 | 2 | 2 | 1 | 2 | 3 | 3 | 3 | 4 | | Burdocks |
| 9 | 10 | 10 | 10 | 12 | 10 | 8 | 7 | 8 | 8 | 8 | 9 | 8 | | Onions |
| 2 | 3 | 3 | 3 | 2 | 1 | 1 | 1 | 1 | 3 | 3 | 3 | 6 | | Lotus roots |
| 4 | 3 | 3 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 3 | 5 | 6 | | "Naga-imo", yams |
| 3 | 2 | 2 | 2 | 3 | 4 | 5 | 4 | 4 | 3 | 2 | 3 | 3 | | Ginger |
| 5 | - | - | - | - | - | 9 | 16 | 13 | 7 | - | - | - | | Green soybeans |
| 5 | 4 | 4 | 5 | 6 | 7 | 5 | 5 | 4 | 4 | 4 | 3 | 4 | | Kidney beans |
| 5 | 4 | 4 | 5 | 5 | 4 | 5 | 6 | 5 | 5 | 5 | 4 | 4 | | Pumpkins |
| 11 | 7 | 7 | 7 | 12 | 15 | 13 | 13 | 15 | 14 | 11 | 7 | 5 | | Cucumbers |
| 6 | 3 | 3 | 4 | 5 | 7 | 7 | 10 | 12 | 10 | 6 | 3 | 2 | | Eggplants |
| 23 | 16 | 17 | 18 | 23 | 30 | 33 | 32 | 30 | 23 | 19 | 16 | 14 | | Tomatoes |
| 6 | 4 | 4 | 4 | 6 | 7 | 7 | 7 | 8 | 7 | 6 | 5 | 4 | | Green peppers |
| 6 | 7 | 6 | 6 | 6 | 4 | 4 | 4 | 4 | 5 | 7 | 8 | 8 | | "Shiitake", Japanese mushrooms, fresh |
| 7 | 11 | 9 | 8 | 7 | 5 | 5 | 5 | 5 | 7 | 9 | 10 | 9 | | "Enokidake", mushrooms |
| 7 | 9 | 9 | 8 | 7 | 6 | 6 | 6 | 6 | 8 | 9 | 10 | 8 | | "Shimeji", mushrooms |
| - | - | - | - | - | - | - | - | - | - | - | - | - | | * "Nigauri" |
| - | - | - | - | - | - | - | - | - | - | - | - | - | | * "Toga" |
| 81 | 81 | 81 | 81 | 81 | 81 | 81 | 81 | 81 | 81 | 81 | 81 | 81 | 81 | Fresh fruits |
| 1 | - | - | - | - | - | - | - | 1 | 7 | 6 | - | - | | Apples-A |
| 7 | 8 | 9 | 9 | 7 | 5 | 3 | 1 | - | - | - | 20 | 14 | | Apples-B |
| 13 | 29 | 17 | 7 | - | - | - | - | - | 3 | 22 | 32 | 43 | | Mandarin oranges |
| 3 | 1 | 2 | 4 | 7 | 9 | 6 | 3 | 2 | 2 | 2 | 1 | 1 | | Grapefruits |
| 2 | 1 | 1 | 4 | 7 | 8 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | | Oranges |
| 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | | Lemons |
| 1 | 4 | 7 | 4 | - | - | - | - | - | - | - | - | - | | Iyo-mandarins |
| 6 | - | - | - | - | - | - | - | 17 | 29 | 13 | - | - | | Pears |
| 2 | - | - | - | - | - | 3 | 4 | 7 | 3 | - | - | - | | Grapes-A |
| 3 | - | - | - | - | - | - | 1 | 7 | 17 | 9 | - | - | | Grapes-B |
| 3 | - | - | - | - | - | - | - | - | - | 13 | 13 | 5 | | Persimmons |
| 4 | - | - | - | - | - | - | - | 15 | 16 | 5 | - | - | | Peaches |
| 4 | - | - | - | - | 6 | 10 | 17 | 14 | - | - | - | - | | Watermelons |
| 3 | - | - | - | - | 6 | 10 | 11 | 3 | - | - | - | - | | Melons |
| 11 | 26 | 29 | 34 | 38 | 20 | - | - | - | - | - | - | 9 | | Strawberries |
| 11 | 10 | 11 | 14 | 17 | 18 | 14 | 11 | 9 | 10 | 12 | 11 | 7 | | Bananas |
| 4 | 3 | 3 | 4 | 5 | 8 | 7 | 5 | 3 | 4 | 3 | 3 | 2 | | Kiwi fruits |
| 4 | - | - | - | - | - | 25 | 11 | - | - | - | - | - | | Cherries |

Note:1) "-" indicates the month that monthly indices is not calculated.
2) "Items" marked with * are surveyed only in Okinawa.