

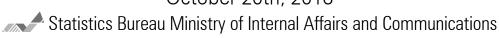




2016 Survey on time Use and Leisure Activities

Questionnaire B

October 20th, 2016

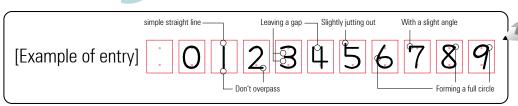


- ©This is a fundamental statistic survey conducted by the Japanese government in compliance with the Statistics Act. Every possible measure is taken to protect personal information from leakage. Please be reassured and fill in the questionnaire to the best of your knowledge.
- Ouse a separate book for each of the household members aged ten or older.
- The household head is requested to answer all of the questions including both the "For household" and "Persons under the age of 10" sections on the last page of his/her own questionnaire.

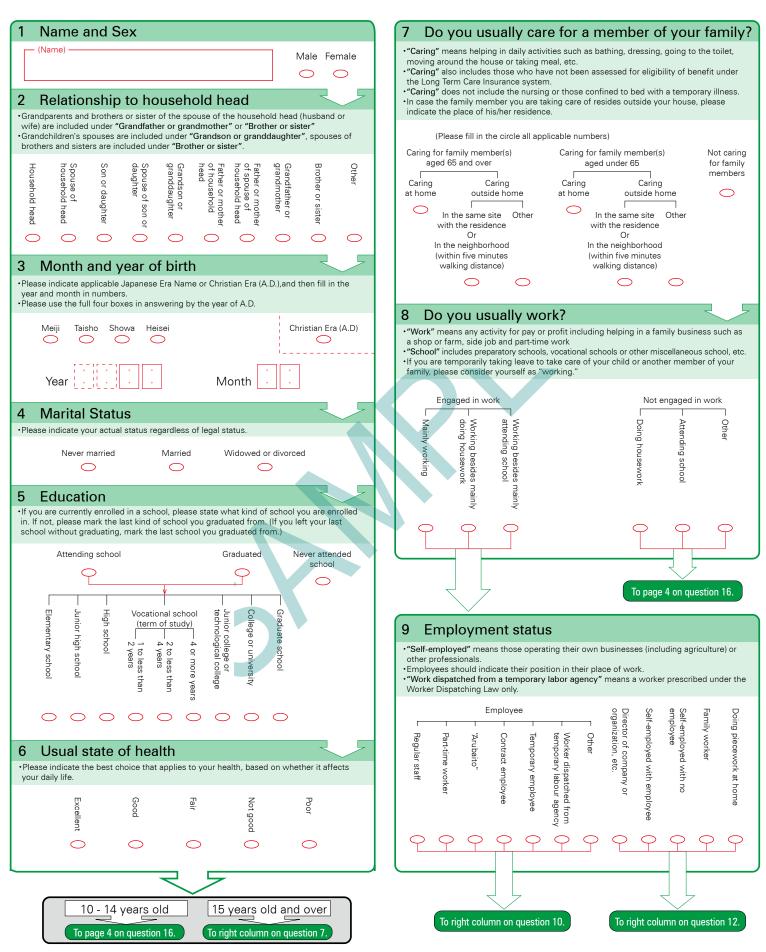
For "16 Diary (From page 4 to page 7)", please report on two days, namely,) and Oct. Oct.

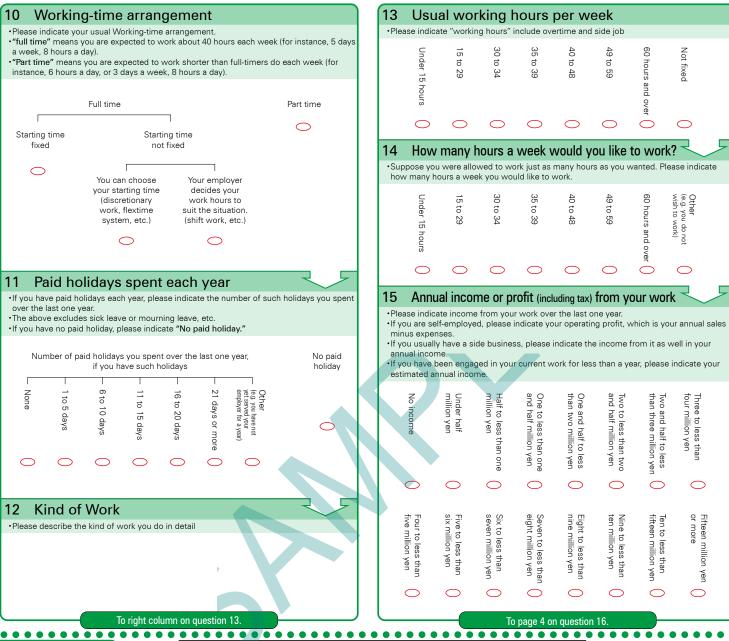
Notes on completing the questionnaire

- Please be sure to fill in the questionnaire with either a black lead pencil or mechanical Pencil, and neatly correct any mistakes with an eraser.
- ●When the answer column contains these circles ○, please completely fill in only one like this except in columns where all appropriate answers are necessary.
- When entering figures please use one box: per figure and fill in toward the right hand side as indicated the example below
- Please keep these questionnaire sheets clean, since they are to be read by a reader device.



To be completed by	the enum	erator			
			For the quest	ionnaire of the hous	sehold head only
			Number of household	Number of household	For one person household
Enumeration district code	Household No.	Household member No.	members 10 years old or over	members under 10 years old	Living away from Other
	•				home on business





Δft	ernoon				Example of how to complete qu			<u> </u>									
/\\\	CITIOOII		Ple	ease r	efer to when answering the quest	ions o	n the f	ollow	ng pag	je.							
Time	What were y # Please repor	rt what you w	/ere	Using smartphone/PC	Were you doing something else at the same time? *When doing several things please report just one	Using smartphone/PC	- At	Place 3 On travel 2 At school or work	⇒ Other		erson se enci 2 Father	rcle all	applica 4	able ca		Other person(s) or from work, school	Time and hour code
0:00	Preparing lunch		.,	Listening to the radio		Φ	2 3	4	ı	0	3	(\$	6	7	49	
30	\downarrow				\downarrow			2 3	4		2	3	4	\$	6	7	50
	Having lunch				Watching television			2 3	4		Ø	Ġ	4	\$_	6	7	51
1:00	Cleaning up	after lunch					Ф	2 3	4	I	2	3	4	(5)	6	7	52
1.00	Playing with	son				L	J	2_3	Ψ		_2_	3	4	5	6_	7	53
30					Chatting with neighbours		1	2 3	Ψ	l	2	3	Ф	5	6	Ø	54
30	Reading mag	gazines			Listening to music	0	Φ	2 3	4	0	2	3	4	5	6	7	55
2:00	Searching re	estaurants		0			Ф	2 3	4	Ф	2	3	4	5	6	7	56
2.00	Going to the	supermark	et				ı	2 3) 4	I	2	3	4	(5)	6	7	57

All the respondents are asked to reply.

•Please report on you did on each of the two days specified and how much time you spent on each activity, in units of 15 minutes.

(1) Select t	he feature of	this day t	from the cateo	gories liste	d below. (PI	ease fill in the cir	cle all applical	ble categories)	(2) How was	the weather o	n this day?
Travel and excursion	Event, wedding or funeral (lasting over half a day)	Business trip or training, etc.	Work at home	Under medical treatment	Holiday or vacation, etc.	Leave for child rearing or taking care of a sick child	Leave to take care of a family member	Other	Rained all day long	Rained occasionally	Not rained

04

[First Day]

M	orning	\bigcirc	0 0 0 0	0	0 0	[First Day]
					Place	Persons being together
	What were you mainly doing?	Usin	Were you doing something	Usin	1 2 3 4	(Please encircle all applicable categories)
Time		g sma	else at the same time?	g sma	Other On travel At school At home	Other of from w Other of from w Other of other of other of other of other of other o
111116	※ Please report what you were mainly doing in 15 minute units	artph		artph	nool a	Other person from work, so Other family member(s) Spouse Son(s) or daughter(s) Mother Father Father
	mainly doing in 15 minute units	Using smartphone/PC	please report <u>just one</u>	Using smartphone/PC	Other On travel At school or work At home	Persons being together (Please encircle all applicable categories) 2 3 4 5 5 pouse 5 5 pouse 6 ct. 7 7 7 7 7 7 7 7 7
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2:00					1 2 3 4	1 2 3 4 5 6 7 08
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30	ļ	ļ	 	-	1 2 3 4	1 2 3 4 5 6 7 10
•				-	1 2 3 4	1 2 3 4 5 6 7 11
3:00		-			1 2 3 4	1 2 3 4 5 6 7 12
•					1 2 3 4	1 2 3 4 5 6 7 13
30		ļ		<u>.</u>	1 2 3 4	1 2 3 4 5 6 7 14
•				-	2 3 4	1 2 3 4 5 6 7 15
4:00		-			1 2 3 4	1 2 3 4 5 6 7 16
•		ļ			1 2 3 4	1 2 3 4 5 6 7 17
30					1 2 3 4	1 2 3 4 5 6 7 18
•					1 2 3 4	1 2 3 4 5 6 7 19
5:00					1 2 3 4	1 2 3 4 5 6 7 20
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30					1 2 3 4	1 2 3 4 5 6 7 22
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6:00					1 2 3 4	1 2 3 4 5 6 7 24
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30					1 2 3 4	1 2 3 4 5 6 7 26
•		ļ`			1 2 3 4	1 2 3 4 5 6 7 27
7:00	P	-			1 2 3 4	1 2 3 4 5 6 7 28
•				-	1 2 3 4	1 2 3 4 5 6 7 29
30		-			1 2 3 4	1 2 3 4 5 6 7 30
•					1 2 3 4	1 2 3 4 5 6 7 31
8:00					1 2 3 4	1 2 3 4 5 6 7 32
•	ļ			-	1 2 3 4	1 2 3 4 5 6 7 33
30	ļ	ļ		-	1 2 3 4	1 2 3 4 5 6 7 34
	ļ	ļ		-	1 2 3 4	1 2 3 4 5 6 7 35
9:00		-			1 2 3 4	1 2 3 4 5 6 7 36
	ļ	ļ		-	1 2 3 4	1 2 3 4 5 6 7 37
30	ļ	ļ		-	1 2 3 4	1 2 3 4 5 6 7 38
	ļ	ļ		-	1 2 3 4	1 2 3 4 5 6 7 39
10:00				-	1 2 3 4	1 2 3 4 5 6 7 40
•	ļ	ļ		-	1 2 3 4	1 2 3 4 5 6 7 41
30	ļ	ļ			1 2 3 4	1 2 3 4 5 6 7 42
	ļ	ļ			1 2 3 4	1 2 3 4 5 6 7 43
11:00		-			1 2 3 4	1 2 3 4 5 6 7 44
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30		ļ		.	1 2 3 4	1 2 3 4 5 6 7 46
	ļ	ļ		.	1 2 3 4	1 2 3 4 5 6 7 47
12:00					1 2 3 4	1 2 3 4 5 6 7 48

[An example of how to answering the que	estions is provided
on page 3 of the questionnaire	

Day October (

05

	o o or the questionnal of	October	. ()	[F: . D]	
Aft	ernoon				[First Day]	_
Time	What were you mainly doing? Were you doing smartphone states at the sa when doing in 15 minute units Were you doing smartphone states at the sa when doing so please report	me time?	Place 4 Other 2 At school or work		ns being together Other person(s) from work, school etc. Other family etc. Spouse A Son(s) or daughter(s) Mother	Time and hour code
0:00			1 2 3 4	1 2	3 4 5 6 7	49
30			1 2 3 4	2 	3 4 5 6 7	50 51
1:00			1 2 3 4	1 2	3 4 5 6 7	52 53
30			1 2 3 4	l 2 l 2	3 4 5 6 7 3 4 5 6 7	54
•			1 2 3 4	l 2 l 2	3 4 5 6 7	55 56
2:00			1 2 3 4	1 2	3 4 5 6 7	57 58
.30			1 2 3 4	1 2	3 4 5 6 7	59
3:00			1 2 3 4	1 2	3 4 5 6 7 3 4 5 6 7	60 61
30			1 2 3 4	l 2	3 4 5 6 7	62
4:00			1 2 3 4	1 2	3 4 5 6 7	63 64
•			1 2 3 4	1 2	3 4 5 6 7	65 66
. 30			1 2 3 4	1 2	3 4 5 6 7	67
5:00			1 2 3 4	l 2 l 2	3 4 5 6 7	68 69
30			1 2 3 4	1 2	3 4 5 6 7	70 71
6:00			1 2 3 4	1 2	3 4 5 6 7	72 73
30			1 2 3 4	l 2 l 2	3 4 5 6 7 3 4 5 6 7	74
•	,		1 2 3 4	l 2 l 2	3 4 5 6 7	75 76
7:00			1 2 3 4	1 2	3 4 5 6 7	77
.30			1 2 3 4	1 2	3 4 5 6 7	78 79
8:00			1 2 3 4	1 2	3 4 5 6 7	80 81
30			1 2 3 4	1 2	3 4 5 6 7	82
9:00			1 2 3 4	1 2	3 4 5 6 7 3 4 5 6 7	83 84
•			1 2 3 4	1 2	3 4 5 6 7 3 4 5 6 7	85 86
. 30			1 2 3 4	1 2	3 4 5 6 7	87
10:00			1 2 3 4	l 2	3 4 5 6 7 3 4 5 6 7	88 89
30			1 2 3 4	l 2	3 4 5 6 7	90 91
:00			1 2 3 4	1 2	3 4 5 6 7	92
•			1 2 3 4	1 2	3 4 5 6 7 3 4 5 6 7	93 94
. 30			1 2 3 4	1 2	3 4 5 6 7	95
12:00			1 2 3 4	1 2	3 4 5 6 7	96

Please report on you did on each of the two days specified and how much time you spent on each activity, in units of 15 minutes.

(1) Select	the feature of	this day f	rom the cate	gories liste	d below. (PI	ease fill in the cir	cle all applicat	ole categories)	(2) How was	the weather o	n this day?
Travel and excursion	Event, wedding or funeral (lasting over half a day)	Business trip or training, etc.	Work at home	Under medical treatment	Holiday or vacation, etc.	Leave for child rearing or taking care of a sick child	Leave to take care of a family member	Other	Rained all day long	Rained occasionally	Not rained
		\bigcirc			\circ			\bigcirc			

06

Second Day]

	rning						[Second Day]
L	What were you mainly Please report what you wainly doing in 15 minut	vere smart	Were you doing some else at the same time	? Ing sma	e on On travel On travel At school or v	(Please enciro	being together Cle all applicable categories) Cher person(s) Cher person(s) Cher person(s) Cher family Cher family
0:00		e/PC	please report <u>just one</u>	e/PC	1 2 3 4		3 4 5 6 7 01
30-					2 3 4 2 3 4 2 3 4	1 2 3	3 4 5 6 7 02 3 4 5 6 7 03 3 4 5 6 7 04
30-					l 2 3 4	1 2 3	3 4 5 6 7 05 3 4 5 6 7 06
2:00					1 2 3 4	1 2 3	3 4 5 6 7 07 3 4 5 6 7 08 3 4 5 6 7 09
30					1 2 3 4	1 2 3	3 4 5 6 7 10 3 4 5 6 7 11
3:00					1 2 3 4	I 2 3	3 4 5 6 7 12 3 4 5 6 7 13 3 4 5 6 7 14
30 4:00					1 2 3 4	1 2	3 4 5 6 7 15 3 4 5 6 7 16
30-					1 2 3 4	1 2 3	3 4 5 6 7 17 3 4 5 6 7 18
5:00					1 2 3 4	1 2 3	3 4 5 6 7 19 3 4 5 6 7 20 3 4 5 6 7 21
30					l 2 3 4	l 2 3	3 4 5 6 7 22 3 4 5 6 7 23
6:00					1 2 3 4	I 2 3	3 4 5 6 7 24 3 4 5 6 7 25 3 4 5 6 7 26
30- 7:00-					l 2 3 4	l 2 3	3 4 5 6 7 <mark>27</mark> 3 4 5 6 7 28
30-					1 2 3 4		3 4 5 6 7 29 3 4 5 6 7 30 3 4 5 6 7 31
8:00					1 2 3 4		3 4 5 6 7 32 3 4 5 6 7 33
30-					1 2 3 4		3 4 5 6 7 34 3 4 5 6 7 35 3 4 5 6 7 36
9:00					1 2 3 4	1 2	3 4 5 6 7 37 3 4 5 6 7 38
10:00					1 2 3 4 1 2 3 4 1 2 3 4	1 2	3 4 5 6 7 39 3 4 5 6 7 40 3 4 5 6 7 41
30-					1 2 3 4	1 2 3	3 4 5 6 7 41 3 4 5 6 7 42 3 4 5 6 7 43
11:00					1 2 3 4	1 2 3	3 4 5 6 7 44 3 4 5 6 7 45
30-					2 3 4 2 3 4 1 2 3 4		3 4 5 6 7 46 3 4 5 6 7 47 3 4 5 6 7 48

[An example of how to answering	the questions	is provided
on page 3 of the guestionnaire		

Afternoon

			Day	
October	•	(Day)

07		

[Second Day]

			_	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		Place	Persons being together	≣!
	What were	you mainly doing?	Using smartphone/PC	Were you doing something else at the same time?	Using smartphone/PC	4 Other 2 At sc At ho	(Please encircle all applicable categories) I 2 3 4 5 6 7	Time and hour code
Time		rt what you were	martpl	When doing several things	martph	Other On travel At school At home	Other personly from work, so Other family member(s) Spouse Son(s) or daughter(s) Mother Alone	d hour
	<u>mainly doing</u>	g in 15 minute units	none/Pi	please report <u>just one</u>	none/Pi	Other On travel At school or work At home	Other person(s) from work, school etc. Other family member(s) Spouse Son(s) or daughter(s) Mother Father Alone	. code
0:00			C		C	1 2 3 4	1 2 3 4 5 6 7	49
30						1 2 3 4	1234567	50
•						1 2 3 4	1 2 3 4 5 6 7	51 52
1:00						1 2 3 4	1 2 3 4 5 6 7	53
· 30						1 2 3 4	1234567	54
•						1 2 3 4	1 2 3 4 5 6 7 1 2 3 4 5 6 7	55 56
2:00						1 2 3 4	1 2 3 4 5 6 7	57
30						1 2 3 4	1234567	58
•						1 2 3 4	l 2 3 4 5 6 7 l 2 3 4 5 6 7	59 60
3:00						1 2 3 4	1 2 3 4 5 6 7	61
· 30						1234	1234567	62
•					-	1 2 3 4	1 2 3 4 5 6 7	63 64
4:00						1 2 3 4	1 2 3 4 5 6 7	65
· 30						1 2 3 4	1234567	66
•						1 2 3 4	1 2 3 4 5 6 7	67 68
5:00						1 2 3 4	1 2 3 4 5 6 7	69
30						1 2 3 4	1234567	70
•						1 2 3 4	1 2 3 4 5 6 7	71 72
6:00						1 2 3 4	1 2 3 4 5 6 7	73
30						1234	1234567	74
•						1 2 3 4	1 2 3 4 5 6 7	75 76
7:00						1 2 3 4	1 2 3 4 5 6 7	77
30						1 2 3 4	1 2 3 4 5 6 7	78
						1 2 3 4	1 2 3 4 5 6 7	79 80
8:00						1 2 3 4	1 2 3 4 5 6 7	81
30						1 2 3 4	1 2 3 4 5 6 7	82
						1 2 3 4	2 3 4 5 6 7 2 3 4 5 6 7	83 84
9:00						1234	1234567	85
30						1 2 3 4	1 2 3 4 5 6 7	86
						1 2 3 4	1 2 3 4 5 6 7	87 88
10:00						1234	1234567	89
30						1 2 3 4	1 2 3 4 5 6 7	90
						1 2 3 4	2 3 4 5 6 7 2 3 4 5 6 7	91
11:00						1 2 3 4	1 2 3 4 5 6 7	93
30						1 2 3 4	1 2 3 4 5 6 7	94 a=
						1 2 3 4	1 2 3 4 5 6 7	95 96
12:00				1	The		is requested to complete the questi	

08

This onwards to be completed by the household head only For household owner-occupied Rented house publicly-owned Company's house Rented room(s) Type of residence rented house by an organization such as the (company-owned or dormitory etc. or public servant (apartment) Urban Renaissance Agency, or other public institution, etc issued house) Yes No 18 Do you own a car? •Excluding vehicles used solely for business purposes Annual income of the household (before tax deduction) Under One to less than Two to less than Three to less than Four to less than Five to less than one million yen two million yen three million yen four million yen five million yen •Please indicate the aggregate income of all family members. •The income should include the pension and other benefits, dividends, and allowances you receive, in addition to the income from your work. •The income, however, should not include temporary income, Six to less than Seven to less than Fight to less than Nine to less than Ten to less than Fifteen million seven million ven eight million ven nine million ven ten million ven fifteen million yen ven or more such as sale of your real estate, securities, and other assets, property you have inherited, gifts you received, retirement allowance, etc. 20 Does anyone other than your household No Yes members usually give your family nursing care? "nursing care by someone other than your household members" means such care provided by your relative who is Three days or One day Two days Three days Four or five Six or more not living with you or a care service provider (for instance, a ss per month a week a week days a week days a week a week visiting attendant or day service). ·Caring also includes those who have not been assessed for eligibility of benefit under the Long Term Care Insurance system 21 Are there any absentees from your household? (Please indicate relationship to household head) Yes •Please report on all absentees who have been or plan to be living away from your household for more than three months on business, and those in hospital on the date of the survey Father or mother, Son(s) or daughter(s), or father or spouse of Other (October 20th). or mother of spouse son(s) or daughter(s) Household members absent on business Household members absent in hospital \bigcirc Your household member(s) under the age of 10 25 Does anyone other than your household 24 School or kindergarten attendance Relationship to the members usually help you in child care? 23 Age • If you are using extended-hours childcare or daycare, please indicate the total number of hours •Please indicate all the care service the child receives other than the one(s) stated in question 24. household head per day that includes such childcare No Younger brother(s) or sister(s) Not attending Yes Enrolled in a nursery, kindergarten, or Enrolled in Son or daughter Please write Grandson or an elementary school centers for early childhood education and care school or No From a friend or From someone not age as of From a relative 0ther Time normally spent at such places kindergarten (such as a grandparent) acquaintance in the I Not using fter-school hours care or similar Using after-school the last (such as a baby sitter Less than 4 hours 11 hours or more birthday neighborhood a nursing mother, etc. 1 2 \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc 3 0 \bigcirc 4 5

Your telephone number () We may use it to contact you if we need to check anything regarding the questionnaire.

Thank you very much for your cooperation in responding to the questionnaire.