

## Summary of Results (QuestionnaireB)

### 1 Time Spent - Major Groups

**(1) Increased hours of "Paid work" and "Free time"; decreased hours of "Unpaid work", "Schoolwork, studies and researches".**

As for the average time spent in a day by Persons 10 years old and over -- weekly average (hereinafter referred to as "Weekly"), "Personal care" was the longest (11 hours and 3 minutes), followed by "Free time" (4 hours and 27 minutes) and "Paid work" (4 hours and 16 minutes).

Compared to 2001, hours of "Paid work" and hours of "Free time" increased, while hours of "Unpaid work" and hours of "Schoolwork, studies and researches" decreased. "Personal care" remained almost unchanged. (See Table 1-1 and Statistical table 1-1)

**(2) In "Paid work" Males spent 2 hours and 48 minutes longer than Females, while in "Unpaid work" Females spent 3 hours and 10 minutes longer than Males.**

Comparing Males and Females, the longest Average time spent by Males was on "Personal care" (10 hours and 57 minutes), followed by "Paid work" (5 hours and 42 minutes) and "Free time" (4 hours and 37 minutes), while for Females the longest was also "Personal care" (11 hours and 8 minutes), followed by "Unpaid work" (4 hours and 18 minutes) and "Free time" (4 hours and 16 minutes). For "Paid work" Males spent 2 hours and 48 minutes longer than Females, and for "Unpaid work" Females spent 3 hours and 10 minutes longer than Males. (See Table 1-1 and Statistical table 1-1)

**Table 1-1 Average Time Spent for All Persons by Sex (2001, 2006) - Weekly average**

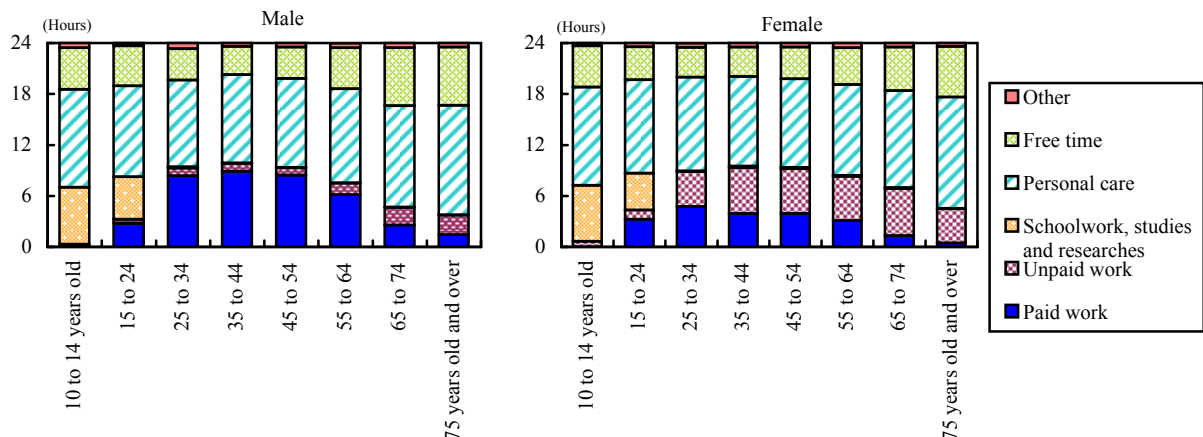
	(Hours, minutes)									
	Both sexes			Male			Female			Difference
	2001	2006	Plus/minus	2001	2006	Plus/minus	2001	2006	Plus/minus	2006
Paid work	4.11	4.16	0.05	5.41	5.42	0.01	2.47	2.54	0.07	2.48
Unpaid work	2.53	2.46	-0.07	1.12	1.08	-0.04	4.29	4.18	-0.11	-3.10
Schoolwork, studies and researches	1.05	0.59	-0.06	1.10	1.04	-0.06	1.01	0.54	-0.07	0.10
Personal care	11.04	11.03	-0.01	11.00	10.57	-0.03	11.07	11.08	0.01	-0.11
Free time	4.16	4.27	0.11	4.27	4.37	0.10	4.05	4.16	0.11	0.21
Other	0.31	0.30	-0.01	0.31	0.31	0.00	0.31	0.29	-0.02	0.02

Note) Results related to "Special Tabulation related to Unpaid work" are shown for 2001.

**(3) As for the sum of the hours spent on "Paid work" and "Unpaid work", Persons aged 35 to 44 showed the longest time for both Males and Females.**

By Sex and Age group, Persons aged 35 to 44 spent the longest time on "Paid work" and "Unpaid work" (hereinafter referred to as "work"), of which the period for Males was 9 hours and 51 minutes long and for Females 9 hours and 18 minutes long. Examining the rates of "Paid work" and "Unpaid work" to "work" by Age group, we find a higher rate in Males (except for the age groups 10 to 14 and 75 years and over) for "Paid work" and in Females (except for the age groups 15 to 24 and 25 to 34) for "Unpaid work". (See Figure 1-1 and Statistical table 1-1)

**Figure 1-1 Average time spent for All Persons by Sex and Age - Weekly average**



## 2 Paid work

### (1) Males spent 4 hours and 59 minutes and Females 2 hours and 34 minutes on "Main job related" activities.

As for Average time spent on "Paid work" by Persons aged 10 years old and over by Medium group, "Main job related" was 3 hours and 45 minutes long, "Second job related" was 2 minutes long, "Commuting to and from work" was 26 minutes long and "Other activities related to work" was 4 minutes long.

Comparing Males and Females, Males' "Main job related" was 4 hours and 59 minutes long, "Second job related" was 2 minutes long, "Commuting to and from work" was 35 minutes long and "Other activities related to work" was 6 minutes long, while Females' "Main job related" was 2 hours and 34 minutes long, "Second job related" was 1 minute long, "Commuting to and from work" was 16 minutes long and "Other activities related to work" was 2 minutes long. (See Table 2-1 and Statistical table 1-1)

**Table 2-1 Average time spent for All Persons, for Participants and Participation Rate in "Paid work" by Sex, Usual Economic Activity and Kinds of Activities- Weekly average**

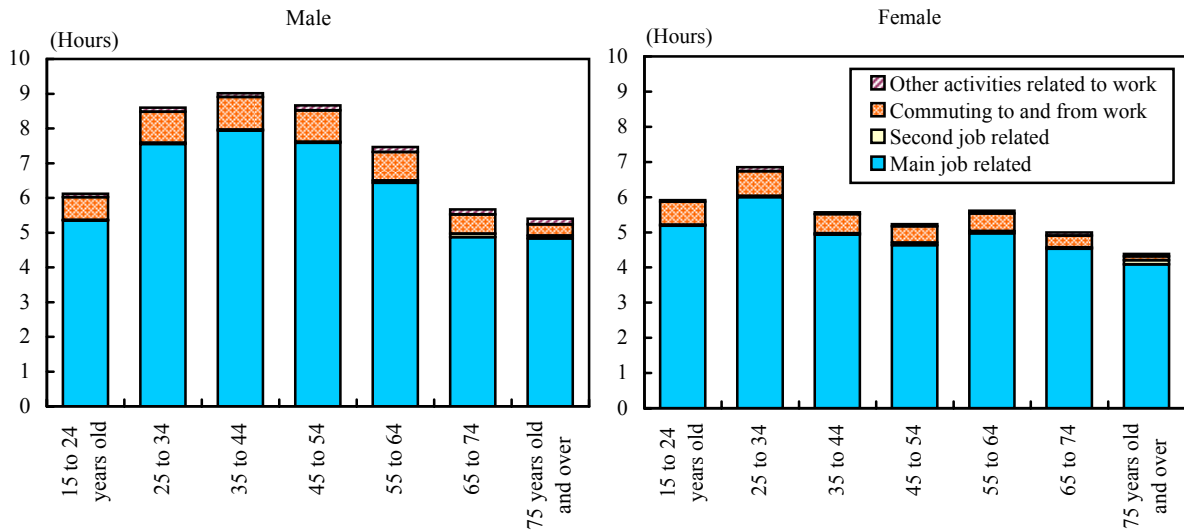
		(Hours.minutes, %)								
		Both sexes			Male			Female		
		Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate
Total	Paid work:	4:16	8:58	46.3	5:42	9:52	56.4	2:54	7:42	37.1
	Main job related	3:45	7:59	46.0	4:59	8:43	55.8	2:34	6:54	36.6
	Main job	3:36	7:45	45.5	4:43	8:24	54.9	2:32	6:51	36.5
	Travel as part of or during main job	0:09	3:15	4.4	0:16	3:38	7.3	0:02	1:33	1.7
	Second job related	0:02	3:19	0.8	0:02	3:41	0.8	0:01	2:54	0.7
	Second job	0:02	3:35	0.7	0:02	3:56	0.7	0:01	2:56	0.6
	Travel as part of or during second job	0:00	1:07	0.2	0:00	0:51	0.1	0:00	1:14	0.2
	Commuting to and from work	0:26	1:09	36.6	0:35	1:16	45.6	0:16	0:58	28.1
	Other activities related to work	0:04	0:41	10.3	0:06	0:43	14.4	0:02	0:37	6.4
	Rest from work	0:04	0:40	10.0	0:06	0:41	14.1	0:02	0:36	6.2
Activities connected with job seeking	0:00	1:58	0.2	0:00	2:12	0.2	0:00	0:58	0.2	
Of which "Working"	Paid work:	7:02	9:04	76.1	7:59	9:55	78.7	5:45	7:48	72.7
	Main job related	6:10	8:02	75.5	6:59	8:45	78.1	5:05	6:59	71.9
	Main job	5:56	7:48	74.7	6:37	8:26	76.8	5:02	6:55	71.8
	Travel as part of or during main job	0:14	3:15	7.3	0:22	3:38	10.2	0:04	1:33	3.4
	Second job related	0:03	3:19	1.3	0:03	3:41	1.2	0:03	2:54	1.4
	Second job	0:03	3:35	1.1	0:03	3:56	1.1	0:03	2:56	1.2
	Travel as part of or during second job	0:00	1:07	0.3	0:00	0:51	0.2	0:00	1:14	0.4
	Commuting to and from work	0:42	1:09	60.6	0:50	1:16	64.0	0:33	0:58	56.1
	Other activities related to work	0:07	0:40	16.9	0:08	0:42	20.1	0:04	0:37	12.5
	Rest from work	0:06	0:40	16.7	0:08	0:41	19.9	0:04	0:36	12.3
Activities connected with job seeking	0:00	0:52	0.2	0:00	1:08	0.2	0:00	0:47	0.2	

Note: "Working" is excluding persons 10 to 14 years old.

### (2) As for Average time spent by working persons on "Main job related", the longest time was found in Males aged 35 to 44 and in Females aged 25 to 34.

Working persons (aged 15 years old and over. Hereinafter applied as well) spent 7 hours and 2 minutes on "Paid work". Males were 7 hours and 59 minutes long and Females 5 hours and 45 minutes long. As for the Average time spent by working persons on "Main job related" by Age group, the longest times were found for Males aged 35 to 44 (7 hours and 56 minutes) and Females aged 25 to 34 (6 hours). (See Figure 2-1, Table 2-1 and Statistical table 1-1)

**Figure 2-1 Average time spent for All Persons in "Paid work" by Sex and Age - Weekly average, Working persons**



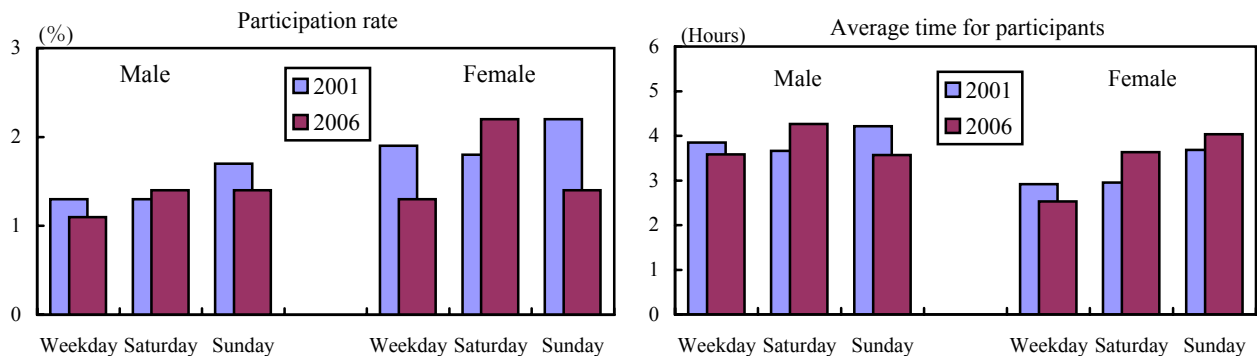
**(3) More people were engaged in a Second job on Saturday.**

More working persons were engaged in "Second job related" on Saturday. The Participation rate was 1.7 percent of all working persons and the Average time spent for Participants was also longest (3 hours and 55 minutes).

Comparing Males and Females, Males' participation rate peaked on Saturday and Sunday (1.4 percent) and the Average time spent for participants was longest on Saturday (4 hours and 16 minutes), while Females' Participation rate peaked on Saturday (2.2 percent) and Average time spent for participants was longest on Sunday (4 hours and 2 minutes).

Compared to 2001, the Participation rate increased on Saturday and decreased on weekday and Sunday for both sexes. Males' Average time spent for participants increased on Saturday, while Females' increased on Saturday and Sunday. (See Figure 2-2, Table 2-2, Statistical table 1-2 and 1-3)

**Figure 2-2 Average Time Spent for Participants and Participation Rate in "Second Job Related" by Sex and Day of the Week (2001, 2006) - Working persons**



**Table 2-2 Average Time Spent for All Persons, for Participants and Participation Rate in "Second Job Related" by Sex and Day of the Week (2001, 2006) - Working persons**

(Hours, minutes, %)

		Both sexes			Male			Female		
		Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate
2001	Weekday	0.03	3.15	1.5	0.03	3.51	1.3	0.03	2.55	1.9
	Saturday	0.03	3.19	1.5	0.03	3.40	1.3	0.03	2.57	1.8
	Sunday	0.05	3.57	1.9	0.04	4.13	1.7	0.05	3.41	2.2
2006	Weekday	0.02	3.07	1.2	0.02	3.35	1.1	0.02	2.32	1.3
	Saturday	0.04	3.55	1.7	0.04	4.16	1.4	0.05	3.38	2.2
	Sunday	0.03	3.46	1.4	0.03	3.34	1.4	0.03	4.02	1.4
Plus/minus	Weekday	-0.01	-0.08	-0.3	-0.01	-0.16	-0.2	-0.01	-0.23	-0.6
	Saturday	0.01	0.36	0.2	0.01	0.36	0.1	0.02	0.41	0.4
	Sunday	-0.02	-0.11	-0.5	-0.01	-0.39	-0.3	-0.02	0.21	-0.8

Note) Results related to "Special Tobulation related to Unpaid work" are shown for 2001.

**(4) Average time spent on "Commuting to and from work" on weekday - 1 hour and 19 minutes for Males and 59 minutes for Females.**

Participant rate of Working persons "Commuting to and from work" on weekday was 71.8 percent and the Average time spent for participants was 1 hour and 11 minutes. By Sex, Participant rate was 76.0 percent for Males (1 hour and 19 minutes), 66.1 percent for Females (59 minutes).

(See Table 2-3, Statistical table 1-2 and 1-3)

**Table 2-3 Average Time Spent for All Persons, for Participants and Participation Rate in "Commuting to and from work" by Sex and Day of the Week - Working persons**

(Hours, minutes, %)

		Both sexes			Male			Female		
		Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate
Weekday		0.51	1.11	71.8	1.00	1.19	76.0	0.39	0.59	66.1
Saturday		0.26	1.04	41.4	0.31	1.11	43.8	0.20	0.53	38.0
Sunday		0.14	1.03	22.7	0.15	1.07	22.5	0.13	0.56	23.1

### 3 Unpaid work

**(1) Males: "Housework" 34 minutes, "Childcare" 6 minutes; Females: "Housework" 3 hours and 2 minutes, "Childcare" 23 minutes.**

Persons 10 years old and over spent 2 hours and 46 minutes on "Unpaid work", of which, by Medium groups, "Housework" accounted for 1 hour and 50 minutes, "Childcare" 15 minutes, "Shopping and using services" 25 minutes, "Travel related to housework" 11 minutes and "Volunteer activity related" 5 minutes.

Commuting Males and Females, Males spent 1 hour and 8 minutes on "Unpaid work", of which "Housework" was longest (34 minutes), followed by "Shopping and using services" (16 minutes), "Travel related to housework" 7 minutes, "Childcare" 6 minutes and "Volunteer activity related" 5 minutes; while Females spent 4 hours and 18 minutes on "Unpaid work", of which "Housework" was longest (3 hours and 2 minutes), followed by "Shopping and using services" (33 minutes), "Childcare" 23 minutes, "Travel related to housework" 14 minutes and "Volunteer activity related" 5 minutes. (See Table 3-1 and Statistical table 1-1)

**Table 3-1 Average Time Spent for All Persons, for Participants and Participation Rate in "Unpaid work" by Sex - Weekly average**

	(Hours, minutes, %)								
	Both sexes			Male			Female		
	Average time for all persons	Average time for participant	Participation rate	Average time for all persons	Average time for participant	Participation rate	Average time for all persons	Average time for participant	Participation rate
<b>Unpaid work</b>	<b>2:46</b>	<b>4:06</b>	<b>67.0</b>	<b>1:08</b>	<b>2:24</b>	<b>46.1</b>	<b>4:18</b>	<b>4:57</b>	<b>86.9</b>
Housework	1.50	3.08	58.8	0.34	1.43	33.1	3.02	3.39	83.2
Management of meals	0.52	1.51	46.8	0.09	0.58	15.8	1.32	2.01	76.2
Making sweets	0.00	1.03	0.2	0.00	0.44	0.0	0.00	1.06	0.3
Gardening	0.10	1.45	9.3	0.09	2.02	7.5	0.10	1.34	11.1
Household upkeep	0.25	1.08	37.1	0.09	0.56	16.7	0.40	1.11	56.4
Care of clothing	0.17	0.55	30.5	0.02	0.40	6.0	0.31	0.57	53.9
Making clothing	0.01	2.01	0.9	0.00	0.50	0.0	0.02	2.03	1.7
Building and repairing	0.01	1.54	0.5	0.01	1.43	0.8	0.00	1.57	0.3
Vehicle maintenance	0.00	1.01	0.7	0.01	1.02	1.2	0.00	0.55	0.2
Household management	0.01	1.04	2.2	0.01	1.13	1.4	0.02	1.00	2.9
Care of a family member excluding a baby and a little child	0.02	1.50	1.9	0.01	1.38	1.1	0.03	1.54	2.6
Help to a family member	0.01	0.32	2.7	0.00	0.33	0.3	0.02	0.32	4.9
Other housework	0.00	1.04	0.1	0.00	1.37	0.1	0.00	0.32	0.1
<b>Child care</b>	<b>0.15</b>	<b>2.15</b>	<b>11.0</b>	<b>0.06</b>	<b>1.39</b>	<b>5.8</b>	<b>0.23</b>	<b>2.26</b>	<b>16.0</b>
Care of a baby and a little child	0.00	0.53	0.4	0.00	1.13	0.1	0.00	0.53	0.7
Physical care or supervision of a baby and a little child	0.05	1.34	5.3	0.01	1.01	2.0	0.08	1.42	8.4
Reading, playing and talking with a baby and a little child	0.05	1.42	4.8	0.03	1.35	2.8	0.07	1.43	6.7
Accompanying a child	0.00	1.02	0.6	0.00	0.45	0.2	0.01	1.07	1.0
Teaching the child	0.02	1.25	2.0	0.01	1.42	0.5	0.03	1.22	3.5
Transporting a child	0.03	0.49	5.7	0.01	0.49	2.2	0.04	0.50	9.0
<b>Shopping and using services</b>	<b>0.25</b>	<b>1.07</b>	<b>36.2</b>	<b>0.16</b>	<b>1.07</b>	<b>22.8</b>	<b>0.33</b>	<b>1.08</b>	<b>49.0</b>
Shopping	0.24	1.06	35.1	0.15	1.06	21.6	0.32	1.07	47.9
Administrative services	0.00	0.34	0.9	0.00	0.37	0.7	0.00	0.29	1.1
Commercial services	0.01	0.32	2.6	0.01	0.35	2.1	0.01	0.30	3.2
<b>Travel related to housework</b>	<b>0.11</b>	<b>0.43</b>	<b>24.4</b>	<b>0.07</b>	<b>0.45</b>	<b>16.0</b>	<b>0.14</b>	<b>0.43</b>	<b>32.4</b>
<b>Volunteer activity related</b>	<b>0.05</b>	<b>2.24</b>	<b>3.0</b>	<b>0.05</b>	<b>2.39</b>	<b>2.7</b>	<b>0.05</b>	<b>2.11</b>	<b>3.4</b>
Volunteer activities	0.04	2.17	2.7	0.04	2.26	2.4	0.04	2.09	3.0
Travel related to volunteer activities	0.01	0.48	1.3	0.01	0.56	1.3	0.01	0.38	1.4

**(2) Females spent more than half of the time of "Housework" on "Management of meals", including cooking.**

Looking at "Housework" by Minor Groups, we find the longest time spent was on "Management of meals" (52 minutes), including cooking, followed by "Household upkeep", including cleaning (25 minutes) and "Care of clothing", including doing washing (17 minutes).

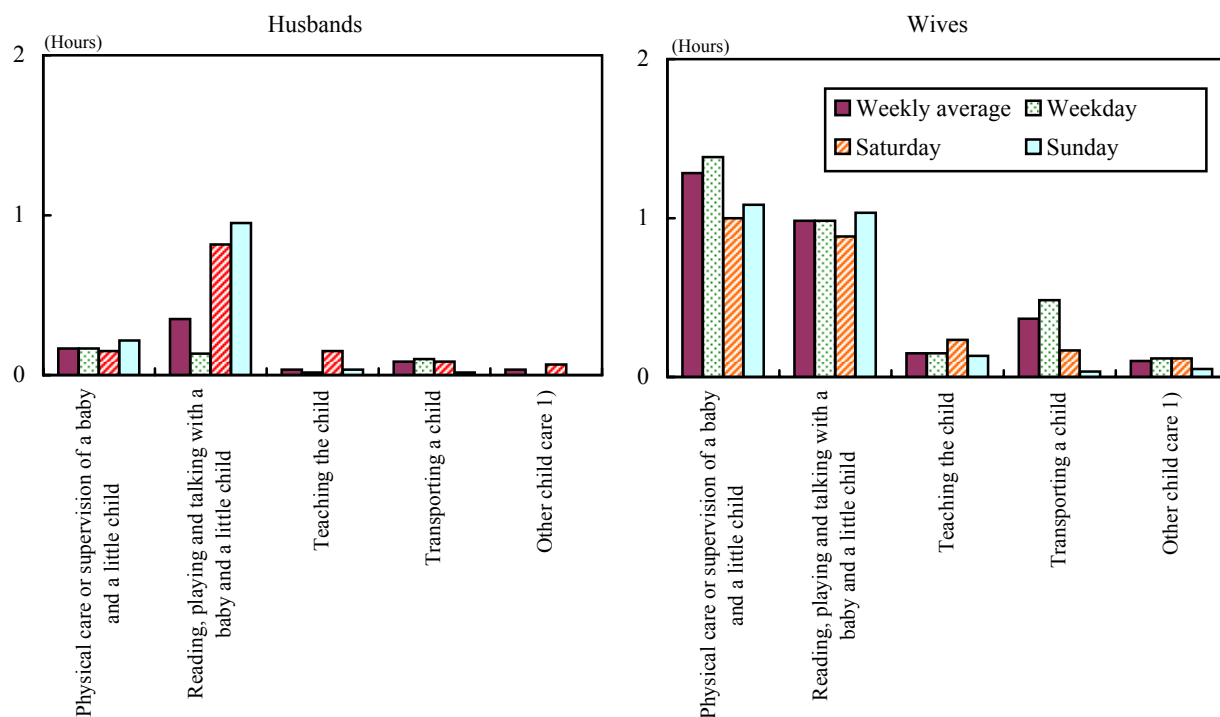
Comparing Males and Females, Males spent the longest time on "Management of meals", "Gardening" and "Household upkeep" (9 minutes respectively), while for Females "Management of meals" was longest (1 hour and 32 minutes), followed by "Household upkeep" (40 minutes) and "Care of clothing" (31 minutes), namely, Females spent more than half the time of "Housework" on "Management of meals". (See Tables 3-1 and Statistical table 1-1)

**(3) Fathers who have Child(ren) aged under 6 spent the longest time on "Reading, playing and talking with a baby and a little child" than any other "Childcare" hour.**

In the household of a couple with their child(ren), Husbands(Fathers) and Wives(Mothers) with the youngest child aged under 6 spent 39 minutes and 2 hours and 54 minutes, respectively, on "Childcare". By Minor Groups of "Childcare", the longest average time spent was found in "Reading, playing and talking with a baby and a little child" for Husbands (21 minutes) and in "Physical care or supervision of a baby and a little child" for Wives (1 hour and 17 minutes), respectively.

By Day of the week, as for "Reading, playing and talking with a baby and a little child", both Husbands and Wives spent the longest time on Sunday, for "Teaching the child", on Saturday, for "Transporting a child", on the weekday. Husbands spent the longest time on "Reading, playing and talking with a baby and a little child" on Sunday (57 minutes), compared to 8 minutes on the weekday. The difference was significant. (See Figure 3-1, Table 3-2 and Statistical table 12)

**Figure 3-1 Average Time Spent for All Persons in "Child care" by Day of the Week - Husbands and Wives of Household of a Couple with Their Child(ren) (Their Youngest Child Aged Under 6)**



1) Both of "Care of a baby and a little child" and "Accompanying a child".

**Table 3-2 Average Time Spent for All Persons in "Child care" by Day of the Week  
- Husbands and Wives of Household of a Couple with Their Child(ren)  
(Their Youngest Child Aged Under 6)**

	(Hours. minutes)							
	Husbands				Wives			
	Weekly average	Weekday	Saturday	Sunday	Weekly average	Weekday	Saturday	Sunday
Child care	0.39	0.25	1.16	1.14	2.54	3.07	2.24	2.20
Physical care or supervision of a baby and a little child	0.10	0.10	0.09	0.13	1.17	1.23	1.00	1.05
Reading, playing and talking with a baby and a little child	0.21	0.08	0.49	0.57	0.59	0.59	0.53	1.02
Teaching the child	0.02	0.01	0.09	0.02	0.09	0.09	0.14	0.08
Transporting a child	0.05	0.06	0.05	0.01	0.22	0.29	0.10	0.02
Other child care <sup>1)</sup>	0.02	0.00	0.04	0.00	0.06	0.07	0.07	0.03

## 4 Schoolwork, studies and researches

### (1) Males spent 1 hour and 4 minutes, Females 54 minutes, on "Schoolwork, studies and researches".

Average time spent for persons aged 10 years old and over on "Schoolwork, studies and researches" was 59 minutes, of which, by Medium groups, "Schoolwork" was 54 minutes long, "Studies and researches (excluding schoolwork)" 5 minutes long.

Comparing Males and Females, Average time spent for Males was 1 hour and 4 minutes, of which "Schoolwork" was 1 hour long and "Studies and researches (excluding schoolwork)" 4 minutes long, while Average time spent for Females was 54 minutes long, of which "Schoolwork" was 48 minutes long and "Studies and researches (excluding schoolwork)" 6 minutes long.

(See Table 4-1 and Statistical table 1-1)

**Table 4-1 Average Time Spent for All Persons, for Participants and Participation Rate in "Schoolwork, studies and researches" by Sex - Weekly average**

	(Hours. minutes, %)								
	Both sexes			Male			Female		
	Average time for all persons	Average time for participant	Participation rate	Average time for all persons	Average time for participant	Participation rate	Average time for all persons	Average time for participant	Participation rate
Schoolwork, studies and researches	0.59	6.50	14.0	1.04	7.14	14.2	0.54	6.26	13.7
Schoolwork	0.54	7.43	11.1	1.00	7.42	12.4	0.48	7.46	9.9
Classes and other activities related to school	0.33	5.44	9.3	0.37	5.44	10.3	0.30	5.45	8.3
Homework	0.10	2.27	7.0	0.11	2.36	7.4	0.09	2.18	6.6
Study with a private teacher, in cram school or in preparatory school	0.02	3.03	1.4	0.03	2.59	1.7	0.02	3.14	1.1
Rest from schoolwork	0.01	0.43	3.1	0.02	0.43	3.3	0.01	0.42	2.8
Commuting to and from school	0.07	1.15	9.1	0.07	1.10	10.2	0.07	1.22	8.1
Studies and researches (excluding schoolwork)	0.05	2.25	3.5	0.04	2.47	2.2	0.06	2.15	4.6

1) Both of "Care of a baby and a little child" and "Accompanying a child".

**(2) "Classes and other activities related to school" Decreased in Primary, Junior High Students.**

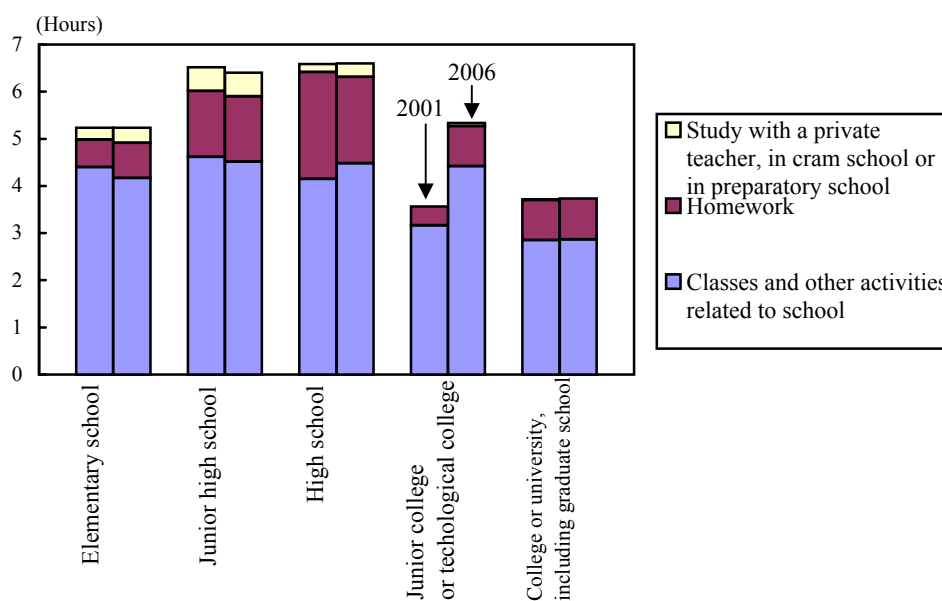
Looking at "Schoolwork" for Schoolers (aged 10 years old and over—hereinafter applied as well) by key Minor Groups and the kinds of schools attended, we find the longest time spent for "Classes and other activities related to school" by junior high students (4 hours and 31 minutes), for "Homework"<sup>1)</sup> by high school students (1 hour and 50 minutes) and for "Study with a private teacher, in cram school or in preparatory school" by junior high students (30 minutes), respectively.

"Study with a private teacher, in cram school or in preparatory school" accounts for about 30 percent of Average time spent by high school students for "Schoolwork", excluding "Rest from schoolwork" and "Commuting to and from school", which rate was the highest.

Compared to 2001, the Average time spent on "Classes and other activities related to school" increased for high school, junior college, specialized vocational high school, university and graduate school students, and decreased for primary and junior high students. The average time spent on "Homework" increased for primary, junior college, specialized vocational high school, university and graduate school students, and decreased for junior high and high school students.

(See Figure 4-1, Table 4-2 and Statistical table 6)

**Figure 4-1 Average Time Spent for All Persons in "Schoolwork", excluding "Rest from schoolwork" and "Commuting to and from school" by Kinds of School Attended (2001, 2006) - Weekly average, Persons Attending School**



1) Including preparation for school and review of the day's lessons.



**Table 4-2 Average Time Spent for All Persons, for Participants and Participation Rate in "Schoolwork", excluding "Rest from schoolwork" and "Commuting to and from school" by Kinds of School Attended (2001, 2006) - Weekly average, Persons Attending School**

(Hours, minutes, %)

		Classes and other activities related to school			Homework			Study with a private teacher, in cram school or in preparatory school		
		Average time for all persons	Average time for participant	Participation rate	Average time for all persons	Average time for participant	Participation rate	Average time for all persons	Average time for participant	Participation rate
2001	Total	4.03	5.18	75.1	1.18	2.19	56.5	0.14	2.41	9.3
	Elementary school	4.24	5.09	82.8	0.35	0.54	68.9	0.15	2.21	11.2
	Junior high school	4.37	5.42	81.1	1.24	2.05	66.6	0.30	2.38	20.1
	High school	4.09	5.19	77.1	2.16	3.37	61.7	0.10	3.57	5.5
	Junior college or technological college	3.10	6.31	62.6	0.24	2.11	21.3	-	-	-
	College or university, including graduate school	2.51	4.41	57.6	0.51	2.38	31.1	0.01	3.00	0.5
	2006	Total	4.07	5.45	69.2	1.15	2.26	52.0	0.16	2.50
Elementary school		4.10	5.25	71.1	0.45	1.15	61.9	0.19	2.08	16.8
Junior high school		4.31	6.16	70.0	1.23	2.14	63.9	0.30	2.56	17.7
High school		4.29	5.47	76.7	1.50	3.20	55.2	0.17	3.26	8.1
Junior college or technological college		4.25	6.15	72.7	0.51	2.42	32.0	0.04	6.45	0.9
College or university, including graduate school		2.52	4.55	56.2	0.52	2.53	28.9	-	-	-
Plus/minus		Total	0.04	0.27	-5.9	-0.03	0.07	-4.5	0.02	0.09
	Elementary school	-0.14	0.16	-11.7	0.10	0.21	-7.0	0.04	-0.13	5.6
	Junior high school	-0.06	0.34	-11.1	-0.01	0.09	-2.7	0.00	0.18	-2.4
	High school	0.20	0.28	-0.4	-0.26	-0.17	-6.5	0.07	-0.31	2.6
	Junior college or technological college	1.15	-0.16	10.1	0.27	0.31	10.7	-	-	-
	College or university, including graduate school	0.01	0.14	-1.4	0.01	0.15	-2.2	-	-	-

## 5 Personal care

### (1) Males spent a longer time on "Sleep related" matters than Females, while Females spent a longer time on "Physical care", including bathing, and "Meals".

As for Average time spent on "Personal care" for Persons aged 10 years old and over by Medium Groups, "Sleep related" was 7 hours and 58 minutes, "Physical care", including bathing, 1 hour and 8 minutes, and "Meals" 1 hour and 57 minutes.

Comparing Males and Females, Males spent 8 hours and 3 minutes on "Sleep related", 59 minutes on "Physical care" and 1 hour and 55 minutes on "Meals", while Females spent 7 hours and 54 minutes on "Sleep related", 1 hour and 16 minutes on "Physical care", 1 hour and 59 minutes on "Meals". Males spent a longer time on "Sleep related" than Females and Females on "Physical care" and "Meals" than Males. (See Table 5-1 and Statistical table 1-1)

**Table 5-1 Average Time Spent for All Persons, for Participants and Participation Rate in "Personal care" by Sex - Weekly average**

	Both sexes			Male			Female		
	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate
Personal care	1:03	1:03	100.0	1:05	1:05	100.0	1:08	1:08	100.0
Sleep related	7.58	7.59	99.9	8.03	8.04	99.8	7.54	7.54	100.0
Sleep	7.52	7.53	99.9	7.59	7.59	99.8	7.46	7.46	100.0
Nap	0.01	1.35	0.9	0.01	1.37	0.9	0.01	1.35	0.9
Medical treatment	0.06	2.55	3.2	0.04	2.40	2.4	0.07	3.04	3.9
Physical care	1.08	1.11	95.6	0.59	1.02	94.6	1.16	1.18	96.5
Medical examination	0.04	1.30	4.8	0.03	1.31	3.5	0.05	1.29	6.0
Bathing	0.30	0.37	81.1	0.27	0.34	79.0	0.32	0.39	83.1
Personal care	0.33	0.39	83.6	0.28	0.35	81.7	0.37	0.43	85.3
Personal care (personal services)	0.01	1.29	1.1	0.01	1.05	0.9	0.01	1.45	1.4
Meals	1.57	1.58	99.4	1.55	1.56	99.2	1.59	1.59	99.5
Breakfast	0.25	0.31	82.4	0.24	0.30	78.6	0.27	0.31	86.1
Lunch	0.36	0.41	87.5	0.36	0.42	87.1	0.36	0.41	87.8
Dinner	0.43	0.46	93.3	0.43	0.47	92.0	0.44	0.46	94.5
Late-night snack	0.00	0.37	1.0	0.01	0.36	1.7	0.00	0.43	0.3
Light meals	0.12	0.47	25.2	0.12	0.51	22.9	0.12	0.44	27.5

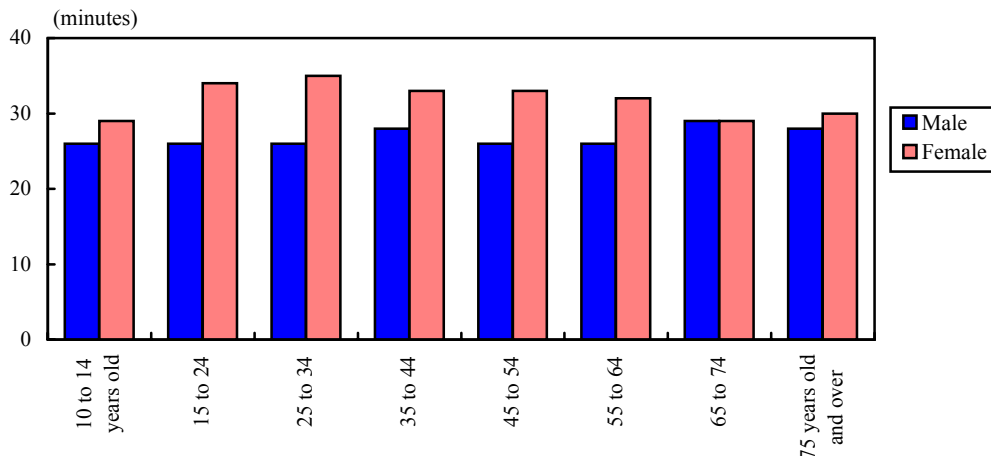
### (2) Females spent 5 minutes longer on "Bathing" than Males.

Average time spent on "Bathing" ("Physical care") was 30 minutes long. Males spent 27 minutes and Females 32 minutes. Females spent 5 minutes longer than Males. (See Table 5-1 and Statistical table 1-1)

By Age Group, Males aged 65 to 74 and Females aged 25 to 34 spent the longest time.

(See Figure 5-1 and Statistical table 1-1)

**Figure 5-1 Average Time Spent for All Persons in "Bathing" by Sex and Age Group - Weekly average**

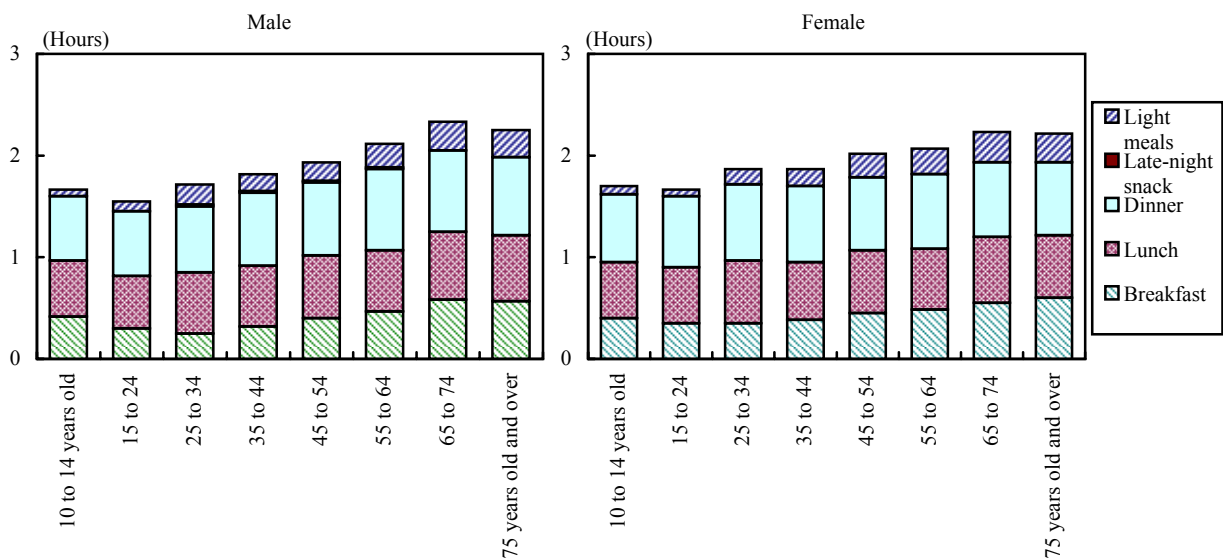


**(3) Average Time spent on "Meals" - "Breakfast" 25 minutes, "Lunch" 36 minutes and "Dinner" 43 Minutes.**

By Medium groups, Average Time spent on "Meals" was 25 minutes for "Breakfast", 36 minutes for "Lunch" and 43 minutes for "Dinner". (See Table 5-1 and Statistical table 1-1)

By Age group, Both Males and Females showed tendencies to take longer over "Meals" as they get older. (See Figure 5-2 and Statistical table 1-1)

**Figure 5-2 Average Time Spent for All Persons in "Meals" by Sex and Age Group - Weekly average**



**6 Free time**

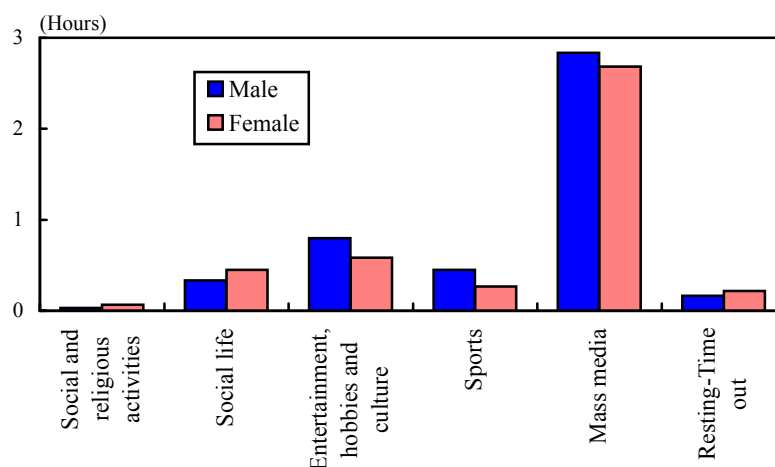
**(1) In "Free time", the longest time was spent on "Mass media" - 2 hours and 45 minutes long.**

As for Average Time Spent on "Free time" for Persons aged 10 years old and over by Medium Groups, "Mass media" was longest (2 hours and 45 minutes), followed by "Entertainment, hobbies and culture" (41 minutes) and "Social life" (24 minutes), etc.

By Sex, Mass media was longest, followed by "Entertainment, hobbies and culture" for both sexes, and "Sports" for Males and "Social life" for Females.

(See Figure 6-1, Table 6-1 and Statistical table 1-1)

**Figure 6-1 Average Time Spent for All Persons in "Free time" by Sex and Kinds of Activities - Weekly average**



**Figure 6-1 Average Time Spent for All Persons, for Participants and Participation Rate  
in "Free time" by Sex - Weekly average**

	Both sexes			Male			Female		
	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate
<b>Free time</b>	<b>4.27</b>	<b>4.42</b>	<b>94.3</b>	<b>4.37</b>	<b>4.56</b>	<b>93.1</b>	<b>4.16</b>	<b>4.28</b>	<b>95.4</b>
Social and religious activities	0.03	1.13	3.9	0.02	1.14	3.0	0.04	1.12	4.8
Social activities	0.01	2.20	0.9	0.01	2.22	0.9	0.01	2.14	0.9
Worship or sutra-chanting	0.02	0.55	3.1	0.01	0.49	2.2	0.02	0.58	4.0
Social life	0.24	1.31	25.9	0.20	1.40	19.6	0.27	1.26	32.0
Ceremonial occasions	0.01	2.16	0.8	0.01	2.28	0.8	0.01	2.02	0.8
Association by meeting someone	0.12	1.39	12.3	0.12	1.53	10.1	0.13	1.30	14.4
Communication with a family member	0.08	1.10	10.7	0.06	1.19	7.1	0.10	1.07	14.1
Telephone conversation	0.01	0.43	2.9	0.00	0.37	1.0	0.02	0.44	4.7
Communication by computing	0.01	0.45	3.2	0.01	0.46	2.6	0.02	0.45	3.8
Communication by correspondence	0.00	0.41	0.4	0.00	0.38	0.2	0.00	0.41	0.5
Entertainment, hobbies and culture	0.41	2.11	31.0	0.48	2.21	33.0	0.35	1.59	29.1
Entertainment and culture	0.06	2.13	3.9	0.05	2.08	3.3	0.06	2.19	4.4
Arts	0.06	1.57	5.0	0.06	2.17	4.2	0.06	1.43	5.8
Making sweets as hobbies	0.00	1.06	0.1	0.00	0.46	0.0	0.00	1.08	0.1
Productive	0.00	1.28	0.2	0.00	1.50	0.3	0.00	1.22	0.2
Gardening as hobbies	0.01	1.49	0.9	0.01	2.06	0.7	0.01	1.37	1.1
Caring for pets	0.01	0.41	2.1	0.01	0.43	1.6	0.01	0.40	2.7
Walking the dog	0.02	0.53	4.5	0.02	0.57	4.3	0.02	0.49	4.7
Making clothing as hobbies	0.01	2.33	0.5	-	-	-	0.02	2.33	1.0
Hobbies (collecting and computing)	0.12	1.42	11.3	0.15	1.53	13.3	0.08	1.28	9.3
Games	0.11	2.05	8.2	0.15	2.17	10.9	0.06	1.44	5.6
Drive for pleasure	0.02	3.40	0.9	0.02	3.41	1.1	0.02	3.38	0.8
Other hobbies and amusements	0.00	6.49	0.1	0.00	5.35	0.1	0.01	6.49	0.1
Sports	0.21	1.52	18.8	0.27	2.11	20.1	0.16	1.30	17.6
Aerobic sports	0.11	1.19	13.8	0.12	1.28	13.5	0.10	1.09	14.1
Ball games	0.07	2.52	4.0	0.10	2.51	5.8	0.04	2.53	2.3
Water sports	0.01	1.40	0.6	0.01	1.42	0.5	0.01	1.38	0.7
Productive sports	0.02	4.58	0.6	0.03	5.04	1.1	0.00	3.14	0.2
Other sports	0.01	1.59	0.8	0.01	1.53	0.8	0.01	2.00	0.8
Mass media	2.45	3.12	85.9	2.50	3.22	83.8	2.41	3.03	87.9
Reading books	0.08	1.18	10.4	0.08	1.27	9.4	0.08	1.10	11.4
Reading newspapers or magazines	0.13	0.51	25.0	0.15	0.55	26.6	0.11	0.46	23.6
Watching TV	2.17	2.50	80.5	2.20	2.57	78.7	2.14	2.43	82.3
Watching video and DVDs	0.04	1.46	3.7	0.04	1.47	3.3	0.04	1.44	4.1
Listening to the radio	0.02	1.27	1.8	0.01	1.23	1.8	0.02	1.32	1.9
Listening to recordings	0.02	1.20	2.0	0.01	1.24	1.7	0.02	1.17	2.2
Resting-Time out	0.12	1.14	15.8	0.10	1.12	13.9	0.13	1.16	17.6

**(2) Both Males and Females spent fewer hours on "Association by meeting someone", and more hours on "Communication with a family member".**

By Sex, Males spent 20 minutes and Females 27 minutes on "Social life".

By Age group, the longest time was found in Males and Females aged 15 to 24, at 32 minutes and 33 minutes, respectively.

The shortest was Males aged 10 to 14 and Females aged 75 years old and over, 15 minutes and 22 minutes, respectively. Females in all Age groups spent a longer time on "Social life" than Males.

By Minor group, in "Social life", the longest time was spent on "Association by meeting someone" for both sexes, 12 minutes and 13 minutes, respectively, followed by "Communication with a family member", etc.

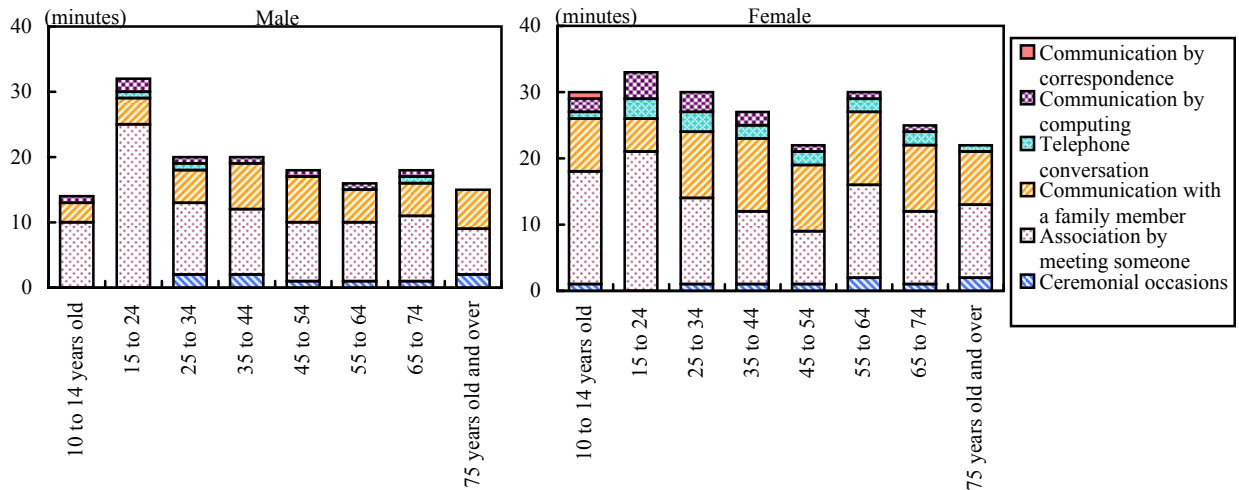
By Age group, the longest time spent was found in "Association by meeting someone" in both Males and Females aged 15 to 24, 25 minutes and 21 minutes, respectively.

(See Figure 6-2, Table 6-1 and Statistical table 1-1)

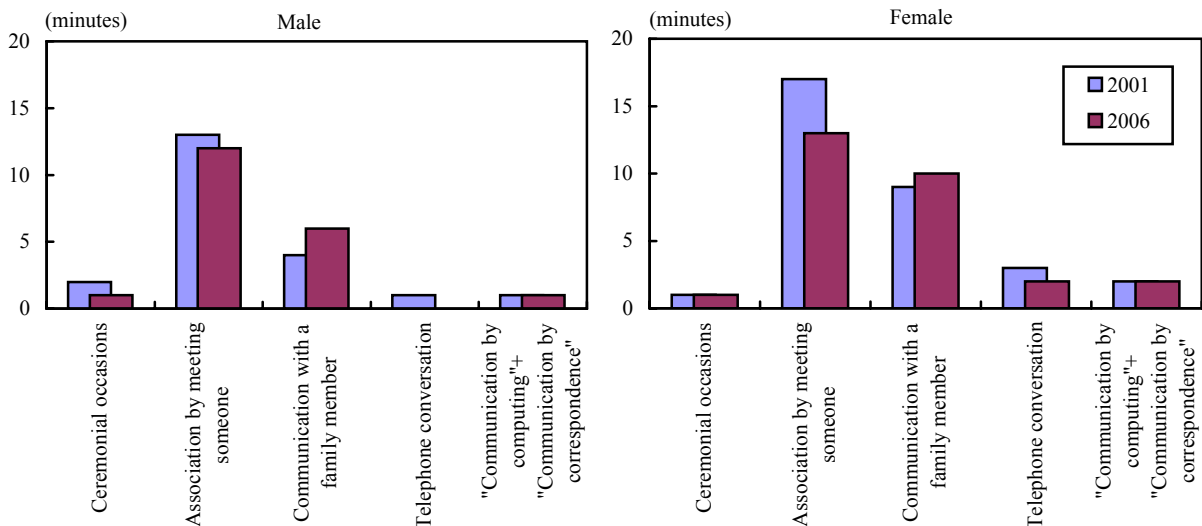
Compared to 2001, the Average time spent on "Association by meeting someone" decreased, while the Average time spent on "Communication with a family member" increased for both sexes.

(See Figure 6-3 and Statistical table 1-1)

**Figure 6-2 Average Time Spent for All Persons in "Social life" by Sex and Age group - Weekly average**



**Figure 6-3 Average Time Spent for All Persons in Main Activities by Sex (2001, 2006) - Weekly average**



**(3) Males spent time on "Games" longer than Females by all Age groups.**

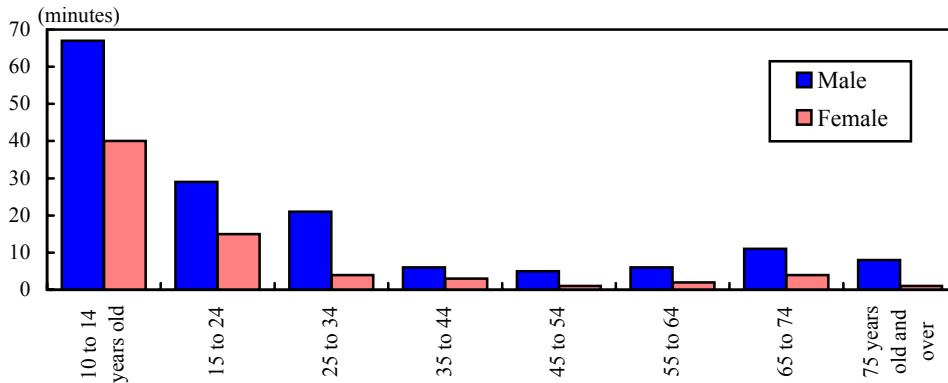
Average time spent on "Games" including TV games, games for outdoors and indoors, etc.

("Entertainment, hobbies and culture") by sex, Males spent 15 minutes and Females 6 minutes.

By Age group, the longest time was found in Males and Females aged 10 to 14, at 1 hour and 7 minutes and 40 minutes, respectively. By all Age groups, Males spent longer time on "Games" than Females.

(See Figure 6-4, Tables 6-1 and Statistical table 1-1)

**Figure 6-4 Average Time Spent for All Persons in "Games" by Sex and Age group - Weekly average**



**7 Use of the Internet**

**(1) More persons used the Internet on Saturday, for a longer time on weekday.**

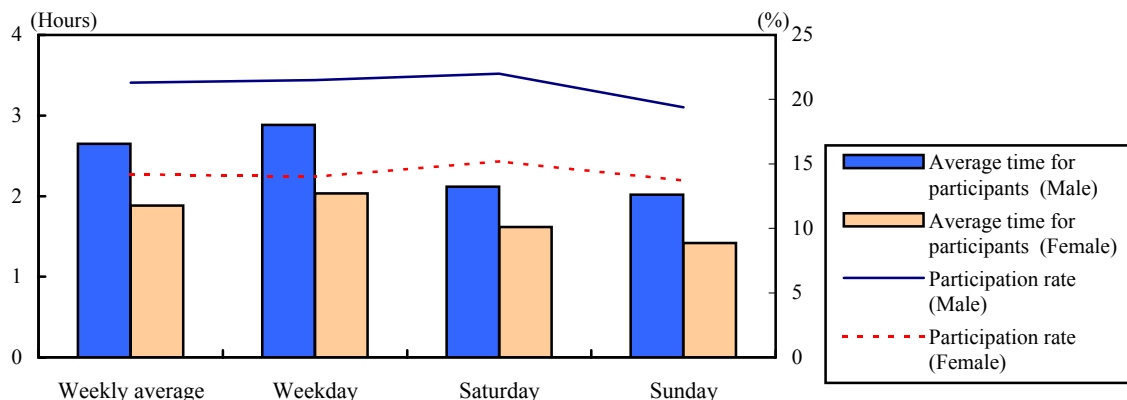
Average time spent on use of the Internet for all persons aged 10 years old and over was 25 minutes.

Participation Rate for persons used the Internet was 17.6 percent and Average time spent for Participants was 2 hours and 21 minutes. For Males, Participation Rate was 21.3 percent and Average time spent for Participants was 2 hours and 39 minutes; for Females, 14.2 percent, 1 hour and 53 minutes, respectively.

By Day of the week, Participation Rate was highest on Saturday for both Males and Females - 22.0 percent and 15.2 percent, respectively. Average time spent for Participants was the longest on weekday for both Males and Females - 2 hours and 53 minutes and 2 hours and 2 minutes, respectively.

(See Figure 7-1, Table 7-1 and Statistical table 2)

**Figure 7-1 Average Time Spent for Participants and Participation Rate in Use of the Internet by Sex and Day of the week**



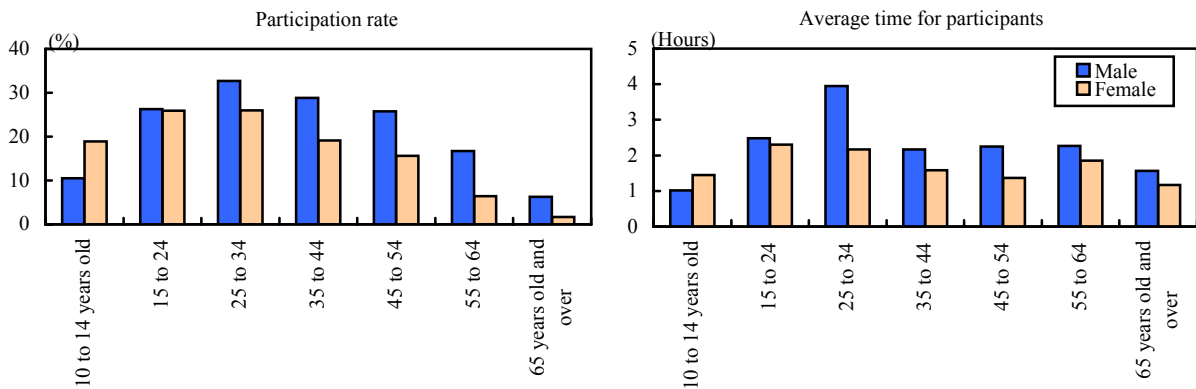
**Table 7-1 Average Time Spent for All Persons, for Participants and Participation Rate in Use of the Internet by Sex and Day of the week**

	(Hours, minutes, %)											
	Average time for all persons				Average time for participants				Participation rate			
	Weekly average	Weekday	Saturday	Sunday	Weekly average	Weekday	Saturday	Sunday	Weekly average	Weekday	Saturday	Sunday
Total	0.25	0.27	0.21	0.17	2.21	2.34	1.54	1.46	17.6	17.7	18.5	16.5
Male	0.34	0.38	0.28	0.24	2.39	2.53	2.07	2.01	21.3	21.5	22.0	19.4
Female	0.16	0.17	0.15	0.12	1.53	2.02	1.37	1.25	14.2	14.0	15.2	13.7

**(2) Males aged 25 to 34 and Females aged 15 to 24 spent the longest time in the Use of the Internet.**

By Age Group, Males and Females aged 25 to 34 showed the highest Participation Rate in the Use of the Internet. As for Average time spent for participants in Use of the Internet, Males aged 25 to 34 and Females aged 15 to 24 spent the longest time. (See Figure 7-2 and Table 7-2)

**Figure 7-2 Average Time Spent for Participants and Participation Rate in Use of the Internet by Sex and Age Group - Weekly average**

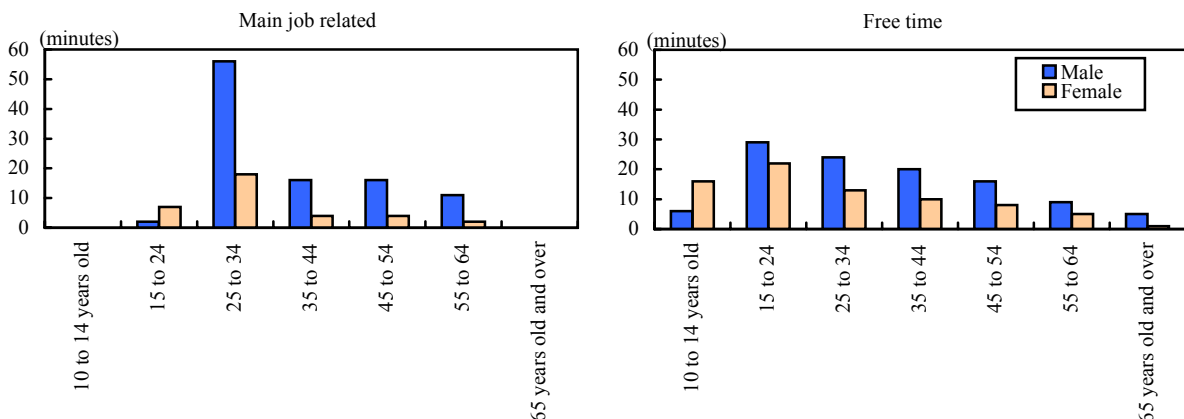


**(3) Nearly half the Use of the Internet was during "Free time".**

Looking at the Average time spent on Use of the Internet by Kinds of Main Activities<sup>1)</sup>, we find Use of the Internet during "Free time" accounted for nearly half (12 minutes) and it was longer than in "Main job related" (10 minutes).

By Sex and Age Group, the longest of the Average time spent was found in Persons aged 15 to 24 in "Free time" for both sexes. As for Use of the Internet in "Main job related", persons aged 25 to 34 spent the longest time. (See Figure 7-3 and Table 7-2)

**Figure 7-3 Average Time Spent in Use of the Internet by Sex, Kinds of Main Activities and Age Group - Weekly average**



1) This means activities that were mainly done.

**Table 7-2 Average Time Spent for All Persons, for Participants and Participation Rate in the Use of the Internet by Sex, Kinds of Main Activities and Age Group - Weekly average**

(Hours, minutes, %)

	Both sexes			Male			Female		
	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate	Average time for all persons	Average time for participants	Participation rate
Total	0.25	2.21	17.6	0.34	2.39	21.3	0.16	1.53	14.2
10 to 14 years old	0.12	1.19	14.6	0.07	1.01	10.5	0.17	1.27	18.9
15 to 24	0.37	2.23	26.1	0.39	2.29	26.3	0.35	2.18	25.9
25 to 34	0.58	3.15	29.4	1.22	3.57	32.7	0.34	2.10	26.0
35 to 44	0.29	2.00	24.0	0.39	2.10	28.8	0.20	1.35	19.1
45 to 54	0.24	1.57	20.7	0.35	2.15	25.8	0.13	1.22	15.6
55 to 64	0.15	2.06	11.4	0.22	2.16	16.7	0.08	1.51	6.4
65 years old and over	0.03	1.29	3.7	0.06	1.34	6.3	0.01	1.10	1.7
Of which "Main job related"	0.10	3.32	4.4	0.16	3.49	6.2	0.05	2.45	2.8
10 to 14 years old	-	-	-	-	-	-	-	-	-
15 to 24	0.04	3.12	2.0	0.02	3.42	0.5	0.07	2.38	3.6
25 to 34	0.37	4.28	11.8	0.56	4.47	15.9	0.18	3.18	7.7
35 to 44	0.10	2.39	6.1	0.16	2.49	8.7	0.04	1.42	3.5
45 to 54	0.10	2.45	5.9	0.16	2.53	8.8	0.04	1.48	3.1
55 to 64	0.07	2.52	3.4	0.11	3.12	5.2	0.02	2.10	1.7
65 years old and over	0.00	1.36	0.2	0.00	1.36	0.4	-	-	-
Of which "Free time"	0.12	1.31	13.5	0.16	1.38	16.3	0.09	1.21	10.9
10 to 14 years old	0.11	1.20	13.8	0.06	1.01	9.6	0.16	1.25	18.1
15 to 24	0.26	1.54	22.0	0.29	2.02	23.5	0.22	1.48	20.3
25 to 34	0.18	1.30	20.8	0.24	1.48	23.2	0.13	1.11	18.3
35 to 44	0.15	1.24	18.0	0.20	1.34	21.4	0.10	1.08	14.6
45 to 54	0.12	1.21	15.0	0.16	1.28	18.0	0.08	1.10	12.0
55 to 64	0.07	1.22	8.7	0.09	1.15	12.2	0.05	1.30	5.3
65 years old and over	0.03	1.24	3.3	0.05	1.26	5.7	0.01	1.06	1.5



## 8 Place of Activities

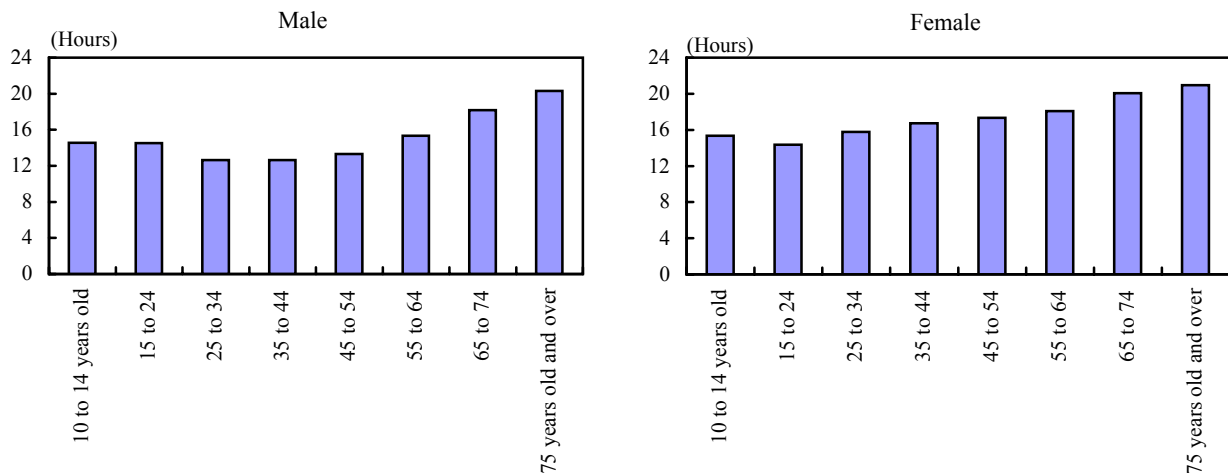
- (1) **The shortest of Average time spent at home was found in Males aged 25 to 34 and Females aged 15 to 24.**

Persons aged 10 years and over stayed at home for 16 hours and 9 minutes, of which Males were 14 hours and 46 minutes, Females 17 hours and 27 minutes. Females were 2 hours and 41 minutes longer than Males.

By Age Group, the shortest Average time spent at home was found in Males aged 25 to 34 and Females aged 15 to 24. The higher, or the lower the Age Group, the longer Persons stayed at home.

(See Figure 8-1, Table 8-1 and Statistical table 2)

**Figure 8-1 Average Time Spent for All Persons at home by Sex and Age Group - Weekly average**



**Table 8-1 Average Time Spent for All Persons at home by Sex and Age Group - Weekly average**

	(Hours. minutes)			
	Both sexes	Male	Female	Difference
Total	16.09	14.46	17.27	-2.41
10 to 14 years old	14.56	14.33	15.21	-0.48
15 to 24	14.26	14.31	14.21	0.10
25 to 34	14.12	12.38	15.47	-3.09
35 to 44	14.40	12.39	16.43	-4.04
45 to 54	15.20	13.19	17.21	-4.02
55 to 64	16.45	15.20	18.05	-2.45
65 to 74	19.11	18.11	20.03	-1.52
75 years old and over	20.42	20.19	20.57	-0.38

- (2) **The Participation Rate of Persons staying at home aged 15 years old and over was less than 30 percent between 10:15 and 11:45 and between 14:00 and 15:15 on weekday.**

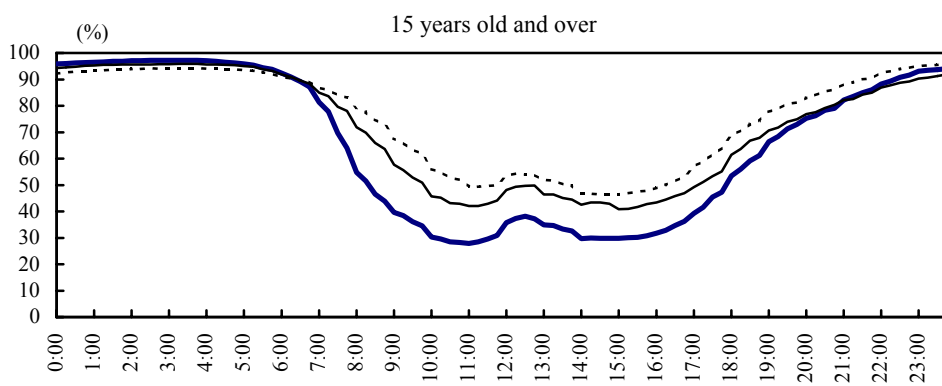
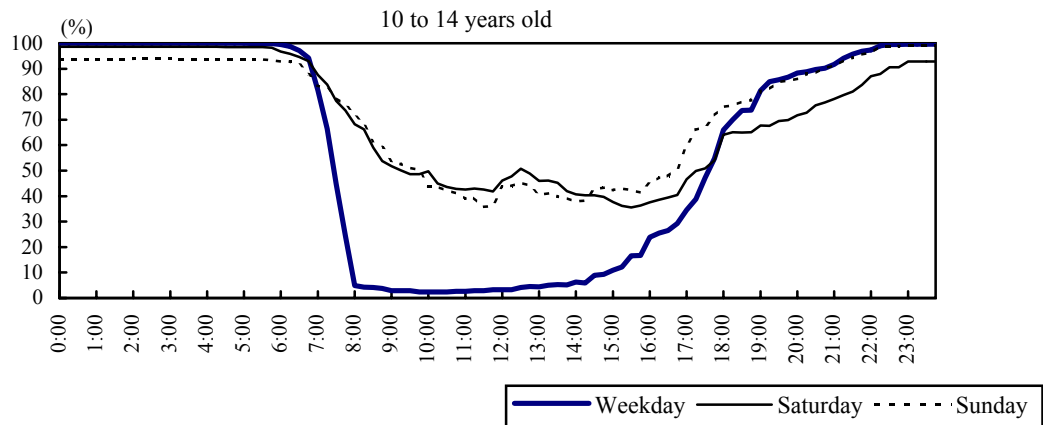
By Age group and Time slot, the Participation Rate of Persons aged 10 to 14 who were at home between 8:00 and 15:00 on weekday was less than 10 percent, and as for Persons aged 15 years old and over, the Participation Rate was less than 30 percent between 10:15 and 11:45 and between 14:00 and 15:15.

(See Figure 8-2), (Activities by Time of Day Statistical table 3 and 4)

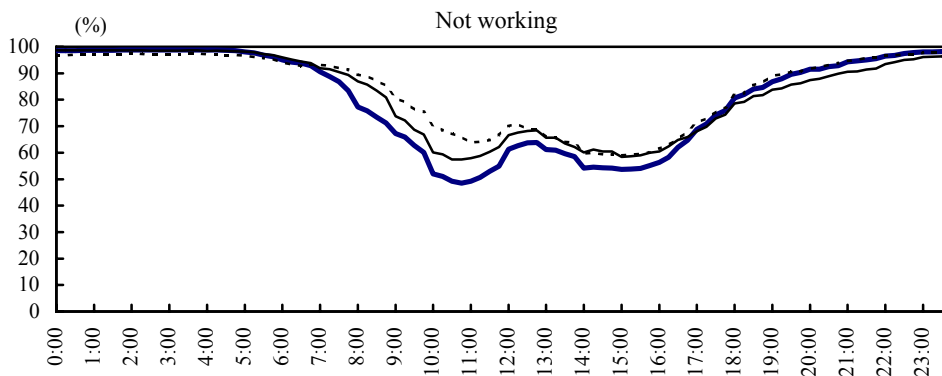
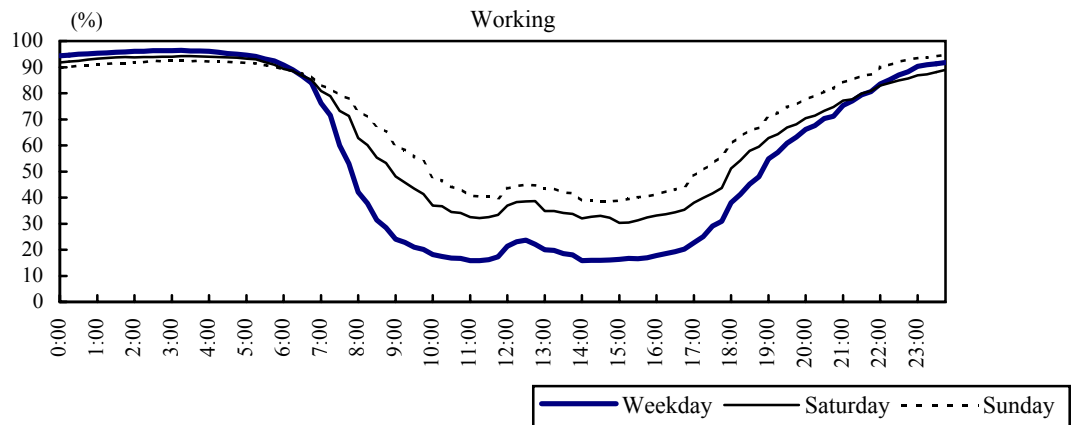
When seen by Usual Economic Activity, the Participation Rate of Persons working was less than 20 percent between 10:00 and 12:00 and between 13:00 and 16:45 on weekday, and as for Persons not working, the Participation Rate was less than 50 percent between 10:30 and 11:15 on weekday.

(See Figure 8-3)

**Figure 8-2 Participation Rate in Staying at home by Day of the week, Age Group and Time of the Day**



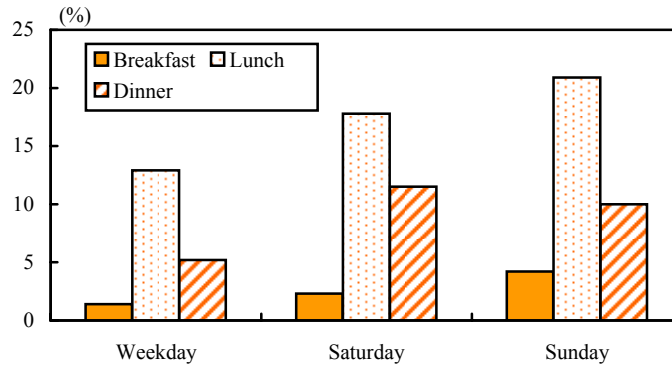
**Figure 8-3 Participation Rate in Staying at home by Day of the week, Usual Economic Activity and Time of the Day - Persons aged 15 and over**



**(3) Participation Rate of Persons who had Meals at a place other than home was high for "Lunch" on Sunday and for "Dinner" on Saturday.**

Participation Rate of Persons who had Meals at a place other than home, school or work<sup>1)</sup> by Day of the week was highest for "Lunch" on Sunday (20.9 percent) and for "Dinner" on Saturday (11.5 percent). (See Figure 8-4 and Table 8-2)

**Figure 8-4 Participation Rate of Persons who had Meals (excluding "Late-night snack" and "Light meals") at a place other than home, school or work by Day of the week**



**Table 8-2 Participation Rate of Persons who had Meals (excluding "Late-night snack" and "Light meals") at a place other than home, school or work by Age group, Day of the week and Place of Activities**

	Weekday					Saturday					Sunday				
	Total	At home	At school or work	On travel	Other	Total	At home	At school or work	On travel	Other	Total	At home	At school or work	On travel	Other
Breakfast															
Total	82.9	80.7	0.8	0.3	1.4	82.0	79.0	0.8	0.2	2.3	80.3	75.7	0.5	0.1	4.2
10 to 14 years old	94.6	94.3	0.1	0.3	0.2	91.3	89.1	-	0.2	2.0	89.1	81.5	-	0.8	7.2
15 to 24	76.3	73.9	1.0	0.2	1.3	63.6	61.3	0.6	-	2.4	57.6	53.3	0.9	-	3.4
25 to 34	63.2	61.3	0.6	0.3	1.4	64.7	62.0	0.7	0.1	2.5	62.7	57.0	0.3	0.0	5.4
35 to 44	74.8	72.6	0.6	0.6	1.4	80.9	76.9	0.6	0.3	3.3	78.8	72.1	1.0	-	6.2
45 to 54	86.5	83.3	1.2	0.3	1.8	84.9	81.9	1.4	0.4	1.5	83.3	80.5	0.5	0.1	2.6
55 to 64	90.1	86.8	1.4	0.4	1.6	89.6	85.1	1.4	0.1	3.5	90.5	85.9	0.7	0.3	3.8
65 to 74	95.8	93.8	0.3	0.3	1.5	94.3	92.2	0.9	0.2	1.5	93.8	91.3	0.3	-	2.5
75 years old and over	95.5	94.4	-	-	1.5	96.4	95.0	0.1	-	1.2	95.2	91.4	-	-	3.8
Lunch															
Total	88.6	39.1	36.8	0.4	12.9	86.2	53.8	14.5	0.6	17.8	83.0	54.8	7.2	0.7	20.9
10 to 14 years old	86.3	4.4	78.2	-	3.7	87.9	62.4	6.2	0.1	19.7	82.4	50.1	2.2	-	30.0
15 to 24	81.1	18.2	54.2	0.7	8.6	78.9	43.1	20.4	0.4	15.5	79.1	45.6	12.7	0.6	20.4
25 to 34	86.5	24.5	46.9	0.5	14.9	82.9	41.0	19.4	0.6	22.7	77.0	37.8	10.3	1.0	28.7
35 to 44	86.9	25.7	46.4	0.3	15.0	84.4	43.2	19.4	0.2	21.9	78.8	43.8	8.0	0.9	27.0
45 to 54	89.7	30.9	43.1	0.4	15.8	87.9	48.0	20.0	2.4	17.5	83.7	55.0	9.2	1.2	19.1
55 to 64	91.0	48.5	28.8	0.5	14.1	87.2	54.6	14.9	0.3	18.0	84.4	59.5	6.4	0.5	18.3
65 to 74	93.3	73.2	8.0	0.3	12.4	91.1	74.4	3.6	0.4	12.9	90.6	72.8	2.9	0.8	14.8
75 years old and over	93.8	81.4	2.0	0.3	10.7	92.5	80.4	1.2	-	11.3	92.0	82.5	0.3	0.1	9.3
Dinner															
Total	93.5	86.7	1.6	0.4	5.2	92.0	79.4	1.4	0.0	11.5	93.4	82.8	0.8	0.2	10.0
10 to 14 years old	97.5	94.4	-	-	3.4	93.2	76.2	-	-	17.0	93.2	84.2	-	0.4	8.9
15 to 24	89.9	79.1	3.8	1.1	7.4	86.5	70.9	1.8	0.1	14.7	89.3	75.2	0.9	0.5	13.5
25 to 34	88.8	75.0	2.2	0.8	11.3	86.4	69.4	1.8	0.1	15.7	90.6	72.1	0.8	0.1	18.2
35 to 44	93.5	86.3	2.7	0.4	4.6	92.9	73.4	2.6	0.1	17.0	94.6	78.0	1.0	0.4	15.5
45 to 54	93.5	88.2	1.5	-	3.8	94.1	83.5	2.0	-	8.6	93.2	86.0	0.9	0.2	6.4
55 to 64	93.8	89.2	0.6	0.4	3.8	93.6	83.6	0.8	-	9.4	95.3	87.6	1.3	0.2	6.3
65 to 74	97.1	93.9	0.7	0.2	2.7	94.1	88.0	0.3	-	6.0	94.5	89.0	0.5	0.2	4.9
75 years old and over	98.4	95.9	-	0.0	2.5	97.4	93.4	0.4	-	3.9	97.3	95.2	0.2	-	1.9

1) A place other than home, school or work, excluding places visited during one's Travel.

## 9 Person(s) Being Together

### (1) Average time spent on Being together with Children on weekday was 2 hours and 16 minutes for Fathers and 5 hours and 38 minutes for Mothers.

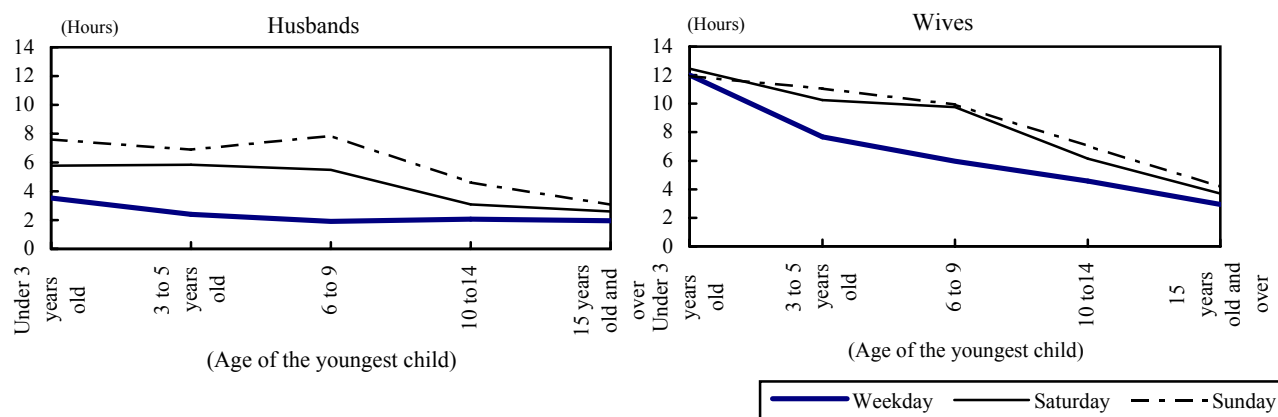
Average time spent on Being together with Children on weekday (excluding Sleep, Nap. Hereinafter applied as well) by Fathers and Mothers in the household with Child(ren)<sup>1)</sup> present was 2 hours and 16 minutes for Fathers and 5 hours and 38 minutes for Mothers. Mothers spent 3 hours and 22 minutes longer than Fathers. By Age of the youngest the child belonged to, the higher the youngest child's Age group, the shorter both Fathers and Mothers tended to spend on Being together with their Child(ren).

By Day of the week, Both Fathers and Mothers spent a longer time on Being together with Children on Saturday and Sunday than on weekday.

When seen by whether both parents were working or not, working parents spent a shorter time on Being together with Children than other parents (Father is working and Mother is not working) on weekday.

(See Figure 9-1 and Table 9-1)

**Figure 9-1 Average Time Spent for All Persons on Being together with Child(ren) by Day of the week and Age group the youngest child belonged to - Parents in the household with Child(ren) present**



**Table 9-1 Average Time Spent for All Persons on Being together with Child(ren) by Age group the youngest child belonged to and Usual Economic Activities of a Married couple - Weekday, Parents in the household with Child(ren) present**

The youngest child's age group		Total		Of which both husband and wife are working		Of which husband working and wife not working	
		Average time for all persons	Participation rate	Average time for all persons	Participation rate	Average time for all persons	Participation rate
Husbands	Total	2.16	76.3	1.58	74.5	2.37	79.8
	Under 3 years old	3.32	80.9	2.14	68.7	4.07	86.5
	3 to 5 years old	2.24	85.6	2.33	84.6	2.11	87.0
	6 to 9	1.55	77.4	1.56	77.3	2.06	78.0
	10 to 14	2.04	83.3	1.56	82.0	2.24	87.4
	15 years old and over	1.58	69.6	1.56	68.8	1.22	67.3
Wives	Total	5.38	91.0	4.43	90.6	8.00	96.1
	Under 3 years old	12.00	100.0	8.10	100.0	13.27	100.0
	3 to 5 years old	7.40	93.7	6.23	89.6	9.43	100.0
	6 to 9	5.58	97.6	5.56	98.0	6.06	96.1
	10 to 14	4.35	98.9	4.22	98.6	5.15	100.0
	15 years old and over	2.56	82.8	3.01	82.9	2.51	89.2

1) Husbands and Wives of "Household of a couple with their child(ren)", "Household of a couple with their child(ren) and parents" and "Household of a couple with their child(ren) and parent"

**(2) Participation Rate of Child(ren) aged 10 to 14 who were together with their Father at "Dinner" time on weekday was 41.1 percent.**

As for Participation Rate of Children aged 10 to 14 who were together with their Parents at Mealtimes by Day of the week, the rate of the children who had "Breakfast" with Father was 32.8 percent for weekday, 33.8 percent for Saturday and 33.1 percent for Sunday, that is, the average rate was about 30 percent for each day of the week. As for "Breakfast" together with Mother, weekday were highest (76.6 percent), followed by 61.2 percent for Saturday and 60.1 percent for Sunday. The rate of the children who had "Dinner" with Father was 41.1 percent for weekday, 47.1 percent for Saturday and 62.0 percent for Sunday. The highest was for Sunday, the lowest for weekday. As for "Dinner" together with Mother, weekday were highest (82.5 percent), followed by 80.8 percent for Sunday and 71.2 percent for Saturday. (See Table 9-2)

**Table 9-2 Participation Rate of Children aged 10 to 14 who were together with their parents by Day of the week**

	Weekday		Saturday		Sunday	
	With father	With mother	With father	With mother	With father	With mother
All activities (except sleep and nap)	65.1	95.2	71.2	92.0	77.1	92.2
Part work	0.3	0.3	0.3	0.3	0.6	0.6
Main job related	0.3	0.3	0.3	0.3	0.6	0.6
Second job related	-	-	-	-	-	-
Commuting to and from work	-	-	-	-	0.6	0.6
Other activities related to work	-	-	-	-	-	-
Unpaid work	6.0	17.0	17.1	36.7	25.4	41.6
Housework	5.2	13.5	11.0	21.0	17.2	27.0
Management of meals	0.9	5.3	6.9	13.7	7.6	12.5
Household upkeep	4.3	8.2	3.2	7.4	10.2	16.5
Child care	-	0.8	0.2	1.1	1.0	0.8
Shopping and using services	1.3	4.1	6.3	20.0	10.6	23.3
Shopping	1.3	4.1	6.3	20.0	10.6	23.3
Travel related to housework	1.0	2.4	5.7	15.5	8.1	17.5
Volunteer activity related	-	0.3	0.8	1.4	1.0	0.6
Schoolwork, studies and researches	13.0	35.2	10.2	20.0	12.1	18.4
Schoolwork	11.1	32.8	10.2	18.7	11.8	17.7
Homework	9.8	24.6	6.8	14.1	8.3	14.0
Commuting to and from school	1.3	11.7	4.4	6.3	3.4	3.8
Studies and researches (excluding schoolwork)	2.7	4.5	0.2	1.9	0.4	0.8
Personal care	59.0	93.2	65.4	91.5	73.2	91.3
Sleep related	-	0.4	-	-	-	-
Physical care	28.4	55.3	29.1	52.2	33.5	48.5
Bathing	12.3	24.9	9.5	14.2	14.0	19.7
Personal care	24.2	50.9	24.4	45.9	23.1	41.7
Meals	56.2	91.8	62.6	90.4	72.3	91.3
Breakfast	32.8	76.6	33.8	61.2	33.1	60.1
Lunch	0.3	2.5	26.0	51.1	31.9	52.0
Dinner	41.1	82.5	47.1	71.2	62.0	80.8
Light meals	1.0	9.6	4.8	12.6	6.8	11.1
Free time	42.5	67.6	50.0	72.3	63.4	80.8
Social and religious activities	-	-	1.7	1.9	3.1	2.5
Social life	6.3	9.7	5.0	11.2	5.7	9.8
Entertainment, hobbies and culture	6.6	19.4	10.8	25.1	17.1	28.7
Games	5.2	14.1	7.5	16.3	9.9	18.3
Sports	-	2.4	2.9	8.1	7.6	6.7
Mass media	38.7	57.9	46.6	62.8	54.6	73.1
Watching TV	35.8	55.4	41.6	57.7	53.0	71.0
Resting-Time out	0.8	2.8	2.7	5.9	7.4	10.7
Other	3.7	12.9	16.8	35.0	20.9	31.0
Travel	1.9	8.6	15.5	33.9	19.8	29.2
Other travel <sup>1)</sup>	1.9	8.6	15.3	33.7	19.1	28.7
Survey and other	1.9	4.5	1.2	1.9	2.1	3.1

Note: Multiple answers were permitted, including 'unidentified,' with Person(s) being together.

Kinds of activities in Major groups, Medium groups and Minor groups are shown. As for Minor groups, Participation rate of Being with Father or Being with Mother was 10 percent and over are shown.

1) This means Travel related to Personal care, Free time, etc.

## 10 Simultaneous activities

### (1) Participation rate of persons who had "Dinner" watching TV was 21.4 percent.

The highest participation rate of Main activities<sup>2)</sup> along with Simultaneous activities<sup>1)</sup> in Minor groups were found in "Dinner" (24.5 percent), followed by "Breakfast" (21.5 percent) and "Management of meals" (15.5 percent).

By Kinds of activities of Simultaneous activities, the highest Participation rate was found in "Watching TV" in most Main activities; especially, Participation rate of Persons whose Main activity was "Dinner" and whose Simultaneous activity was "Watching TV" was highest (21.4 percent). (See Table 10-1)

**Table 10-1 Average Time Spent for All Persons and Participation Rate by Kinds of Activities and whether along with Simultaneous activity or not - Weekly average**

Main activity	Average time for all persons (Hours,minutes)		Participation rate (%)			
	Total	Time spent along with simultaneous activity	Total	Participation Rate when along with simultaneous activity	Kind of simultaneous activity (Participation rate)	
					Longest	Second longest
<b>Paid work</b>	4.16	0.06	46.3	6.1		
Main job	3.36	0.04	45.5	3.3	Watching TV (0.9)	Light meals (0.7)
Commuting to and from work	0.26	0.01	36.6	2.9	Listening to the radio (0.9)	Listening to recordings (0.4)
<b>Unpaid work</b>	2.46	0.13	67.0	22.2		
Management of meals	0.52	0.07	46.8	15.5	Watching TV (9.2)	Care of clothing (3.4)
Household upkeep	0.25	0.02	37.1	5.9	Watching TV (2.4)	Care of clothing (1.4)
Care of clothing	0.17	0.02	30.5	5.8	Watching TV (2.9)	Household upkeep (1.0)
Physical care or supervision of a baby and a little child	0.05	0.01	5.3	1.2	Watching TV (0.6)	Care of clothing (0.2)
Reading, playing and talking with a baby and a little child	0.05	0.01	4.8	1.1	Watching TV (0.7)	Physical care or supervision of a baby and a little child (0.1)
Communication with a family member						Watching video and DVDs (0.1)
<b>Schoolwork, studies and researches</b>	0.59	0.01	14.0	1.8		
<b>Personal care</b>	1.03	0.24	100.0	43.4		
Bathing	0.30	0.01	81.1	2.6	Watching TV (1.1)	Care of clothing (0.5)
Personal care	0.33	0.03	83.6	10.8	Watching TV (6.5)	Care of clothing (1.2)
Breakfast	0.25	0.05	82.4	21.5	Watching TV (16.6)	Reading newspapers or magazines (2.3)
Lunch	0.36	0.04	87.5	13.7	Watching TV (10.9)	Reading newspapers or magazines (0.7)
Dinner	0.43	0.09	93.3	24.5	Watching TV (21.4)	Communication with a family member (1.3)
Light meals	0.12	0.02	25.2	5.6	Watching TV (3.5)	Reading newspapers or magazines (0.7)
<b>Free time</b>	4.27	0.16	94.3	25.4		
Communication with a family member	0.08	0.01	10.7	2.3	Watching TV (1.6)	Light meals (0.4)
Hobbies (collecting and computing)	0.12	0.01	11.3	1.7	Watching TV (0.8)	Listening to recordings (0.3)
Aerobic sports	0.11	0.00	13.8	1.1	Watching TV (0.3)	Shopping (0.1)
Personal care					Listening to the radio (0.3)	Light meals (0.1)
Reading books	0.08	0.01	10.4	1.3	Watching TV (0.5)	Listening to recordings (0.3)
Reading newspapers or magazines	0.13	0.02	25.0	5.5	Watching TV (3.8)	Light meals (0.5)
Watching TV	2.17	0.08	80.5	14.2	Reading newspapers or magazines (4.0)	Light meals (2.1)
<b>Other</b>	0.30	0.01	38.6	3.4		
Other travel <sup>*)</sup>	0.23	0.01	27.7	1.4	Listening to the radio (0.3)	Shopping (0.2)
						Listening to recordings (0.2)

Note: The kinds of activities in Major groups, Medium groups and Minor groups are shown. As for Minor groups, Activities accompanied by Simultaneous activities of which the Participation rate is 1 percent and over are shown. Excluding "Activities related to Survey on Time Use and Leisure Activities".

\*) Travel related to Personal care, Free time, etc.

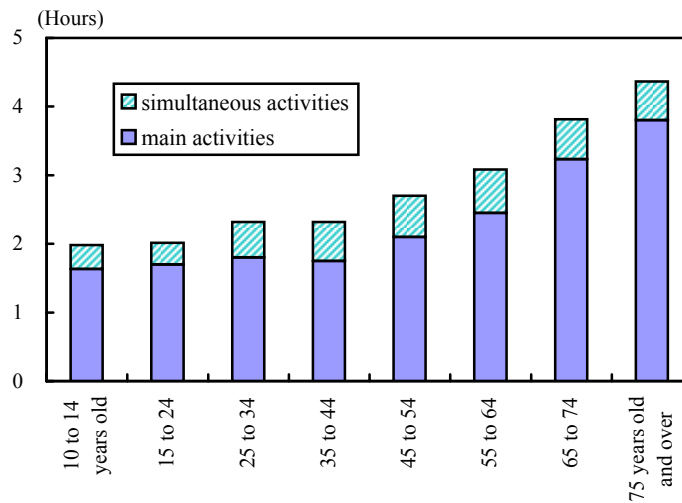
- 1) This refers to Simultaneous activity which was done along with Main activity.  
2) This means Main activity.

**(2) Average time spent on "Watching TV", including as Simultaneous activity, was 2 hours and 49 minutes. The higher the Age Group, the longer the duration.**

Average time spent on "Watching TV", including as both Main and Simultaneous activities, was 2 hours and 49 minutes, of which Main activity was 2 hours and 17 minutes long and Simultaneous activity was 32 minutes long.

By Age groups, the higher the Age group, the longer the Average time spent on "Watching TV", including Main activity and Simultaneous activity. As for Average time spent on "Watching TV" as Simultaneous activity, the difference by Age group was small. (See Figure 10-1, Table 10-2, Statistical table 1-1 and 1-4)

**Figure 10-1 Average time spent for All Persons on "Watching TV" by Age group (Main and Simultaneous activities) - Weekly average**



**Table 10-2 Average time spent for All Persons on "Watching TV" by Sex and Age group (Main and Simultaneous activities, Main activity, Simultaneous activity) - Weekly average**

	(Hour. minutes)								
	Both sexes			Male			Female		
	Main and simultaneous activities	Main activities	Simultaneous activities	Main and simultaneous activities	Main activities	Simultaneous activities	Main and simultaneous activities	Main activities	Simultaneous activities
Total	2.49	2.17	0.32	2.46	2.20	0.26	2.53	2.14	0.39
10 to 14 years old	1.59	1.38	0.21	1.45	1.28	0.17	2.15	1.49	0.26
15 to 24	2.01	1.42	0.19	2.07	1.51	0.16	1.56	1.32	0.24
25 to 34	2.19	1.48	0.31	2.07	1.44	0.23	2.33	1.53	0.40
35 to 44	2.19	1.45	0.34	2.08	1.45	0.23	2.29	1.45	0.44
45 to 54	2.42	2.06	0.36	2.35	2.09	0.26	2.49	2.03	0.46
55 to 64	3.05	2.27	0.38	3.09	2.33	0.36	3.02	2.20	0.42
65 to 74	3.49	3.14	0.35	4.04	3.34	0.30	3.36	2.57	0.39
75 years old and over	4.22	3.48	0.34	4.42	4.11	0.31	4.09	3.33	0.36

[Reference] Comparison with foreign countries

Table 1. Average Time Spent on Activities for All Persons by Sex(Weekly average)

		(In hours.minutes)											
		Japan	Korea <sup>1)</sup>	U.S.A. <sup>2)</sup>	Canada <sup>2)</sup>	Belgium	Germany	France	Hungary	Finland	Sweden	U.K.	Norway <sup>3)</sup>
Male	<b>Personal care</b>	10.53	10.35	10.28	10.42	11.05	10.53	11.56	11.05	10.32	10.16	10.38	10.11
	Sleep	8.03	7.52	8.34	8.12	8.28	8.23	8.56	8.37	8.33	8.03	8.33	8.10
	Personal care and meals	2.50	2.43	1.54	2.30	2.38	2.30	3.00	2.28	1.59	2.14	2.05	2.01
	<b>Job and travel as part of or during job</b>	5.07	4.17	4.32	4.42	2.39	2.51	3.16	3.10	3.12	3.57	3.26	3.25
	<b>Studies</b>	0.57	1.29	0.27	0.30	0.45	0.34	0.31	0.30	0.34	0.13	0.35	0.34
	<b>Housework and family member</b>	1.03	0.35	2.18	2.18	2.24	2.10	2.16	2.32	2.05	2.33	2.08	2.08
	<b>Free time</b>		5.04	6.04	5.48	5.37	6.02	4.58	5.39	6.13	5.28	5.37	6.17
	Volunteer activities	0.04	0.01	0.19	0.18	0.10	0.16	0.16	0.13	0.15	0.13	0.09	0.09
	Other	4.31	5.03	5.45	5.30	5.27	5.46	4.42	5.26	5.58	5.15	5.28	6.08
	Of which "watching TV"	2.24	1.59	2.48	2.12	2.24	2.02	2.12	2.49	2.26	2.02	2.40	2.10
	<b>Travel</b>	1.20	1.51			1.30	1.26	1.00	1.03	1.11	1.27	1.27	1.20
	Of which "commuting to and from work"	0.35	0.37		(0.24)		0.21	0.20	0.24	0.15	0.21	0.25	0.22
	<b>Other activities</b>	0.05	0.10	0.12			0.05	0.03	0.00	0.14	0.06	0.09	0.05
Female	<b>Personal care</b>	11.01	10.34	10.49	11.06	11.24	11.11	12.11	11.08	10.47	10.42	10.57	10.31
	Sleep	7.54	7.47	8.41	8.24	8.41	8.30	9.10	8.49	8.42	8.12	8.40	8.21
	Personal care and meals	3.07	2.47	2.07	2.42	2.42	2.41	3.01	2.18	2.05	2.30	2.18	2.10
	<b>Job and travel as part of or during job</b>	2.38	2.22	3.01	3.06	1.29	1.34	1.55	2.02	2.04	2.40	1.56	2.11
	<b>Studies</b>	0.48	1.17	0.32	0.36	0.42	0.32	0.30	0.30	0.36	0.18	0.35	0.37
	<b>Housework and family member</b>	4.08	3.23	3.54	3.48	4.05	3.50	4.12	4.39	3.32	3.44	3.47	3.24
	<b>Free time</b>	4.12	4.41	5.32	5.18	5.05	5.31	4.18	4.50	5.42	5.09	5.12	6.01
	Volunteer activities	0.04	0.02	0.22	0.24	0.09	0.14	0.12	0.08	0.14	0.12	0.12	0.09
	Other	4.08	4.39	5.10	4.54	4.56	5.17	4.06	4.43	5.28	4.58	5.00	5.52
	Of which "watching TV"	2.19	2.00	2.22	1.54	2.13	1.46	2.02	2.40	2.08	1.45	2.17	1.44
	<b>Travel</b>	1.06	1.30			1.16	1.17	0.51	0.51	1.06	1.20	1.21	1.10
	Of which "commuting to and from work"	0.16	0.21		(0.18)		0.11	0.13	0.14	0.12	0.16	0.14	0.15
	<b>Other activities</b>	0.07	0.14	0.13			0.05	0.03	0.00	0.14	0.07	0.10	0.05
Survey Date	2006.10	2004.9	2006.1 ~ 2006.12	2005.1 ~ 2005.12	1998.12 ~ 2000.2	2001.4 ~ 2002.4	1998.2 ~ 1999.2	1999.9 ~ 2000.9	1999.3 ~ 2000.3	2000.10 ~ 2001.9	2000.6 ~ 2001.9	2000.2 ~ 2001.2	
Age of tabulated	10 years old and over	10 years old and over	15 years old and over	15 years old and over	12 to 95 years old	10 years old and over	15 years old and over	15 to 84 years old	10 years old and over	20 to 84 years old	10 years old and over	10 to 79 years old	

1) "Shopping" is classified by each purpose. 2) "Travel" is classified by each purpose. 3) "Studies" is including only schoolwork.

[Source] Japan:"2006 Survey on Time Use and Leisure Activities Volume 8 "

Korea:Korea National Statistical Office, "2004 Report on the Time Use Survey"

U.S.A.:U.S.Bureau of Labor Statistics(BLS), "News-American Time Use Survey-2006 Results"

Canada:Statistics Canada, "Overview of the Time Use of Canadians 2005"

EU:EUROSTAT, "Comparable time use statistics - National tables from 10 European countries - February 2005"



**Table 2. Average Time Spent on Activities for All Persons by Sex (Weekly average , Working)**

(In hours.minutes)

		Japan	Belgium	Germany	France	Hungary	Finland	Sweden	U.K.	Norway <sup>1)</sup>
Male	<b>Personal care</b>	<b>10.32</b>	<b>10.36</b>	<b>10.21</b>	<b>11.21</b>	<b>10.36</b>	<b>10.07</b>	<b>9.58</b>	<b>10.06</b>	<b>9.51</b>
	Sleep	7.44	8.01	7.60	8.24	8.08	8.12	7.53	8.11	7.53
	Personal care and meals	2.48	2.35	2.21	2.58	2.28	1.56	2.05	1.55	1.58
	<b>Job and travel as part of or during job</b>	<b>7.10</b>	<b>4.58</b>	<b>4.54</b>	<b>5.42</b>	<b>5.22</b>	<b>5.24</b>	<b>5.09</b>	<b>5.33</b>	<b>4.46</b>
	<b>Studies</b>	<b>0.13</b>	<b>0.05</b>	<b>0.11</b>	<b>0.02</b>	<b>0.05</b>	<b>0.08</b>	<b>0.07</b>	<b>0.09</b>	<b>0.11</b>
	<b>Housework and family member</b>	<b>0.51</b>	<b>2.15</b>	<b>1.52</b>	<b>1.53</b>	<b>2.07</b>	<b>1.59</b>	<b>2.22</b>	<b>1.54</b>	<b>2.12</b>
	<b>Free time</b>	<b>3.41</b>	<b>4.23</b>	<b>5.07</b>	<b>3.49</b>	<b>4.39</b>	<b>4.55</b>	<b>4.47</b>	<b>4.34</b>	<b>5.33</b>
	Volunteer activities	0.04	0.10	0.15	0.13	0.10	0.11	0.11	0.06	0.09
	Other	3.37	4.13	4.52	3.36	4.29	4.44	4.36	4.27	5.24
	Of which watching TV	2.00	1.56	1.45	1.46	2.24	2.03	1.48	2.14	1.58
	<b>Travel</b>	<b>1.29</b>	<b>1.43</b>	<b>1.31</b>	<b>1.10</b>	<b>1.10</b>	<b>1.17</b>	<b>1.32</b>	<b>1.36</b>	<b>1.24</b>
	Of which commuting to and from work	0.50		0.36	0.37	0.38	0.25	0.28	0.39	0.31
	<b>Other activities</b>	<b>0.05</b>		<b>0.04</b>	<b>0.03</b>	<b>0.00</b>	<b>0.10</b>	<b>0.05</b>	<b>0.07</b>	<b>0.04</b>
	Female	<b>Personal care</b>	<b>10.31</b>	<b>10.53</b>	<b>10.42</b>	<b>11.35</b>	<b>10.38</b>	<b>10.24</b>	<b>10.27</b>	<b>10.32</b>
Sleep		7.28	8.16	8.11	8.38	8.18	8.22	8.05	8.25	8.08
Personal care and meals		3.03	2.36	2.31	2.57	2.20	2.03	2.23	2.07	2.03
<b>Job and travel as part of or during job</b>		<b>5.12</b>	<b>3.48</b>	<b>3.33</b>	<b>4.30</b>	<b>4.37</b>	<b>4.07</b>	<b>3.55</b>	<b>3.54</b>	<b>3.28</b>
<b>Studies</b>		<b>0.14</b>	<b>0.05</b>	<b>0.19</b>	<b>0.02</b>	<b>0.08</b>	<b>0.13</b>	<b>0.10</b>	<b>0.12</b>	<b>0.18</b>
<b>Housework and family member</b>		<b>3.23</b>	<b>3.52</b>	<b>3.11</b>	<b>3.40</b>	<b>3.52</b>	<b>3.21</b>	<b>3.32</b>	<b>3.28</b>	<b>3.25</b>
<b>Free time</b>		<b>3.16</b>	<b>3.51</b>	<b>4.44</b>	<b>3.05</b>	<b>3.43</b>	<b>4.30</b>	<b>4.22</b>	<b>4.13</b>	<b>5.18</b>
Volunteer activities		0.04	0.07	0.12	0.09	0.06	0.11	0.10	0.11	0.07
Other		3.12	3.45	4.33	2.56	3.37	4.19	4.13	4.02	5.11
Of which watching TV		1.52	1.36	1.27	1.23	2.05	1.40	1.26	1.51	1.27
<b>Travel</b>		<b>1.16</b>	<b>1.30</b>	<b>1.27</b>	<b>1.05</b>	<b>1.02</b>	<b>1.16</b>	<b>1.28</b>	<b>1.33</b>	<b>1.17</b>
Of which commuting to and from work		0.33		0.24	0.30	0.30	0.23	0.23	0.27	0.24
<b>Other activities</b>		<b>0.07</b>		<b>0.05</b>	<b>0.04</b>	<b>0.00</b>	<b>0.08</b>	<b>0.05</b>	<b>0.09</b>	<b>0.04</b>
Survey Date		2006.10	1998.12~2000.2	2001.4~2002.4	1998.2~1999.2	1999.9~2000.9	1999.3~2000.3	2000.10~2001.9	2000.6~2001.9	2000.2~2001.2

1) "Studies" is including only schoolwork.

[Source] Japan:"2006 Survey on Time Use and Leisure Activities Volume 8"

EU:EUROSTAT, "Comparable time use statistics - National tables from 10 European countries - February 2005"

**Table 3. Average Time Spent on Activities for All Persons(Weekly average, Husbands and Wives with Child(ren) Aged 6 and under(Aged 5 and under for Japan and U.S.A.))**

(In hours.minutes)

	Japan	U.S.A. <sup>1)</sup>	Belgium	Germany	France	Hungary	Finland	Sweden	U.K.	Norway <sup>2)</sup>	
Husband	<b>Personal care</b>	<b>10.27</b>	<b>10.08</b>	<b>10.33</b>	<b>10.18</b>	<b>11.28</b>	<b>10.36</b>	<b>10.07</b>	<b>9.57</b>	<b>10.00</b>	<b>9.41</b>
	Sleep	7.38	8.21	8.02	7.53	8.32	8.10	8.15	7.49	8.12	7.48
	Personal care and meals	2.49	1.47	2.32	2.25	2.56	2.26	1.52	2.09	1.48	1.52
	<b>Job and travel as part of or during job</b>	<b>7.30</b>	<b>6.04</b>	<b>4.47</b>	<b>4.32</b>	<b>4.55</b>	<b>4.47</b>	<b>5.15</b>	<b>4.53</b>	<b>5.33</b>	<b>4.47</b>
	<b>Studies</b>	<b>0.02</b>	<b>0.08</b>	<b>0.05</b>	<b>0.03</b>	<b>0.02</b>	<b>0.04</b>	<b>0.12</b>	<b>0.09</b>	<b>0.03</b>	<b>0.12</b>
	<b>Housework and family member</b>	<b>1.18</b>	<b>3.07</b>	<b>2.57</b>	<b>3.00</b>	<b>2.30</b>	<b>3.11</b>	<b>2.48</b>	<b>3.21</b>	<b>2.46</b>	<b>3.12</b>
	<b>Free time</b>	<b>2.58</b>	<b>4.25</b>	<b>3.58</b>	<b>4.39</b>	<b>3.53</b>	<b>4.17</b>	<b>4.18</b>	<b>4.09</b>	<b>3.58</b>	<b>4.43</b>
	Volunteer activities	0.03	0.12	0.08	0.12	0.12	0.14	0.11	0.10	0.06	0.06
	Other	2.55	4.13	3.49	4.27	3.41	4.03	4.07	3.59	3.53	4.37
	Of which watching TV	1.31	2.01	1.50	1.43	1.58	2.22	1.55	1.46	2.03	1.48
	<b>Travel</b>	<b>1.42</b>		<b>1.40</b>	<b>1.23</b>	<b>1.09</b>	<b>1.05</b>	<b>1.13</b>	<b>1.23</b>	<b>1.31</b>	<b>1.21</b>
	Of which commuting to and from work	0.50			0.32	0.34	0.34	0.23	0.24	0.39	0.33
	<b>Other activities</b>	<b>0.03</b>	<b>0.08</b>		<b>0.05</b>	<b>0.03</b>	<b>0.00</b>	<b>0.07</b>	<b>0.07</b>	<b>0.09</b>	<b>0.04</b>
	Wife	<b>Personal care</b>	<b>11.02</b>	<b>10.35</b>	<b>10.48</b>	<b>10.51</b>	<b>11.39</b>	<b>10.41</b>	<b>10.27</b>	<b>10.30</b>	<b>10.20</b>
Sleep		7.46	8.48	8.22	8.17	8.48	8.29	8.29	8.10	8.25	8.03
Personal care and meals		3.16	1.47	2.26	2.34	2.51	2.12	1.58	2.19	1.56	2.00
<b>Job and travel as part of or during job</b>		<b>1.55</b>	<b>2.43</b>	<b>2.38</b>	<b>1.12</b>	<b>2.13</b>	<b>1.31</b>	<b>2.14</b>	<b>2.17</b>	<b>2.00</b>	<b>2.15</b>
<b>Studies</b>		<b>0.02</b>	<b>0.11</b>	<b>0.04</b>	<b>0.04</b>	<b>0.02</b>	<b>0.05</b>	<b>0.11</b>	<b>0.19</b>	<b>0.04</b>	<b>0.12</b>
<b>Housework and family member</b>		<b>6.38</b>	<b>6.03</b>	<b>5.27</b>	<b>6.11</b>	<b>5.49</b>	<b>7.33</b>	<b>6.05</b>	<b>5.29</b>	<b>6.09</b>	<b>5.26</b>
<b>Free time</b>		<b>3.02</b>	<b>4.17</b>	<b>3.36</b>	<b>4.18</b>	<b>3.13</b>	<b>3.23</b>	<b>3.48</b>	<b>3.59</b>	<b>3.44</b>	<b>4.52</b>
Volunteer activities		0.06	0.14	0.09	0.09	0.05	0.06	0.07	0.05	0.07	0.06
Other		2.56	4.02	3.27	4.09	3.08	3.17	3.41	3.53	3.38	4.46
Of which watching TV		1.32	1.55	1.32	1.18	1.35	2.02	1.31	1.30	1.46	1.21
<b>Travel</b>		<b>1.17</b>		<b>1.28</b>	<b>1.18</b>	<b>1.01</b>	<b>0.47</b>	<b>1.07</b>	<b>1.21</b>	<b>1.31</b>	<b>1.09</b>
Of which commuting to and from work		0.11			0.09	0.13	0.10	0.13	0.13	0.13	0.15
<b>Other activities</b>		<b>0.06</b>	<b>0.11</b>		<b>0.06</b>	<b>0.03</b>	<b>0.00</b>	<b>0.08</b>	<b>0.06</b>	<b>0.11</b>	<b>0.03</b>
Survey Date		2006.10	2006.1 ~ 2006.12	1998.12 ~ 2000.2	2001.4 ~ 2002.4	1998.2 ~ 1999.2	1999.9 ~ 2000.9	1999.3 ~ 2000.3	2000.10 ~ 2001.9	2000.6 ~ 2001.9	2000.2 ~ 2001.2

1) Persons aged 18 and over living with persons aged 5 and under. "Travel" is classified by each purpose.

2) "Studies" is including only schoolwork.

[Source] Japan:"2006 Survey on Time Use and Leisure Activities Volume 8"

U.S.A.:U.S.Bureau of Labor Statistics(BLS), "News-American Time Use Survey-2006 Results"

EU:EUROSTAT, "Comparable time use statistics - National tables from 10 European countries - February

**Table 4. Average Time Spent on Activities for All Persons(Weekly average, Working Husbands and Wives with Child(ren) Aged 6 and under(Aged 5 and under for Japan and U.S.A.))**

(In hours.minutes)

	Japan	U.S.A. <sup>1)</sup>	Belgium	Germany	France	Hungary	Finland	Sweden	U.K.	Norway <sup>2)</sup>	
Husband	<b>Personal care</b>	<b>10.27</b>	<b>9.58</b>	<b>10.29</b>	<b>10.14</b>	<b>11.17</b>	<b>10.32</b>	<b>10.03</b>	<b>9.54</b>	<b>9.40</b>	
	Sleep	7.38	8.11	7.59	7.50	8.26	8.05	8.12	7.48	8.09	
	Personal care and meals	2.49	1.47	2.30	2.23	2.51	2.27	1.51	2.08	1.45	
	<b>Job and travel as part of or during job</b>	<b>7.30</b>	<b>6.37</b>	<b>5.04</b>	<b>4.58</b>	<b>5.29</b>	<b>5.23</b>	<b>5.48</b>	<b>5.11</b>	<b>5.56</b>	
	<b>Studies</b>	<b>0.02</b>	<b>0.07</b>	<b>0.04</b>	<b>0.02</b>	<b>0.01</b>	<b>0.04</b>	<b>0.04</b>	<b>0.05</b>	<b>0.03</b>	
	<b>Housework and family member</b>	<b>1.18</b>	<b>2.59</b>	<b>2.54</b>	<b>2.51</b>	<b>2.22</b>	<b>2.55</b>	<b>2.42</b>	<b>3.19</b>	<b>2.36</b>	
	<b>Free time</b>	<b>2.58</b>	<b>4.12</b>	<b>3.49</b>	<b>4.26</b>	<b>3.37</b>	<b>3.58</b>	<b>4.04</b>	<b>3.58</b>	<b>3.48</b>	
	Volunteer activities	0.03	0.10	0.09	0.12	0.09	0.10	0.09	0.07	0.05	
	Other	2.55	4.02	3.40	4.14	3.28	3.47	3.55	3.51	3.44	
	Of which watching TV	1.31	1.54	1.46	1.39	1.51	2.11	1.45	1.43	1.59	
	<b>Travel</b>	<b>1.42</b>		<b>1.41</b>	<b>1.23</b>	<b>1.11</b>	<b>1.08</b>	<b>1.12</b>	<b>1.24</b>	<b>1.34</b>	
	Of which commuting to and from work	0.50			0.35	0.39	0.39	0.25	0.26	0.42	
	<b>Other activities</b>	<b>0.03</b>	<b>0.07</b>		<b>0.05</b>	<b>0.03</b>	<b>0.00</b>	<b>0.07</b>	<b>0.07</b>	<b>0.09</b>	
	Wife	<b>Personal care</b>	<b>10.54</b>	<b>10.25</b>	<b>10.48</b>	<b>10.34</b>	<b>11.30</b>	<b>10.37</b>	<b>10.20</b>	<b>10.10</b>	<b>9.59</b>
		Sleep	7.37	8.32	8.23	8.06	8.40	8.23	8.21	8.08	8.02
Personal care and meals		3.17	1.52	2.24	2.28	2.50	2.14	1.58	2.19	1.58	
<b>Job and travel as part of or during job</b>		<b>4.14</b>	<b>4.42</b>	<b>3.32</b>	<b>2.18</b>	<b>3.47</b>	<b>3.38</b>	<b>3.38</b>	<b>2.42</b>	<b>3.17</b>	
<b>Studies</b>		<b>0.01</b>	<b>0.10</b>	<b>0.01</b>	<b>0.05</b>	<b>0.01</b>	<b>0.07</b>	<b>0.08</b>	<b>0.09</b>	<b>0.03</b>	
<b>Housework and family member</b>		<b>4.57</b>	<b>5.02</b>	<b>4.53</b>	<b>5.14</b>	<b>4.48</b>	<b>5.35</b>	<b>5.08</b>	<b>5.21</b>	<b>5.21</b>	
<b>Free time</b>		<b>2.22</b>	<b>3.33</b>	<b>3.17</b>	<b>4.15</b>	<b>2.46</b>	<b>3.05</b>	<b>3.22</b>	<b>3.53</b>	<b>3.22</b>	
Volunteer activities		0.07	0.11	0.04	0.09	0.05	0.04	0.05	0.06	0.05	
Other		2.15	3.22	3.13	4.07	2.41	3.01	3.17	3.47	3.16	
Of which watching TV		1.15	1.28	1.24	1.18	1.20	1.49	1.16	1.24	1.34	
<b>Travel</b>		<b>1.27</b>		<b>1.30</b>	<b>1.27</b>	<b>1.04</b>	<b>0.58</b>	<b>1.15</b>	<b>1.23</b>	<b>1.37</b>	
Of which commuting to and from work		0.24			0.17	0.23	0.22	0.20	0.16	0.21	
<b>Other activities</b>		<b>0.05</b>	<b>0.10</b>		<b>0.06</b>	<b>0.04</b>	<b>0.00</b>	<b>0.09</b>	<b>0.05</b>	<b>0.10</b>	
Survey Date		2006.10	2006.1 ~ 2006.12	1998.12 ~ 2000.2	2001.4 ~ 2002.4	1998.2 ~ 1999.2	1999.9 ~ 2000.9	1999.3 ~ 2000.3	2000.10 ~ 2001.9	2000.6 ~ 2001.9	2000.2 ~ 2001.2

1) Persons aged 18 and over living with persons aged 5 and under. "Travel" is classified by each purpose.

2) "Studies" is including only schoolwork.

[Source] Japan:"2006 Survey on Time Use and Leisure Activities Volume 8"

U.S.A.:U.S.Bureau of Labor Statistics(BLS), "News-American Time Use Survey-2006 Results"

EU:EUROSTAT, "Comparable time use statistics - National tables from 10 European countries - February